

Monday October 29, 2012

Vol. 52  
Issue 5

# smalltalk

The Student Voice of Methodist University

**We want YOU to Decide**



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# Opinions

## Gab's Gab: Supporting the Cause

smalltalk

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*If you would like to submit any articles or pictures, please email them to smalltalk at smalltalk@student.methodist.edu or to our yearbook, the Carillon, at carillon@student.methodist.edu! Please send us your work!*

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updates!*

**Gabrielle Isaac**  
*Editor-in-Chief*

I recently attended a Cumberland County Relay for Life meeting with a few of my sorority sisters. Relay for Life is a 24 hour event where donors, cancer survivors, vendors and volunteers come to walk around a track and raise money for a cure for cancer.

During this meeting, I was able to connect with many good people who were eager to raise money for the cause. The meeting encouraged the increase of funds and awareness for the American Cancer Society. All of the attendees of the meeting were able to share their "reason for relaying." It got me thinking about the people in my life that have suffered and are suffering from the disease. I have had family members who have survived, and family members who have not.

Cancer is a scary thought, so it always warms my heart to see a survivor at Relay. Whenever I attend Relay and watch the cancer survivors take the first lap around the track, I can't help but cheer and smile. They have overcome something that took a toll on their life and on the lives of those around them.

The meeting was also a reminder that the month of Oct. is Breast Cancer Awareness Month. This cancer, as most know, is more common in woman than in men, but men are still susceptible to the disease.

According to the American Cancer Society webpage, in the year of 2012, "about 226,870 new cases of invasive breast cancer will be diagnosed in women."

Methodist University has several ways of supporting breast cancer awareness. We have "pink day" football games where the cheerleaders and dancers sport pink additions to their uniforms such as pink ribbons and pom-poms. MU also hosts the "Play for Kay" basketball

game, where cancer victims and survivors are invited to watch the game, participate in a haltime show and spend time with one another.

I appreciate Relay for Life because it raises awareness for all forms of cancer. It doesn't matter if you have lung cancer or breast cancer; the American

Cancer Society is still funding research for a cure.

I am glad to be a part of a school that supports the Relay for Life in Cumberland County. The Student Government Association, as well as other organizations, support the cause and attend the Relays.

As the year progresses, do what you can to support cancer victims. Wear pink for Breast cancer awareness, or purple which is the national color that represents all cancers. Raise money for the cause and join a relay team. The Cumberland County Relay for Life will be held at Jack Britt High School on April 12. Come out and support the cause!



## Will You Be My Date to Prom?

Looking for something exciting to do this Halloween? SGA, RHA, and SAC have you covered! These three organizations have united to provide you with an evening of epic entertainment:

Zombie Prom!

Do you like dancing? How about free food? Costumes and prizes? Are you a crazed zombie apocalypse fanatic? Well then Zombie Prom is the event for you!

SGA, RHA, and SAC have coordinated an event that includes all of the above items. There will be zombification (face painting) for those who want to connect with their inner zombie, a live DJ, free "finger" food made special for hungry zombies, picture booths for young zombie lovers, door prizes, raffles, and more!



Costumes are encouraged, but not mandatory. Feel free to come as you are – we can do the rest!

Come join in all the Halloween fun Wednesday, October 31st at 8PM in the Berns Student Center.

# Stop Hunger Now Makes its Mark on Methodist Students

**Andrew Hammond**  
Contributing Writer

Stop Hunger Now is an international hunger relief organization that was founded in 1998. Since its inception, the group has been aiming to eradicate hunger in many of the world's most affected regions. It operates by raising awareness and initiating events that package and ship food to affected regions.

What most students don't realize is that starvation is not as far away as most believe.

Junior year student Nyoma Clement, who was born in South Sudan, was able to survive because of such projects like Stop Hunger Now. Clement was born during the South Sudan civil war. However, at 13 years of age, he had to relocate to an Imvepi refugee camp in Northern Uganda so he could continue his education. He was unaccompanied minor. It was there that Clement learned of the importance of charities and nongovernmental organizations (NGOs).

In the refugee camp, each person was issued 15kgs(33lbs) of maize[corn], 1kg(2.2lbs) of beans, 0.5liter(17oz) of oil, and 3 spoons of salt for each month. "That is what made it so hard," Clement said.

The younger, unaccompanied children didn't have their parents with them or any money, so management of the limited supply of food was difficult. Often times, children would sell from their own limited supply to get a little money for porridge or something more diverse from the bean and maize diet.

Stop Hunger Now holds very strong concern for the children. Often times, children were starved and unable to go to school. Clement further said that, in the Imvepi settlement camp, education was free. However, United Nations Surveys showed that children were still not attending classes. From those results, the schools in association with NGOs, including Stop Hunger Now, began feeding



programs. "[It was done] so that the children who might not have eaten at home the previous evening could actually go to school and have breakfast with the food that is provided by the feeding program," said Clement. He went on to say, "the feeding program encourages children from poor families -who would not have thought of going to school- to actually go to school and get an education."

An important impact that Stop Hunger Now makes is that it provides balanced meals, which is so important for growing children. In fact, one of the major limiting factors in child development is a lack of vitamins and nutrients. Through the feeding programs, children are able to go to school and actually concentrate, which is vital.

Clement wished to give a concluding message to the student body and faculty about the organization:

"What you could do is something that changes the lives of many people in different ways. One, it helps poor families to be able to balance the diet of their children. Two, it helps many families to enable their children to go to school because of feeding programs. And three, it contributes to poverty reduction through education and through distribution of resources from places where they are abundant, to places where they are not enough. It does so much."

Clement will be taking part in the event on Wednesday October 24th, and is hoping many of the Methodist community will get involved. After all, he knows where the food is going, and knows how much of a positive impact the contributions can make. Stop Hunger Now will take place in the Bern's Student Center on October 24th from 12 noon - 4 pm. All students interested can register to volunteer for the event at the MU Journey office in the Bern's.

**Photo by Andrew Hammond**

## smalltalk

Do you like the elevator in Trustees? The extra parking on campus? That new wall being built out front? smalltalk writes the stories that makes these changes happen. Contact us!

[smalltalk@student.methodist.edu](mailto:smalltalk@student.methodist.edu)

**Who:** You

**What:** Your paper

**When:** Every Tuesday at 5:30

**Where:** Chris's House (back room)

**Why:** Because you care

# Students Show Concern About Maintenance

Lorenzo McKenzie

Contributing Writer

Our University is a unique institution of high standards, academically and otherwise. However some residential students have complained that these standards are sometimes not met by maintenance.

A major concern reaching our newsroom is uncompleted or unanswered maintenance work orders. A "work order," for those who are unaware, is an online request, available only through Internet Explorer on a Windows PC, for maintenance assistance or attention. This in itself is an issue since many students have Mac computers that cannot be used to file work orders. In addition, some students and staff members, who have wished to remain nameless, have commented that submitted work orders are closed without the work being completed. In addition, falsification of completed work orders is said to have been rampant, to the annoyance of students and staff who require genuine help.

Our reporters sought an interview from the Maintenance Department's Director of Facilities, Charles Gourley. When asked how the department feels about the response time to complete work orders, Gourley answered by explaining the process of which work orders are addressed:

"With the implementation of the Work Order System.... the response time has decreased dramatically."

The following prioritizes work orders according to the Gourley;

"Student work orders are considered urgent, life safety and public safety work orders are considered emergency items and are placed ahead of all others. Other Work Orders are worked [on] in the order received unless parts are needed and have to be ordered, or repairs require more than routine maintenance..."

It's important to note that, according to Gourley, most work orders are completed by the same day if submitted before noon during the week. Only emergencies are

responded to on the weekend.

"In the last two years complaints have also decreased dramatically," Gourley said.

Despite the views of the students and staff, Gourley also explained the staff in more detail

When asked if maintenance is short-staffed, Gourley said "Always... [however] we have been able to increase our staff to meet the growing needs of the University," Gourley said. "...we also feel that with more personnel, we can do better a job."

We asked if there were any plans to make changes to their system. He responded by saying that "at this time we are not planning any major changes to our system."

"Someone from outside of the University who is very familiar with the Maintenance Department stated that 'the employees that have been working here not only consider that they have a job here, but they look out for the University as part of their family,'" Gourley said.

## Join Residence Life!

Shannon Alford

Contributing Writer

Are you interested? Do you have what it takes? Are you not sure? Well, Nov. 5 and 11, Housing and Residence Life will be providing a Roundtable Discussion in the Berns from 7:30 p.m. - 9:30 p.m. about the Resident Assistant position. Please come and learn about the RA hiring process, what the typical day in the life of an RA is like, and much more. The Resident Assistant job is one that provides students with various benefits. Some of those benefits include building a community within their residence halls, free room and board, their own private room, and a monthly stipend. Applications are currently available within the residence halls and the Housing Office, which is located on the second floor of the Berns Student Center. The deadline for RA Applications is Oct. 31, 2012. All those interested are encouraged to apply.

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# Music Department Deals With Thefts

**Gabrielle Isaac**  
*Editor-in-Chief*

The Methodist University Music Department noticed last year, and the beginning of this year, that items were disappearing. Some students even bore witness to the theft of a television set that was used for educational purposes, but were unaware that the item was being taken without permission.

The Music Department is comprised of a band room, choral room, staff offices and several practice rooms that are equipped with pianos and benches. Most of the items that were stolen were taken from the band room.

"We had some instruments go missing last year," Charles Dumas, director of MU bands, said.

After last year's thefts had occurred, the Music Department staff followed up with Campus security about the disappearances. They then searched for different ways to increase security for the Music Department.

"We were looking at swipe card access [and] we were looking at digital recording," Dumas said.

The swipe card access option has been applied throughout campus. Such a system is what allows residential students to gain access to their dorms ; it can also be found at the William F. Bethune Center for Visual Arts.

The Art Department has special equipment and computers that are kept under close watch. The swipe card access system limits who can and cannot access certain rooms, which helps to keep the equipment protected. The music department was interested in this type of

security measure, but it was decided that the installation would be very expensive.

According to Police Chief James Phillips, it would be costly to install the system in a building that does not already have swipe card access capability.

"Since the Reeves Fine Arts Building doesn't have any card access capability at present, the cost would be closer to \$4,500 for the first door with any subsequent installations dropping back to the \$2,200 range," Phillips said. In other words, it would cost \$4,500 to add the device to the first door and around an extra \$2,200 for each door after that.

With the security system proving to be too expensive, the Music Department has taken alternate measures to protect instruments and equipment.

"We now have the lockers upstairs with bolted locks, [and] now that they are locking the band room every day, I don't think that anything has been stolen out of it," Music minor Connor Mason said.

Although these new steps are keeping instruments safe, it makes studying difficult for some music students.

"I love the fact that we have the doors locked more, but it also creates a bigger hardship for students who have bigger instruments to practice," Dumas said.

The Music Department is going to continue to keep watch over their equipment. The staff also is appreciative of the dedication of the Methodist University Campus Security Team.

"Security has done an outstanding job trying to police something that is almost un-policable," Dumas said.

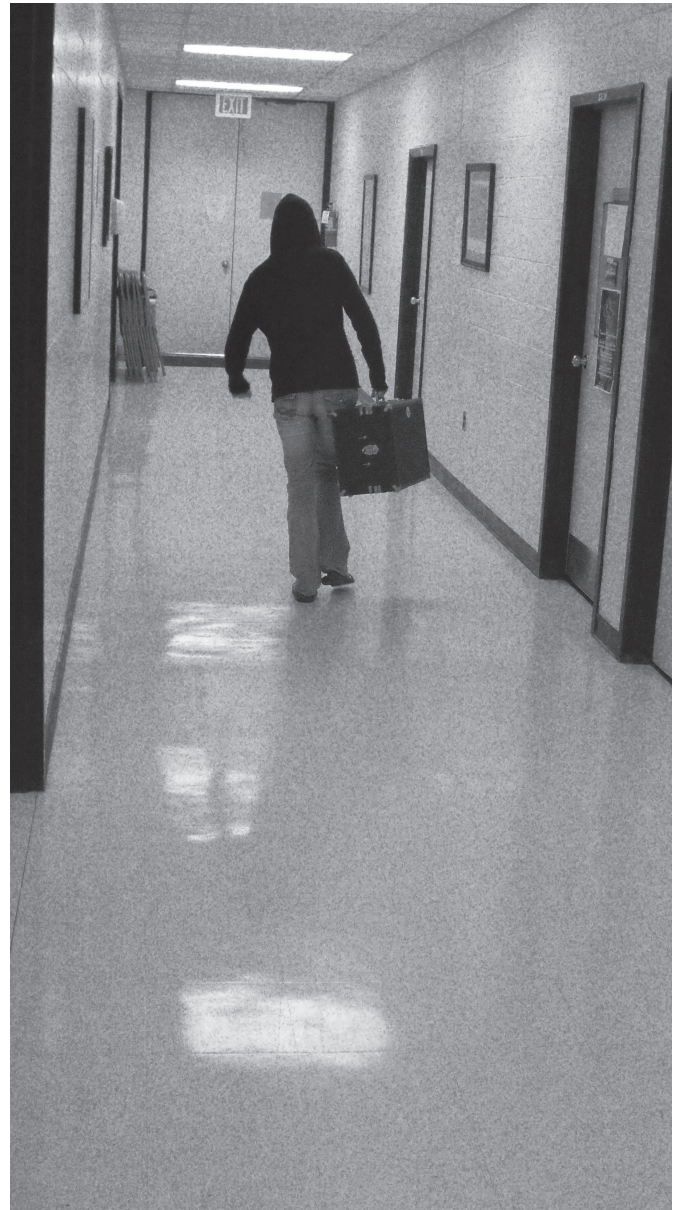


Photo by Chance Meachum

**Who:** You

**What:** Your Yearbook

**When:** Every Tuesday at 4 p.m.

**Where:** Chris's House (back room)

**Why:** For chances to design the yearbook, take photographs, build a professional portfolio.

# THE CARILLON

Methodist University Yearbook

[carillon@student.methodist.edu](mailto:carillon@student.methodist.edu)

# Presenting the Presidential Platforms

Christopher West  
Staff Writer

Election Day is right around the corner as both Governor Mitt Romney and President Barack Obama are in a “fist fight,” debating on the popular issues our country has at the moment. For those who are uncertain about who they may want to vote for, here are some of the candidates’ party platforms.

There are questions on whether the U.S. should intervene in foreign affairs. President Obama believes the U.S. should intervene only in matters of national security, human rights violations, or when specifically asked by the international community. On the other hand, Romney justifies U.S. intervention only when there is a direct threat to our nation.

The war in Afghanistan has become the longest lasting war in which the U.S. has been involved. Both candidates have expressed their full approval of continuous intervention until military leaders are confident that the mission has been completed. Despite the assassination of Al-Qaeda’s notorious leader, Osama Bin Laden, both candidates feel there is still more to be done in order to bring those responsible to justice.

With the Iran-Israeli conflict, both President Obama and Governor Romney are in full support of Israel and agree on placing sanctions and trade embargoes on Iran to prevent another “possible war.”



When President Obama took office in 2008, the U.S. Economy went into the worst recorded recession since the Great Depression. President Obama and his staff created a stimulus package to create new jobs quickly and provide temporary relief programs for those impacted by the recession. President Obama strongly supports his plan by instituting innovative and efficient forms of energy to create more jobs and resources for our country. His goal is to make the U.S. energy independent within 12 years. On the other hand, Romney’s Five Point plan seeks to get rid of the stimulus plan and replace it with a plan that promotes the growth of business, both big and small. He says that he will achieve energy independence from other countries and promote drilling off the coasts of Virginia and the Carolinas.

Social security is also of great concern as it is quickly deteriorating and the government will eventually be incapable of repaying citizens’ social security deposits. Obama thinks we should expand and increase the payroll tax on individuals making more than \$250,000 per year to make up for the budget deficit. Romney, on the contrary, believes we should reform and raise the retirement age to account for people who live longer than average. Romney, according to his Five Point Plan, believes that the government should tax more on the middle class and less on the upper class and wealthy, putting more stress on the middle-class.

On the issue of immigration, President Obama believes that children of illegal immigrants should be granted citizenship, but their parents should not. Mitt Romney believes children or any illegal immigrant should not be granted citizenship.

During the second presidential debate, however, Romney said that there is an exception for those who are well educated. He would allow educated illegal immigrants green cards to promote a cheaper way of labor and compete against China’s cheap labor laws. He states that China has cheated their workers and their system and their currency



Photos from Contributing Sources

is much lower than what it really is. Obama agrees with that, but disagrees with Romney’s idea that only selected immigrants may obtain citizenship.

On the issue of the legality of abortion, Obama is pro-choice. Romney is pro-life and believes abortion is wrong, with the exception of rape, incest, or the danger of the mother or child’s life. Mitt Romney does not want to provide birth control as part of healthcare. In opposition, Obama wants to issue birth control as part of healthcare plans with the exception of plans issued by religious institutions, such as the Catholic church.

Here was an over view of all you needed to know for this election. Make sure you are registered to vote and vote wisely.

## What do the QEP and Homecoming have in common?

Our own alumni-in-residence,  
Wanda Herring ‘66  
MU Alumni Author and Publisher  
Winner of the 2012 Books in Sync Award  
and a 2012 World Poetry Movement Editor’s Choice Award  
on Friday, Nov. 2nd  
at 11 AM you can catch her in Hendricks 122 speaking on  
writing and working in the publishing world  
(refreshments will be served in the lobby)  
Then from 2-3 PM  
She will present on Family Literacy and its importance  
drawing from her own teaching experiences in the field of literacy  
at the Library in LIC

# Does Your Vote Really Count?

**Patrick Lime**

*Contributing Writer*

In the upcoming Presidential election, your vote counts -- in some states. People hold many misconceptions about the Electoral College, and it is true that there are states where, for all intents and purposes, your vote doesn't count. But, if you are reading this, you are not in one of them! We the people cast a ballot, which is in turn issued to our electors, informing them of the popular vote. In a perfect world, electors, our elected representatives, would then pledge their votes in accordance with those of their constituents. Nevertheless, only 23 states and the District of Columbia have laws which obligate electors to vote according to the popular choice.

The Electoral College is composed of our 435 members of the House and 100 Senators, plus three electors from the District of Columbia, for a total consisting of 538 electors. Congressional Representatives are allocated by population distribution, specifically a state's population as a percentile of the country's. For example, our country's 7 least populated states each receive only 1 seat in the House of Representatives. In addition each state receives equal representation in the Senate, 2 elected officials who are given one vote each. This system provides each state with at least 3 electoral votes -- the more populous a state, the more votes it has.

Concerned that cities would control rural areas due to their higher population, the founding fathers devised this system in order to create a balance of power. Electoral votes were distributed in the same manner as membership for the Senate and the House. "Small" states were favored by equal representation -- as in the Senate -- and "large" states were favored by proportional representation -- as in the House. In any other system, where representation wouldn't be balanced for each state, candidates would only have to campaign in a select few states to receive the votes they need.

As mentioned previously, there are 538 electors. Of these, 268 are required to vote according to the populace. This brings the grand total of electors obligated to cast their ballot in accordance with the popular vote to 49.8%. These electors belong to:

- Alabama - 9 electors
- Alaska - 3 electors
- California - 55 Electors
- Colorado - 9 electors
- Connecticut - 7 electors
- Washington D.C. - 3 electors
- Florida - 27 electors
- Hawaii - 4 electors
- Maine - 4 electors
- Maryland - 10 electors
- Massachusetts - 12 electors
- Michigan - 17 electors
- Mississippi - 6 electors
- Montana - 3 electors
- Nebraska - 5 electors
- Nevada - 5 electors
- New Mexico - 5 electors
- North Carolina - 15 electors
- Ohio - 20 electors
- Oklahoma - 7 electors
- Oregon - 7 electors
- South Carolina - 8 electors
- Vermont - 3 electors
- Washington - 11 electors
- Wisconsin - 10 electors
- Wyoming - 3 electors

In most of these states, failing to vote according to the consensus has little consequence for the offender. In another strategy, to prevent favoring the consensus, elected officials simply abstain from the process.

In contrast, states with no regulations requiring their electors to vote in favor of the popular vote include:

- Arizona with 10 electoral votes,
- Arkansas with 6,
- Delaware with 3,
- Georgia with 15,
- Idaho with 4,
- Illinois with 21,
- Indiana with 11,
- Iowa with 7,
- Kansas with 6,
- Kentucky with 8,
- Louisiana with 9,
- Minnesota with 10,
- Missouri with 11,
- New Hampshire with 4,
- New Jersey with 15,
- New York with 31,
- North Dakota with 3,
- Pennsylvania with 21,
- Rhode Island with 4,
- South Dakota with 3,
- Tennessee with 11,
- Texas with 34,
- Utah with 5, and
- West Virginia with 5 up to the individual elector, regardless of the peoples preference.

Virginia, a battleground state with 13 electoral votes, occupies a gray area in which its electors "shall be expected" to vote accordingly, but does not seem to be otherwise legally bound. This leaves 270 votes, or 50.2% of the electoral votes, coming from electors with no obligation to conform to the popular vote. A candidate needs 270 electoral votes in order to win an election.

Now there is one exception to this "winner-takes-all rule" that states, "whichever candidate receives a majority of the popular vote, or a plurality of the popular vote (less than 50 percent but more than any other candidate)." This is the rule followed in Nebraska and Maine. In these states each elector's constituents' votes are calculated separately from one another, allowing a portion of that state's electoral votes to either or both candidates.

The phenomenon of an Electoral College/popular vote discrepancy has occurred only 4 times. In the 1824, 1876, 1888, and the 2000 election, where the defeated candidate won the popular vote but lost the election. There are many scenarios that can play out in either favor, leading to several attitudes towards voting. In the end, at least you can elect the politicians who will eventually speak on your state's behalf.

Swing states, or battleground states, are states where there is no clear or overwhelming support for a particular candidate or party. There are also 5 states which are battleground states and require their electors to vote in accordance with the populace. In these states -- Ohio, North Carolina, Florida, and Montana -- a vote carries more weight.

The good news is, if you are a registered voter in one of the other 23 states in which law dictates how a vote is cast, and especially in Ohio, North Carolina, Florida, and Montana your vote counts!

## Eating Like a Korean

**Soyoung Kim**  
Staff Writer

Pizzas covered with pepperoni and cheese, hamburgers, delicious potato chips, chicken, pork, sweet chocolate ice cream, and many different kinds of soda: these are foods that students really like to eat and drink, and we can easily find these foods at the cafeteria. In fact, I also like pizzas, cheese and chocolate ice cream, so I used to eat them almost every day, but all these calories added up and in less than a month I could barely button my jeans. All these foods contain high amounts of salts and fats, so if you eat these



### Kimchi

USA, “slow foods” are foods made from fresh ingredients. Instead of visiting a fast food restaurant and buying junk food, it is better to go to the grocery store, buy healthier foods and ingredients and cook them at home.

Korean food is nearly synonymous with slow food. Almost all Korean foods are made with vegetables. Korean foods are not salty or greasy, and they are also low in calories. The following are two healthy Korean dishes

foods like I did, you might end up having trouble buttoning your jeans, too.

According to The Journal of the American Medical Association, approximately one-third of Americans are obese. This large number is partially due to America’s fascination with fast food.

Therefore, we need to instead eat “slow food.” According to the organization, Slow Food

that are considered “slow foods.”

Kimchi is a traditional fermented Korean dish, and it has also been listed as one of the world’s healthiest foods by Health Magazine. It is mostly made of vegetables such as napa cabbage, garlic, scallion, and radish which are beneficial to one’s health. The vegetables are left to ripen for about two weeks in a hot pepper sauce. This fermentation process increases the amount of fiber, lactic acid and capsaicin, which are primary catalysts for weight loss. Also, one serving of kimchi provides over half of the daily recommended amount of vitamin C and carotene. In addition to being high in essential vitamins, kimchi is also well known for reducing cholesterol and preventing cancer.

In Korea we eat kimchi every day, and it is a main ingredient for many Korean dishes like kimchi stew, kimchi soup, and kimchi fried rice.

Doenjang is a traditional Korean food that is fermented from soybeans. To make it, dried soybeans are boiled and then formed into blocks called meju. Then, the blocks are placed in sunlight along with a rich source of bacteria that produce protein and water in the meju blocks. One to three months later, the meju are put into a large jar with salty water and left to ferment further. Once the fermentation is finished there are liquids and solids left over. The liquid is soy sauce and the solids are doenjang.

The main ingredient of doenjang contains high quality proteins which help with digestion. Vitamins A and C are also abundant in doenjang. Thus it is effective in preventing cancer, lowering blood pressure, and strengthening the liver, to name only a few benefits.

In Korea, doenjang is an important ingredient in a popular stew called deonjang jjigae, which includes tofu and various vegetables.

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## Methodist Smiles Back at Officer Joseph

**Lorenzo McKenzie**  
Contributing Writer

Drive onto the Methodist University campus Monday through Friday between the hours of 6 a.m. and 2 p.m. and you will, without fail, be greeted with a wave and a smile. That smile comes from someone who enjoys his position at Methodist University.

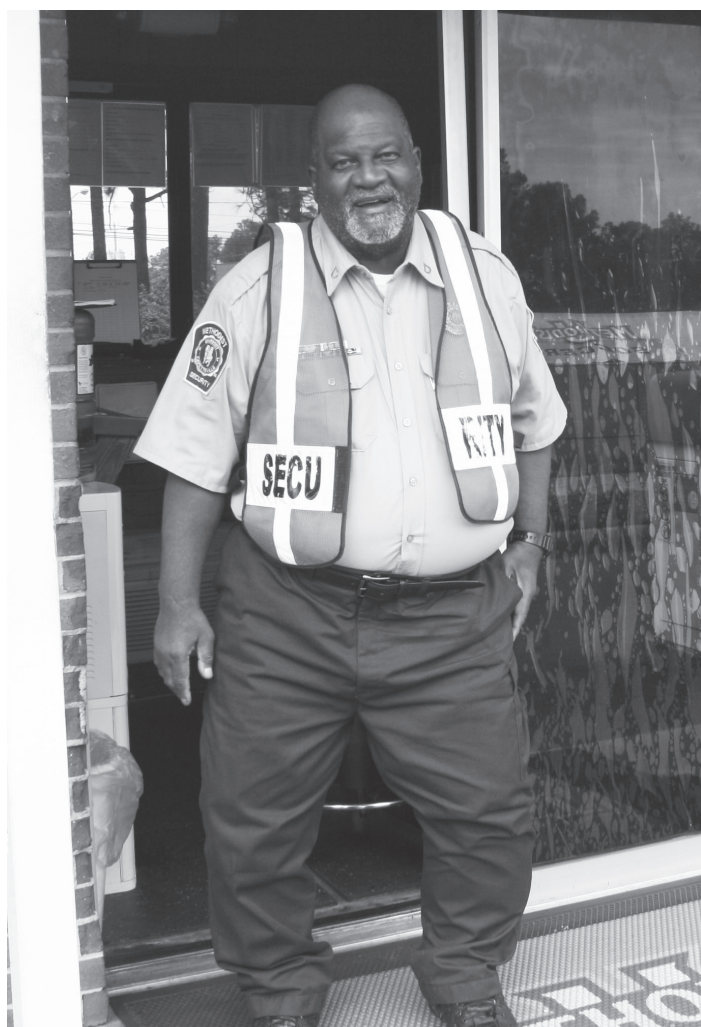
Officer Lorenzo Joseph is the security officer behind the smile. Officer Joseph was born and raised in the Republic of Panama in 1948. After visiting his aunt in Brooklyn, N.Y. for three weeks in 1970, he made the decision to apply for citizenship, leaving his parents in Panama. In applying to become a citizen, Joseph was required to register for the draft and soon found himself enlisted as an infantry paratrooper with the 82nd Airborne. He found that he loved military life and re-enlisted, making a short stint into a 20 year career. In 1990, upon retiring from the military, Officer Joseph worked for the mechanical contracting firm of Barnes and Ivey as a plumber's assistant then later became a pipefitter.

During his enlistment in the military, Joseph met Roberta Redd, a military widow, at a Fort Bragg social event. Redd's husband had been in the Special Forces but died in Vietnam, leaving her with a 7 year old son to care for. Their relationship lasted for 31 years with Joseph raising the child

as his own, even after Redd's death from a three and a half year battle with emphysema during which time Joseph stopped working in order to care for her. After her passing he came to MU, started his job as a security officer and eventually was assigned to the welcome center, greeting students, staff and visitors as they enter Methodist.

Officer Joseph has been with Methodist for nearly 11 years and students have come to look forward to his familiar wave, smile and his ever pleasant "Good Morning!" When Officer Joseph was "missing in action" for about two weeks, many on campus wondered where he was and showed concern about his health. Officer Joseph has diabetes and had to spend two weeks recovering from an infection in his leg.

When asked what he does for enjoyment Joseph said that he only listens to heavy metal and his favorite group is Mötley Crüe. In addition to traditional sports, Joseph is a fan of NASCAR and spends the weekends with his six grandchildren – all boys ranging in age from a 23-year-old military man to two 13-year-old twins. He says he can't play video games like they do but he enjoys criticizing and instigating while they play.



Officer Joseph working his shift at the front gate.

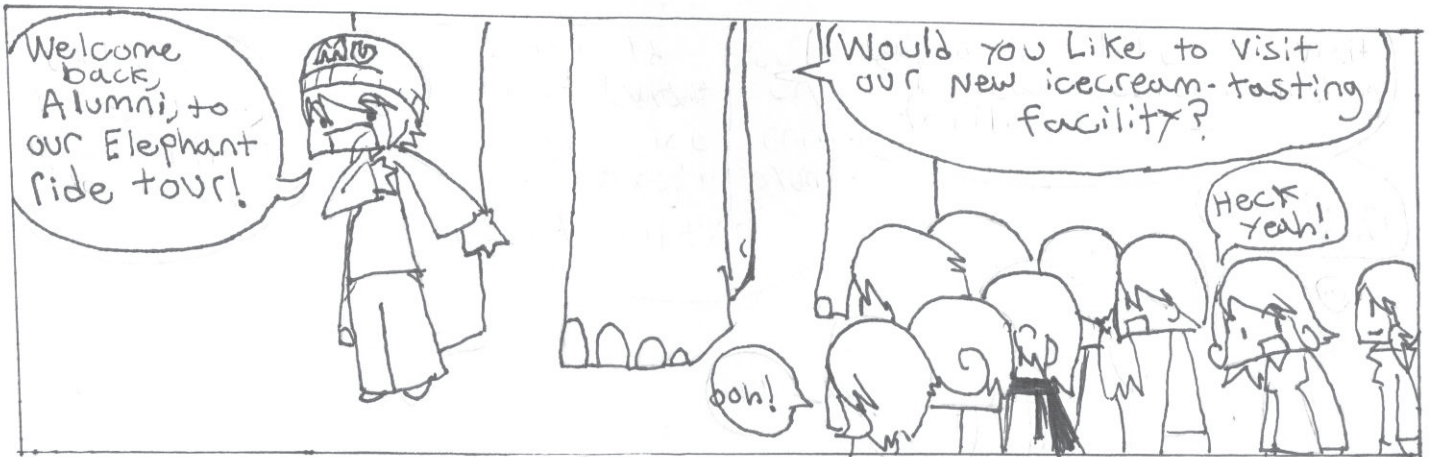


Photos by Ryan Bowyer

## Re:Alumni



## 10 Years Later...



# Showing Your Fashion is Skin Deep

**Rica McDonald**  
Staff Writer

Mass Communications Junior Corey Roberts is a 23-year-old military veteran who hails from California. After his tour with the military he decided to maintain his mental focus by attending school in North Carolina. Roberts defines his style as "Alternative Chic".

Roberts is wearing a black leather vest with unique stitching at the shoulders, a black t-shirt and appropriately torn jeans. The outfit is completed by the addition of black sneakers. The "Alternative" comes by way of Roberts' Micro-dermal, or, as it is more commonly known, "under skin" piercing which is made more noticeable by the addition of a tattoo.

"I like to be different and express myself. Some people don't really like it... I'm not the type to follow stereotypes so my piercings and skin art allow me to express myself," Roberts said.

## Dermal Piercing? Do NOT Do This At Home!

Micro-dermal piercings also called dermal anchoring or micro-dermal implants, are semi-permanent body piercings. Micro-dermals look pleasing and aesthetic and are rapidly becoming very popular. They are considered a cool alternative to surface body piercing because they are semi-permanent. They are quick and convenient.

The technique and size also make the process simple enough that you can have it done practically anywhere on your body. No special tools are required and the procedure is less invasive than an implant. The process is also more comfortable compared to the transdermal or sub-dermal implants.

## What Does the Process of Micro-Dermal Piercing Involve?

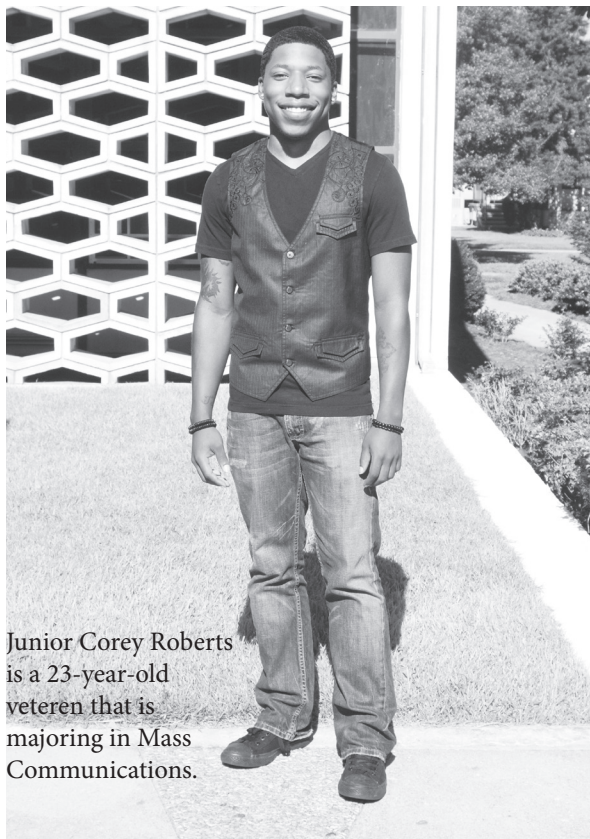
This basically involves a single piercing on the body where only one part of the jewelry is visible on the skin's surface. The other part is just under the skin, held in place by a titanium plate, which has many holes in it so that the tissue may grow through it, nicely anchoring the jewelry. To avoid any risks of rejection steel is usually not used.

Even though the titanium plate stays under your skin once you get the micro-dermal piercing done, you can change the visible part of this jewelry after a couple of months. However, they can be difficult to remove so consult a piercing professional if you need to have them removed.

## What Jewelry Can You Wear?

You will find a variety of jewelry to suit this type of body piercing ranging from acrylic, gemstones and plenty more although titanium is the most advisable.

As with any body piercing, once the micro-dermal is done, your piercer will give you the appropriate care instructions. In spite of being a new kind of body piercing, many people are going in for micro-dermals. Rejection of the piercings is quite rare when done properly. Healing takes approximately one to three months depending on the recovery speed of the individual..



Junior Corey Roberts is a 23-year-old veteran that is majoring in Mass Communications.

Photos by Rica McDonald



*It's worth a life.*



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## Upcoming Events at Chick-fil-A Ramsey Street

### Green & Gold Fridays

EACH FRIDAY, 7:00AM-10:00AM  
The first 100 Monarchs wearing green and gold will receive one complimentary entrée!

### MU Up All Night

OCTOBER 3RD, 10:00PM-11:00PM  
Chick-fil-A Ramsey Street will open their doors from 10:00pm-11:00pm for the first 200 Monarchs! Each student will receive a complimentary Chick-fil-A meal.

This event has been provided by MU SAC!



EACH WEDNESDAY,  
10:00AM-11:00AM  
Bring your little ones Chick-fil-A every Wednesday to enjoy a fun story and take-home craft!

### MU Tutoring



EVERY THURSDAY,  
5:00PM-7:00PM  
Meet with fellow Monarchs every Thursday to enjoy a meal and FREE tutoring!

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