

Methodist's Got Talent



The first place winners playing their song on stage. photo by Iria Detz.

By Gabbie Isaac, Paul Brown and Jose Green.

Television shows might not back up the claim that America's got talent. But the Methodist University Talent Show made it clear that the Monarchs do.

Thirteen acts ranging from singing to dancing to playing instruments competed at the Berns Center late January for a \$300 grand prize. The winner was Who R The Kids, a three man band consisting of were Mitch, JD and Jaron, who covered Pumped Up Kids' by "Foster the People."

A \$200 second-place prize went to The Boyz (Jaquan Cobb, Devondre Stephens, Cortiz Sprangler and Despond Parker), who danced to Louisiana Ca\$h's "Walk Wit A Dip." Third place \$100 winner was Lamia Latten for her performance of Alicia Keys' "If I Ain't Got You".

"It feels really good," said Jaron Cayton of Who R the Kids. "It was a lot

of fun." There were five judges to decide which act would reign supreme. The judges were Donna Pelham, Tony Pelham, Harriet Stevenson, Cliff Bobbitt and Dee Dee Jarman.

"There weren't any poor acts, almost all were excellent," said Mr. Tony Pelham, one of five judges. While all the judges agreed that picking a winner was difficult, they found Who R the Kids' harmony and creativity set them apart.

Not all the entertainment was of the amateur level. Student Activities Director Doris Jackson and the Student Activities Committee brought in professional Washington D.C.-based singer-songwriter Levi Stephens to MC the show. Stephens sang the title track to his album, "This Way," and "Nashville," a story about escaping the musical pigeon-hole of his home town in between acts.

Who Will Be Queen?

By Rickelle Harrell
Contributing Writer

The Miss Methodist University pageant --set for Feb. 8 at 7p.m in Reeves Auditorium-- is on its way to a great start, with twelve hopeful contestants competing to hold the grand title.

Doris Jackson, the director of student activities, explained the annual competition is not just about how pretty the girls look in a gown, but about being a well-rounded student.

"The girl will have to do an opening act, which entails a dance number, a talent, formal wear and prepare to answer an interview question." Jackson said. The pageant is open to all Methodist University female students.

One contestant in this year's pageants, Stephanie Perez, is anticipating the pageant and all that comes with the title.

"If I win Miss Methodist," said Stephanie Perez, "of course I will make sure to thank everyone. Most importantly, I plan to uphold and fulfill all the duties that are given to me. I will make sure to show up at all the events and represent Methodist University as best as I can. I enjoy Methodist University and what it has to offer; if I'm crowned Miss Methodist, it would be an honor."

Stormey Molina, another competitor, is a junior at Methodist majoring in social work. She is currently the president of the social work club. "When I win Miss Methodist," Molina said confidently, "I plan on representing our school and the students in a respectable way. I will promote love, kindness, selflessness and caring wherever I go--whether I have the crown on my head or not ... I will lead by

example, and I will never do anything that would give a bad name to me or Methodist University."

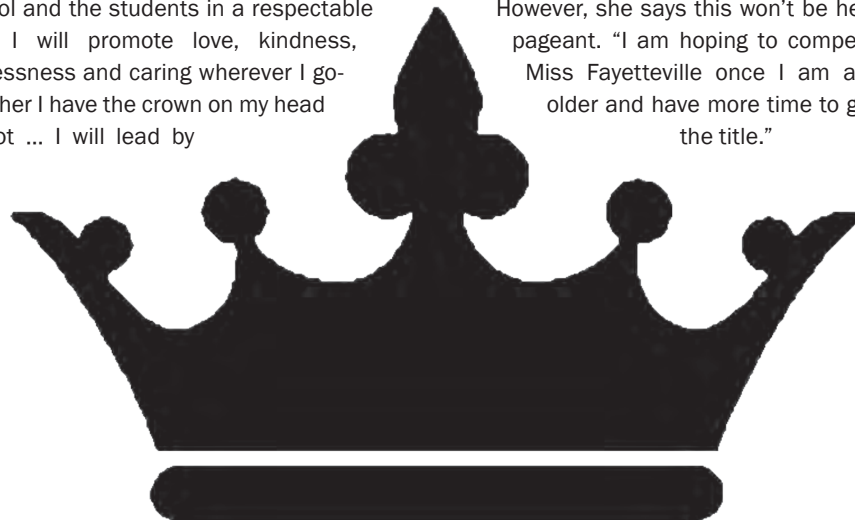
Brittany Wiggs, another hopeful future Miss Methodist University, noted that this is her first ever pageant. She also has appreciated the kindness that has been shown to her. "I'm from a small town called Bailey, and this my first pageant ever. The girls are really supportive of one another. It's a good atmosphere, and I plan to sing as my talent."

The reigning Miss Methodist University, Lacey Truelove, said the title "entails being a positive role model for all peers, maintaining pride in MU, attending and volunteering for various events, participating in parades, serving in community service opportunities, supporting and fulfilling everything you stated you would [do] in contract and in interviews, and a slew of random opportunities that others help find for you!"

Being Miss Methodist is an honor that no girl should take lightly, Truelove said. "It should be viewed as her opportunity to positively impact an entire student body and give back to Methodist University straight from her heart. I truly wish the best for the new Miss Methodist, and hope that she has the time of her life, just as I have had the opportunity to do!"

Truelove is a veteran pageant winner, holding the titles of Miss Rockfish Elementary '99 and Miss South View High School '09.

However, she says this won't be her last pageant. "I am hoping to compete for Miss Fayetteville once I am a little older and have more time to give to the title."



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smalltalk is the student-run newspaper of Methodist University. It is published every other week throughout the school year. The newspaper is editorially independent of Methodist University, and any ideas and opinions expressed herein do not necessarily reflect the views and opinions of the faculty, staff, and administration of Methodist University.

smalltalk welcomes Letters to the Editor. All letters should be delivered to the Student Media office located in Chris's House or sent via e-mail to smalltalkmu@yahoo.com. Story suggestions should be sent to the same address.

Students can join smalltalk at any point in the school year. Meetings are every Tuesday at 4:30 p.m. in Chris's house.

Initial copies of smalltalk are free. Additional copies are 50 cents each.

Upcoming Events Around Campus

Convocation

Feb. 6

11 a.m. in Reeves

Methodist University will add be adding some blues to its normal green and gold this week. The event will feature music, dance, poetry, prose, and commentary. The program ties into the university's campaign to fight hunger, Murray said. "We chose the theme of the blues because when you're hungry, that's the feeling you have."

Description Contributed By John Donnelly.

Stop hunger Now

Feb. 6

12 - 4 p.m.

held in upstairs berns, students help package ready made meals for those in need.

Miss Methodist

Feb. 8

7 p.m. in Reeves Auditorium

Beauty pagent for the women of methodist. who will stand tall and reign queen of Methodist University

Speed Networking W/ Career Services

Feb. 10

Career Services 11 a.m.

Valentines Sweetheart dance

Feb. 11

9p.m. - ?

Berns

**Denotes an event with free admission.*

More events can be found in the SAC calendar or on the university website at www.methodist.edu.

EVENTS ON THE TOWN

Textile of CommUnity: Quilts from the African American Quilt Circle

Jan. 6 - Feb. 26

Fayetteville State Rosenthal Gallery

The AAQC, founded in Durham in 1998 by four African-American women now boasts over 60 members and numerous achievements. Although the group has no formal mission, the primary idea at its formation was to preserve the tradition of quilting in the African-American community.

Rosenthal Gallery hours of operation: 9:00am-5:00pm Monday through Friday.

Gilbert Theater Presents: Clusters

Feb 2 - Feb 19

8:00 PM & 2:00 PM

This is an original play set in a retirement home for senior citizens and touches on topics relating to Alzheimer's, aging, and right-to-die issues.

The Animal Called POW: U.S. Special Forces Prisoners of the Vietcong.

Wednesday February 8, 2012 - Sunday January 6, 2013

Normal Business Hours

On Feb. 8, the Airborne and Special Operations Museum in Fayetteville, North Carolina will open its new temporary exhibit. The exhibit will feature U.S. Army Special Forces and MACV prisoners of war held in South Vietnam, as well as attempted rescue missions, current SERE training, and modern POW stories.

There are many more events happening around Fayetteville for all interests. The Fayetteville Visitors' Bureau lists a community calendar which can be found at www.visitfayettevillenc.com.

Construction cuts power

By Erik Alegria

On Jan. 23, the power went out in Berns, Trustees and Clark at 12:10 p.m resulting in the evacuation of Berns Student Center.

"I appreciate the cooperation and courtesy of the students," said Peggy Dill, Director of Sodexo Food Services.

Progress Energy arrived at Methodist shortly after the power went out to repair and find the cause of the outage. Eventually they found out that the power outage was caused by the construction on the new Nursing building, and that the transformer located under Berns student center had partially stopped working.

During the power outage, after everything had calmed down, the cafeteria was re-opened and let students eat cold cut sandwiches. This was the only thing that could

be made without power. In case the power didn't come back on, Peggy Dill had planned to bring grills out to the front of Berns and have a cookout for the students. Although the situation didn't escalate to that, it is a good thing that the staff had a backup plan to keep those on campus fed.

While few were inconvenienced by the power outage, others found it to be enjoyable.

"I love it. There is no disgusting smell in the cafeteria, no loud noises (TV, etc.). It's great!" Said Mica Patrona, an International student who was eating in the cafeteria after the power went out.

Luckily, the electrical problem was solved by 2:24 p.m, and soon campus life returned to normal.

Food Festival Moves To Cafeteria

By Erik Alegria

On Feb. 2, the fifth International Food Fair was held in the Berns cafeteria. The fair celebrates different cultures and cuisine from around the world. This year, people from 9 different countries cooked different dishes to share with everyone who attended. Each country was represented by one of its International students, and there was a great diversity in the meals prepared. The following countries were represented in the festival: Bahamas, Mexico, Sierra Leone, Italy, France, Guatemala, El Salvador, South Korea, and Bosnia and Herzegovina.

This is the first time the International Food Festival was held in the cafeteria; in the past, it had taken place in the upstairs Berns Student Center. In addition to its being held someplace new, there was another change- Instead of going in a line and getting all the food at once, employees gave out passports with each of the participating countries flags on it. Once the visitor found a country's table, the staff would then give fair-goers their food and punch out a hole in the corresponding country's flag. This way, people could take as much time as they wanted and get food at their own pace. This year's food festival was a huge success, and officials hope participation next year is just as high.

Yunjeong Erika Kim handing out bulgogi (beef) at the International Food Festival. Photo by Tria Detz.



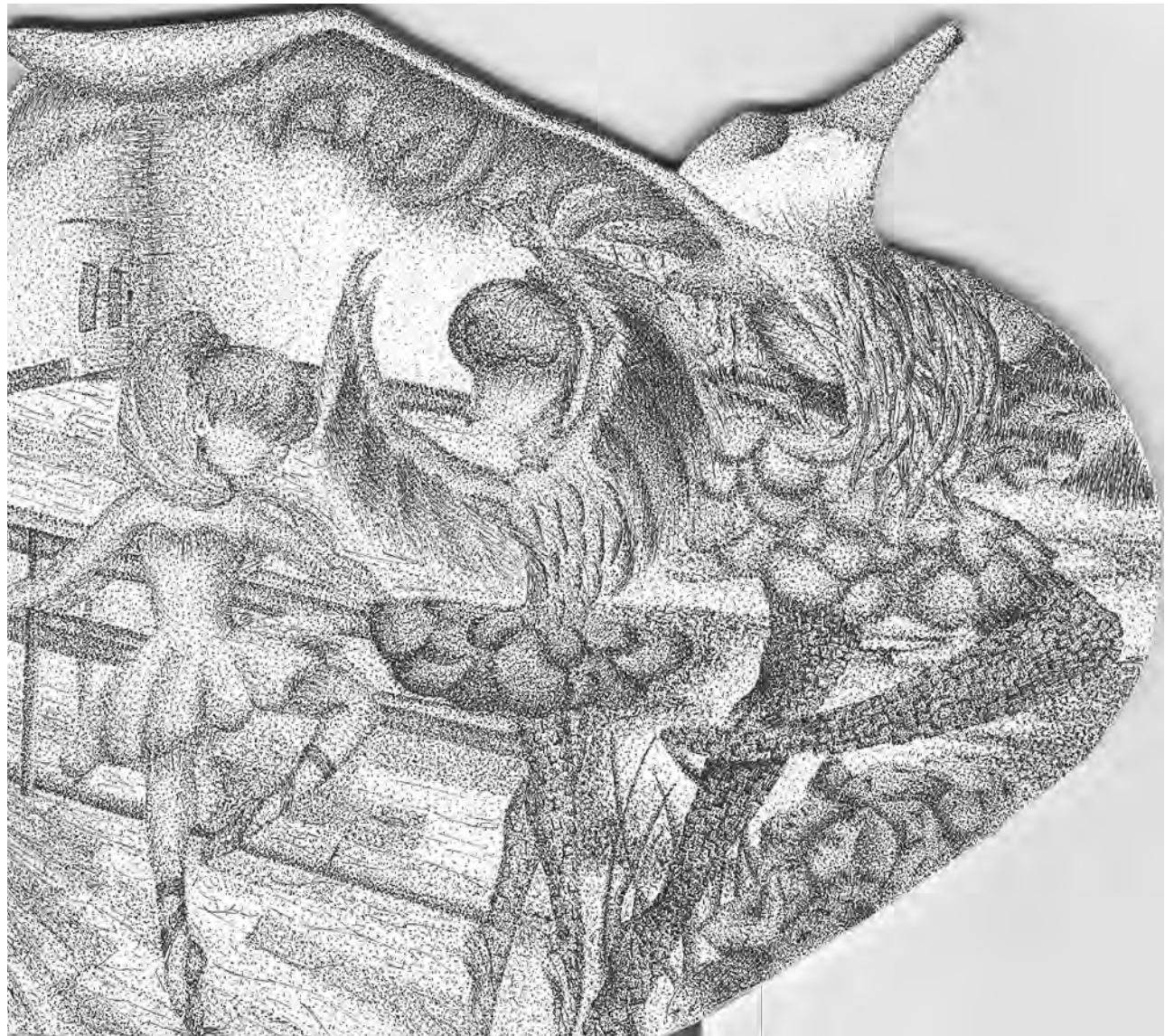
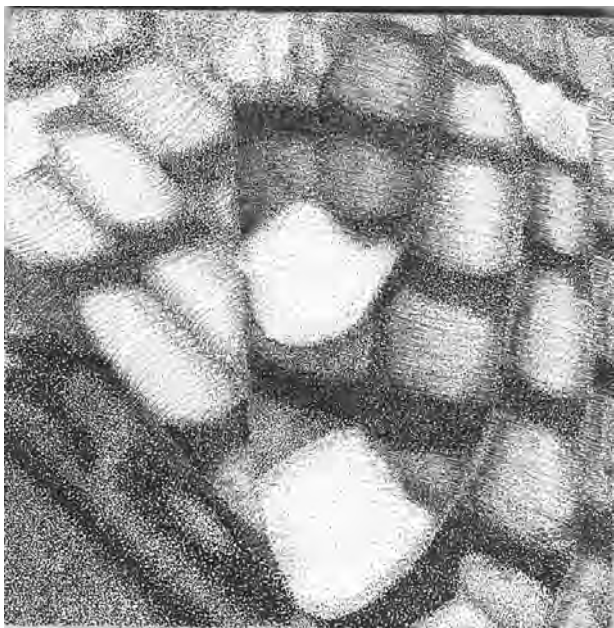
Artist Corner

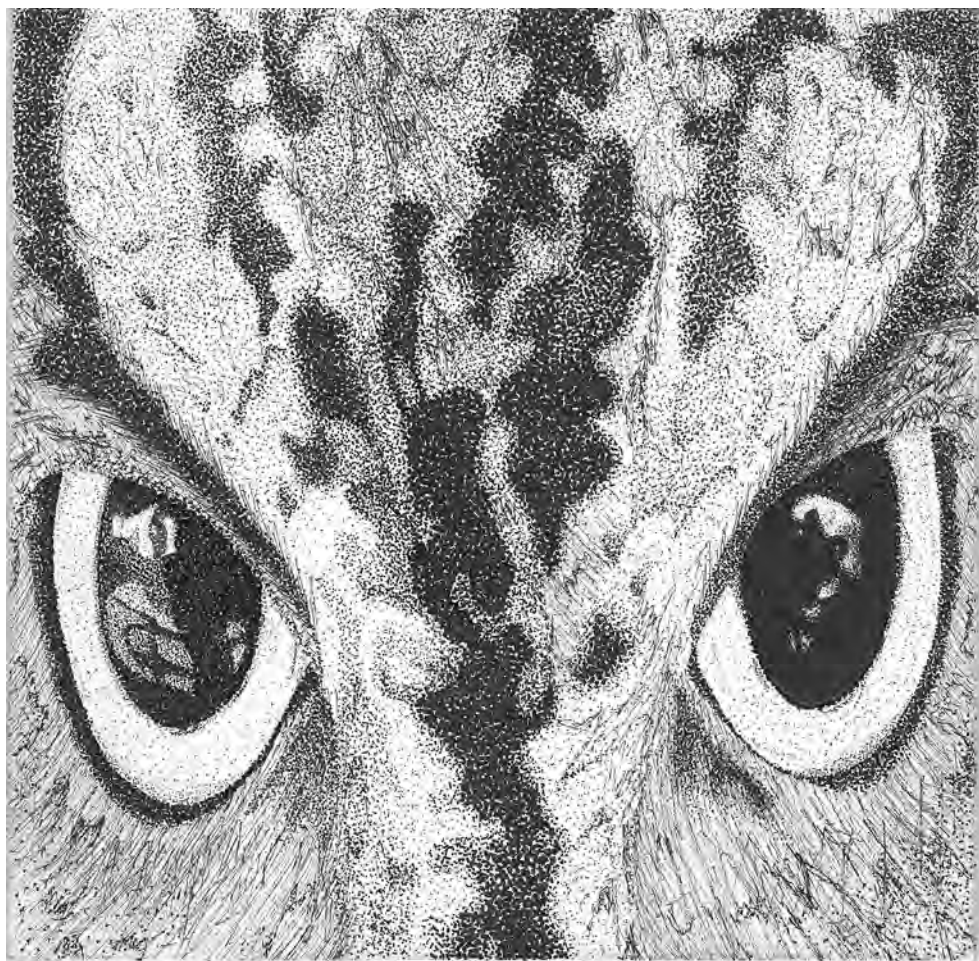
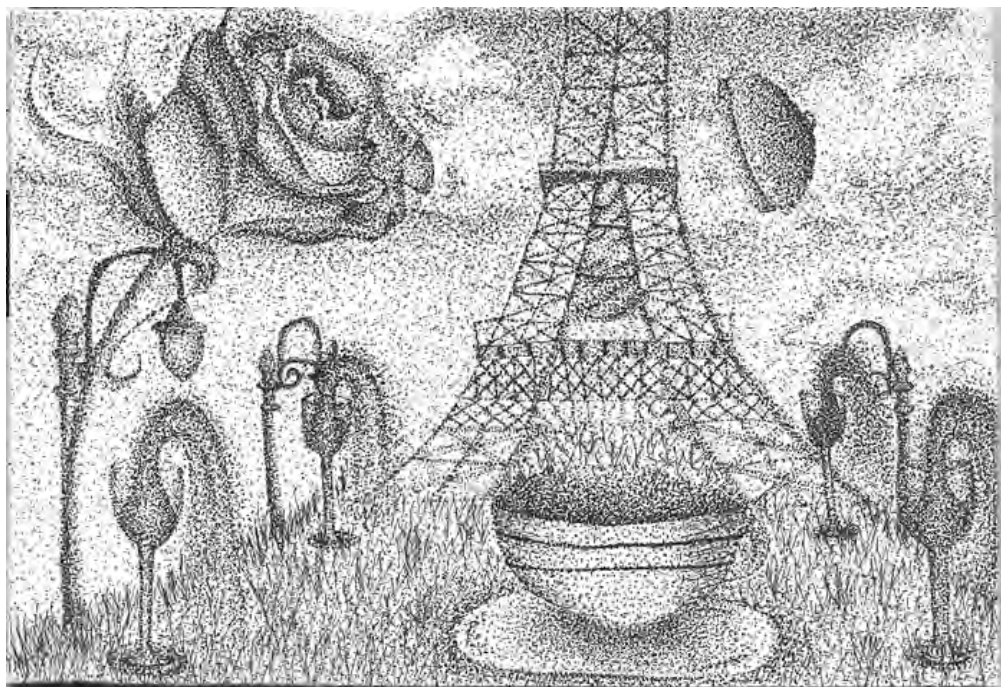


All artwork this week is by Mindy Song. thank you so much for sending in your work!



Artists' Corner does not represent the opinions of the smalltalk staff. This is student submitted work. Any MU student can submit scan work to smalltalkMU@yahoo.com; this includes poems, artwork, photos, lyrics and short stories. Both in grayscale or color.





Joyful Noise changes Gospel Scene

BY:Gabbie Isaac

After the choirmaster (played by Kris Kristofferson) of the Divinity Church dies of a heart attack, it is up to Vi Rose (Queen Latifah) to take over as the new choir director. Vi Rose has to endure constant back talk and sass from her daughter (Keke Palmer) and G.G. (Dolly Parton), the woman that was once married to the old choirmaster. On top of all this, she has to take care of her son (Dexter Darden) who has

Asperger's and deal with life while her husband is away in the military.

Trouble especially comes through way of G.G.'s grandson (Jeremy Jordan) when he finds interest in Vi Rose's daughter. With hopes of winning the Joyful Noise choir competition, Vi Rose teams up with G.G. to get the crowd going, ultimately becoming a masterful duo. This is a must-see movie that is well suited for children and adults alike. Characterized as a gospel musical, this movie changes the gospel scene.



Hunger Games the book fighting for your time

By: Tria Detz

Hunger Games by Suzanne Collins is a book based on a futuristic world after a major war of destruction. In the world that Collins has created, there once were 13 districts and the Capitol. There was an uprising against the Capitol and the 13th district was completely destroyed during the war. As a punishment for the districts, every year the Capitol chooses two children, called tributes, from each district. One is male and the other is female, both between the ages of 12 and 18. This is done each year like a lottery, called the reaping, and the children are sent to the Capitol. The children go through intense training and are then put into an artificial landscape/arena. The children are forced to fight each other and other obstacles the gamemakers throw at them. They stay in this arena until there is only one left alive; while making everyone watch the children's movements live on television. The main story is about Katniss, a sixteen year old who volunteers to take her sister's, Prim, place during the reaping; keep in mind that Prim is only 12 years old and it is the first reaping with her name in it.

There is a great division between the Capitol and the districts. The Capitol has a lot of advance technology and starvation is not a word they know. In the districts, unless you are a Victor of the games, you do not even have hot water. A TV is the most technology the people of the

districts have and starvation is a common occurrence.

Suzanne Collins creates the story in a way that makes you feel like you are in Katniss's shoes. She goes on an emotional rollercoaster and Collins beautifully takes you on Katniss' journey. Once you start reading, the book is hard to put down until you finish the story. This award winning novel will be hitting the big screen March 23, 2012.



Emotional Health and Fitness

By Darlene Hopkins, Psychotherapist and Director, Center for Personal Development.

Have you ever wondered about your own emotional health? Humans are emotional beings, there is just no way around that. Our mainstream culture encourages us to do one of three things about emotion: 1. Push it away. 2. Turn it into sexual desire or into driven ambition. 3. Take a pill to control it. None of those are healthy options. There are several healthy ways to develop an active and productive emotional life. Some simple tips:

A. Accept emotions as a normal and essential part of human life.

To be fully alive is to feel all you can feel. Go someplace safe and allow emotion to flow so as to experience its full range. Stretch and become emotionally flexible.

B. Seek to understand your emotions.

Next time you feel overwhelmed with emotion, take sometime to understand your emotions. Name them all. Remember there is no 'pure' emotion. Joy is inevitably tinged with sorrow and fear has elation within it. There are also no rules for emotions. They come, they hang out, they move on. What one person experiences is seldom the same as what another experiences.. Just naming them and accepting them goes a long way towards freeing yourself from their tangles. No one becomes fit without first starting with what is really there.

C. Take in plenty of positive energy.

A steady diet of nothing but emotionally negative energy will drain you. If you

hang out with people who are angry and complaining and listen to angry music and watch tv filled with violence and jangling noise, don't be surprised if you have a hard time finding emotional peace. Seek out peaceful people and peaceful stimuli and limit the junk you allow into your life.

D. Express your emotion.

Emotional release is GOOD. We fear it because it feels like we are out of control. It isn't the presence of emotion that forces us out of control. It is the pent up force of unacknowledged emotions that can push us to act in unacceptable ways. When you feel overwhelmed with emotion you can forcefully express it without doing any harm to yourself or anyone else. Go somewhere safe to be alone or with a safe person. Scream, talk, cry, shout, kick and throw inanimate objects, sob and let all of it go. Then you will feel some stillness and calmness. In the meantime, while emotion is moderate, express it in writing, singing, painting, dancing, athletic endeavors and long talks with someone who really cares. Stay emotionally active.

E. Be Healthy.

Much about maintaining emotional health is the same as maintaining physical health.

Be yourself. Be flexible. Be active. Limit your intake of negative 'junk'. And if you feel there is something that really isn't 'right', then go talk to an expert

Nurse's notes

By Sandy Combs

February is American Heart Month---Make every beat count!!!!

Here are ways to protect your heart:

1. Partner with your doctor and discuss risks
2. Aim for a healthy weight
3. Do not smoke or use tobacco
4. Eat fish such as salmon, mackerel, tuna, sardines and trout twice a week for omega 3
5. Get active-exercise 30 minutes each day
6. Control your blood pressure and cholesterol
7. Handle stress in a healthy way
8. Choose a heart smart diet high in fiber and low in saturated fats
9. Drink alcohol in moderation
10. Learn warning signs

Heart attack warning signs

1. Discomfort in the chest: pain that lasts, pressure, fullness, and squeezing
2. Shortness of breath
3. Sweating, lightheadedness and nausea
4. Pain in the upper back, arms, neck, and jaw
5. Unusual tiredness and heartburn.

Wishing you good health with every beat of your heart. Protect yourself and those you love.



Comic By Emory Jacobs



This is the on-going
comic: *When Pigs Fly*.
See next issue for the
next part.

Renovations In Berns: Love It or Hate It?

By Leigh Ann Philbee

Since the beginning of the semester, there have been noticeable changes made to some parts of Methodist University; the most recognized and most controversial renovations are the ones made to the Berns Student Center. These changes were made over winter break so that when students came back to campus, they would see all of the new updates. A few of these changes include new handicap-accessible doors, new carpet, flat screen TV's, a plastic wall, a piano, and a new game desk.

Many students have differing opinions on the changes that they have seen. While some of the students like the changes, many do not see why they were needed and preferred Berns' previous look. One student in particular questions the priorities behind the renovations. Chris Carter, a sophomore, stated that he understood the need for handicap-accessible doors, but that the less necessary aesthetics, such as the plastic wall and carpeting, did not make sense. He did not understand why the university

was trying to fix up the inside of Berns when the outside had cracks in the bricks and foundation. He believes that the renovations are like "patching a gaping wound with a Band-aid."

The renovations in Berns were planned by Doris Jackson, Director of Student Activities and Greek Life. She wanted to make the student center look "more contemporary and inviting." The designs for the wall and carpet were chosen to look unique and new. Also, the reason why the cracks in the foundation were not fixed was because a new student center will be built in the next five years. This is also a reason why the inside was renovated; it will too long for most current students to be able to enjoy the newly built student center, so until then some changes needed to be made to the building.

Even though the acceptance for the renovations in Berns are still in question, the renovations are not complete. There will soon be computers for all students to access and a series of couches near the plastic wall. Whether you like the changes or not, they are there for everyone to use and enjoy.

Campus Detective

Dear Detective,
I find it really inconvenient that I have to go to the business office just to pay a library fine.
-Kevin

Kevin,
After looking into it, it is actually a lot better this way. At one point in time the library did take money, but the business office wouldn't always get that information and it would cause more of a problem for the students and employees. They decided to change the late fees over to the business department. According to the business department, "All fees incurred are added to the student's account." This actually works out better for you because it reduces the number of times you have to deal with the late fee and making sure it's taken care of to just 1. Just think how much more inconvenient it would be if you paid the fee at the library, only to have to go back and have them tell the business department that its paid off before you can get another book.

-Campus Detective

Dear Detective,
Why is "female only time" in the Nimocks only in the middle of the day? Me and my friends would like to go but the time is a big hindrance for us.
-Barbie Love.

Dear Love,
The times for the woman only hours in Nimocks were from 1:30 p.m. until 3:30 p.m. on Tuesdays and Thursdays. Now they have done away with womans only hours due the lack of women showing up. They have changed the hours a few times before to try and accommodate to peoples' schedules, but either they couldn't find a good enough time or not enough people knew about the time for them to keep it. There will be a follow up story in the next issue of smalltalk about the hours being taken away.
-Campus Detective



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The
United
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Monarch Scoreboard

GAME RESULTS

Men's Basketball

Date	Opponent	Result
1/21	North Carolina Wesleyan College	L 64-88
1/24	Greensboro College	W 84-81
1/28	Lynchburg College	L 79-92
1/31	Averett University	W 65-64

Women's Basketball

Date	Opponent	Result
1/21	Meredith College	W 77-69
1/24	Greensboro College	L 64-68
1/28	Christopher Newport University	L 53-62
1/31	Averett University	W 55-33

UPCOMING GAMES

Men's Basketball

Date	Opponent	Time
2/4	<i>Shenandoah University</i>	4 p.m.
2/8	Greensboro College	7:30 p.m.
2/11	Ferrum College	4 p.m.
2/15	<i>North Carolina Wesleyan College</i>	7:30 p.m.

Women's Basketball

Date	Opponent	Time
2/4	<i>Shenandoah University</i>	2 p.m.
2/5	<i>Mary Baldwin College</i>	2 p.m.
2/8	Peace College	7 p.m.
2/11	Ferrum College	2 p.m.
2/15	<i>North Carolina Wesleyan College</i>	5:30 p.m.

Men's Baseball

Date	Opponent	Time
2/4	<i>Roanoke College</i>	1 p.m.
2/5	<i>Roanoke College</i>	1 p.m.
2/11	LaGrange College	2 p.m.
2/12	LaGrange College	2 p.m.
2/15	<i>Southeastern Community College</i>	3 p.m.
2/17	<i>Frostburg State University</i>	4 p.m.

Women's Softball

Date	Opponent	Time
2/5	Pitt Community College	11:30 a.m.
2/11	<i>Louisburg College</i>	1 p.m.

Men's Tennis

Date	Opponent	Time
2/12	<i>Mount Olive College</i>	1 p.m.

Women's Tennis

Date	Opponent	Time
2/12	Fayetteville State University	12 p.m.
2/12	<i>Mount Olive College</i>	1 p.m.



Sophomore James Whitehead dribbles the ball to the net.

Photo by: Shakeh Galstyan

* Games in Bold and Italics are home games.



Chick-fil-A
Story Time!

Story and Craft Hour

Wednesday, January 25, 2012 &

Wednesday, February 8, 2012

10:00am - 11:00am

At no cost, children can enjoy a craft as well as a story read by Methodist University students.

**Play
4 Kay**

Play 4 Kay

Saturday, February 18, 2012

Dine at Chick-fil-A Ramsey St. to help support the Play 4 Kay charity.

METHODIST

Tutoring

Thursday, January 26, 2012 &

Thursday, February 2, 2012

4:00pm - 6:00pm

Enjoy free tutoring by Methodist University Students at Chick-fil-A Ramsey St.



**Daddy-Daughter
Date Night**

Monday, February 6th

4:30pm • 5:30pm • 6:30pm • 7:30pm

Registration begins on January 23rd

Make reservations to enjoy a special evening with your daughter at Chick-fil-A Ramsey St.

Chick-fil-A

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