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# small TALK

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## FAMILY WEEKEND '08



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## Trainers get personal in Nimmocks Center

Deanna Piacente  
Staff Writer

Personal trainers are infamously expensive. College students are infamously broke. The gym memberships run at about 30 to 50 dollars a month, and most do not even include individual training. Since last fall, Methodist University students, faculty and staff have had a free facility to exercise, leading to an overall healthier campus.

Now two student interns for the Athletic Training Program are volunteering at the Nimmocks Fitness Center. According to Kenny Tien, Assistant Director for CRIMP (Campus Recreation & Intramural Programs), the trainers, Shantell Dustin and Christina Layson, "have good knowledge of health and fitness and [CRIMP] just provides the place for them to assist students, faculty and staff."

The trainers will help develop individual fitness programs to meet goals, teach others how to properly use equipment, spot for heavy lifting, improve technique/form and provide a body fat composition analysis for all who are interested. The services are free of charge and open to anyone with a Methodist University ID Card. An appointment is not required, but suggested. All available hours are on a first come, first serve basis. For all the health food nuts, Tien says a nutritionist "just isn't in our budget."

Be sure to keep an eye out for the trainers at the Nimmocks on Monday and Tuesday from noon to 6 p.m. and on Wednesday and Friday from noon to 3 p.m.

To schedule an appointment call the Nimmocks Fitness Center at 910-630-7161.

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smallTALK is the student-run newspaper of Methodist University. It is published every other week throughout the school year. The newspaper is editorially independent of Methodist University, and any ideas and opinions expressed herein do not necessarily reflect the views and opinions of the faculty, staff and administration of Methodist University.

smallTALK welcomes letters to the editor. All letters should be delivered to the Student Media office on the first floor of Bern's Student Center or sent via e-mail to ashgenova@yahoo.com. Story suggestions should be sent to the same address.

Students are free to join smallTALK at any point in the school year. Meetings are every Monday at 4:30 p.m. in the Cape Fear Commons Community Building.

Initial copies of smallTALK are free. Additional copies are 25 cents.



Left to right, Harvey T. Wright II (Chair of the MU Board of Trustees), Bob Etheridge and President Elton Hendricks hold the oversized check. Photo by Roxana Ross

Matthew Dempster  
Contributing Writer

United States Representative Bob Etheridge presented a check of \$397,503 in federal funds for the development of the Methamphetamine Education Training Program on Monday, Oct. 20.

Etheridge joined Methodist University and President Elton Hendricks and the Board of Trustees to award the check. About one year ago the Environmental and Occupational Management program began research and completed the federal grant application.

With Bob Etheridge and the support from Representative Mike McIntyre and Senators Elizabeth Dole and Richard Burr, they requested and secured the funding in the FY 2008 U.S. Department of Justice Appropriations bill for its Community Oriented Policing Services' Methamphetamine Initiative. The university is interdisciplinary and will directly impact social work, justice studies, chemistry, and environmental and occupational management majors. Douglas Smith, a sophomore in the Environmental and Occupational Management Major, said, "I am happy that all of our hard work as ENM majors came together

## Environmental Program receives federal grant

and got the job done. We worked so hard to get this grant passed and I just want to thank all the Senators and Etheridge for helping us achieve our goal to further fund our education."

The funding will give the majors the ability to purchase specialized forensic lab equipment and develop unique software for use in a combination of classroom, forensic science laboratory, and virtual simulation training.

Etheridge had this to say, "This funding will help to respond to the Methamphetamine epidemic that has plagued North Carolina communities, keeping our communities safe for our families to live, work, and play. These funds will not only expand Methodist University's leadership forensic science, but help our first responders fight the blight of meth-related crime through training in advanced crime-fighting technology and methamphetamine lab cleanup."

## Methodist radio station set to stream

Alicia Secord  
Staff Writer

When Sarah Crist joined the Methodist faculty in 2006, it was with the intention of beginning a radio station to the school. The station is finally getting off the ground.

An interest meeting was held last Tues to outline the planned structure of the station and to allow interested students to sign up for positions on the staff. The station will be run by student directors who will report to Crist. These directors will organize the radio staff in the various departments: programming, music selection, news, sports, promotions, production, and web design. Crist will be interviewing students for director positions over the next few weeks. The students selected for these positions will receive course credits or work study.

"I think the station is a great idea," said Jessica Pridgem, a freshman elementary education major. "I'd like to

participate in the music department or on the air."

The station will be webcasted from the Trustees Building room 391. The room is soundproofed with carpet on the walls, much like that seen in major radio stations. Due to low funding, the station has less equipment and space than the staff would like. However, according to Crist, the communications department is working to find a more suitable space for the station to work in. Listeners can find the station at [www.muradio.org](http://www.muradio.org), but until the staff is trained, the station will run a continuous loop of music.

Though the station will predominantly play college and modern rock, Crist said, "Students will have the freedom to do specialty shows like sportscasts and featuring other genres of music."

Crist chose to broadcast the station over the web for several reasons. FM radio broadcasting requires very expensive equipment and the

Fayetteville airwaves are currently very full. Also, the Federal Communications Commission (FCC) places strict requirements on AM stations, which are difficult to meet as a start-up college station. Though the FCC does not monitor web-based radio, Crist will be listening to the broadcast to ensure that there is no profanity or inappropriate topics on the air.

"Radio can be a great work experience," said Crist. "I want it to be fun for everyone, but it needs to be within appropriate limits."

Even students not interested in participating seem excited.

"It's something fresh," said junior Horace Hemley. "I think it will generate some positive publicity for MU."

Anyone interested in joining the radio staff or applying for a director position should contact Crist as soon as possible at [scrist@methodist.edu](mailto:scrist@methodist.edu). Training of staff will begin in about two weeks.

# Young Democrats attract attention on MU campus

Aryn Hicks  
Staff Writer

With Presidential elections right around the corner, one politically charged organization made itself known in the halls of Methodist University. The Young Democrats Club began their political activism in early September, working to promote voter registration, as well as to endorse Democratic nominees. The Young Democrats represent more than a partisan organization on campus; they represent well-educated youth who care about the future of our nation.

One cannot help but to notice a table laden with posters supporting change for the future. The table run by the Young Democrats was put in place in early September. Members of the club not only support presidential nominee Barack Obama, but promoted Democratic nominees for governor, senate, congress, and other offices as well. The organization also set up an area where students could register to vote. The Young Democrats registered over 100 students, and set up information on how to receive absentee ballots. The registration was open to voters of all political affiliations. The goal was not to sway students to vote Democrat, the group simply wanted people to get out and vote.

Chris "C.O." Oden, a junior, believes that it is important to vote because "[it gives you] the say so. If you don't vote, you have no right to complain about the outcome whether your candidate wins or loses."

The Young Democrats have campaigned for this year's Democratic nominees on

campus, but have also become involved by volunteering in the Fayetteville area. Members of the group have taken part in door-to-door registration, phone campaigns, and Democratic Convention volunteer projects. The association wants to make itself and its purpose known to the Fayetteville area, in addition to the Methodist campus.

Many students join the organization to make their opinions known and to interact with students who share common political interest. The small, yet powerful, organization resembles a diverse, close-knit family who respects opposing views and reacts accordingly. Man or woman, black or white, religious or atheist – the Young Democrats do not discriminate against anyone who has a desire to become politically active. The club also refuses to allow itself to fall victim to intimidation. This determination was evident as many posters, bulletin boards, and marquees were vandalized throughout the past few months. One incident even involved a Methodist student screaming derogatory statements about Barack Obama, such as "Down with Obama Bin Laden" and "Obama Hussein loves Sadam Hussein." Individuals often come past the table with statements calling the organization ignorant and tactless.

President Taron Stubbs, a business administration major, feels that those who attempt to intimidate the club and call Democrats ignorant "take advantage of the freedom of speech. Those who make such statements are the ignorant ones. Democrats are not ignorant, [we just] desire a change."

Now that voter registration has passed,

the main purpose of the Young Democrats is to get Methodist students off campus to vote early, or vote in general. Because of gas prices and some students' lack of transportation, the Young Democrats are setting up transportation to early voting sites. They are encouraging students to vote, despite their political preference. They group fights to prove that the issues are more crucial to this election than any other aspect.

Shannon Alford, a senior business administration major, feels that education and the economy are linked together as the most important issues in this election for Methodist students.

"To me, education is the most important due to the fact that I come from a middle class family, and I will be the first one in

my immediate family to graduate from a university," said Alford. "Knowing the struggles my mom and dad have faced financially just to get me through college, education is very important to me. I want my children and grandchildren to have the same opportunity as me."

With the election right around the corner, the Young Democrats prove to be a powerful, politically charged organization. Their determination will surpass the election. The group will continue meeting after the elections, even if Obama is not elected into office. They will continue working to make the opinions and ideas of the Democratic Party known to the Methodist University community.

## 2008-2009 Young Democrat Club Officers

President:	Taron Stubbs, Jr
V. President:	Hakeem Brown, So
Secretary:	Courtney Fernandez, So
Treasurer:	Ebony Wilder, Fr
Planners:	Shannon Alford, Sr Andre Harris, So
Advisor:	Melissa Hayes

## International Food Festival



Nov 5

7:30-9:00

Berns

Students/Kids

under 12: \$3

Guest/Faculty: \$5

Club Members: Free



Yalita Rivers and Kenya Lewis manning the Young Democrats table in the Berns Student Center. Students could sign up to vote in the upcoming presidential election. Photo by Aryn Hicks

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# Opinion

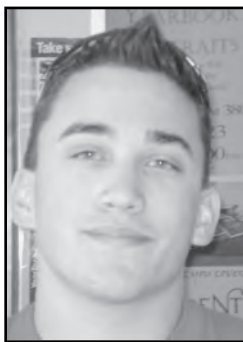
## Ashley Asks...

Ashley Young News Editor

Have you had the flu vaccination and what do you think of it?

"I haven't had one (a flu shot) since I've been here. I've been sick with random colds."

—Trevor Finchum, freshman biology major.



"I had it and it caused me to get the flu. It's good for old people and babies but I don't think anyone else should take it."

—Ebony Wilder, a freshman social work major.

"No. I fight it (the flu) naturally."

—Rickey Lizotte, a sophomore, exercise science major.



"I take one (a flu shot) every year. I've never had any complications from them."

—Koneil Ingram, sophomore social work major.

## Vote- but know the facts

Matt Beitzel  
Web Editor/ Contributing Writer

On the brink of the Nov. 4 election day the presidential campaigns are the talk of the town. In light of this, I've distilled as much information from both campaigns as possible using third-party resources. The hot topics of energy, Iraq, military service and healthcare are all listed below.

### -ENERGY-

Both candidates tend to ride the fence and use plenty of buzz words such as "alternative" and "renewable." Both John McCain and Barack Obama propose investment into alternative energy, with the Obama campaign the spending with a promised \$150 billion in taxpayer funding. According to his campaign website, he'd invest heavily in solar, wind, and geothermal power, to a level that in 2025 will account for 25 percent of the nation's power generation. Currently these technologies get almost zero funding and zero integration from the private sector, because they're too new, inefficient, or aren't commercially viable. According to the U.S. Department of Energy, all three combined accounted for only 0.5 percent of power usage in 2007, which includes power for homes, businesses and transportation. Ignoring inflation, that's a 4900 percent increase, and due to construction provides a full 5-10 years before we see any benefit at all, and 17 years before we see the bulk of its benefit - leaving only a \$1,000 tax cut for energy from the Obama camp to fill the gap.

One omission from the Obama plan that is included in the McCain plan is investment in natural gas. According to the U.S. DoE, natural gas accounts for almost 24 percent of the nation's power usage, making it a viable alternative for expanded use. It's also a commercially viable alternative to oil. Currently, natural gas is found in 23 states in the union, with the world's largest known reserve lying untapped just off the U.S. coastline containing nearly 77 trillion cubic feet of gas. Current technology is also ready for a natural gas conversion. Kits for almost every car can be purchased and installed for minimal cost in a matter of days, and home refueling kits are available for any structure with

a natural gas connection. According to the American Council for an Energy-Efficient Economy, natural gas cars have been the most environmentally friendly alternatives for the last two years, bypassing clean diesels, hybrids, and even electric cars. Lastly, natural gas already has infrastructure. The pipes are in the ground, can supply cars, and the technology has already been proven. According to the Herald Tribune Salt Lake City, Utah has been fueling cars for a year for the price of 87 cents per gallon equivalent. The U.S. Environmental Protection Agency also rates natural gas cars as releasing 20 percent less emissions than hybrid and conventional vehicles. Infrastructure, price, commercial viability, immediate application, environmentally friendly are completely ignored by Obama.

### -IRAQ-

According to Obama's campaign website, he seeks to withdraw troops immediately. The site states, "Obama will give his Secretary of Defense and military commanders a new mission in Iraq: ending the war" by the summer of 2010. Obama calls for only a small strike force to remain on the ground, to "continue efforts to train and support the Iraqi security forces." McCain, however, wants to stay longer in Iraq. McCain's plan goes on to lead the Iraqi government to landmark establishment of investment in the Iraqi private sector. Once a banking and loan system that can aid small businesses is in place the U.S. will end all involvement.

Of these two plans, no one is sure how to proceed, not even the Iraqi people. Historically, the troop withdrawal in 2006 failed, leading to a rise in violence. This was followed by a surge of troops in summer 2007 that, according to the McCain website, from June 2007 to March 2008 led to a reduction in genocidal violence by 90 percent, coalition deaths by 70 percent and civilian deaths by 70 percent.

### -MILITARY SERVICE-

While Obama has not formally served in the military, he has falsified claims about the record of his grandfather. In 2002, during a speech to a group of Memorial Day supporters, he stated that the only family member to serve in the military was his grandfather. He said his grandfather, Stanley Armour Dunham,

served with General George Patton and was part of the force to liberate Auschwitz. According to the U.S. Holocaust Memorial Museum, this is not possible because it was the Soviet Red Army who liberated Auschwitz. Obama also claimed that Dunham joined the war effort the day after Pearl Harbor was bombed. According to World Net Daily, the largest, most viewed news outlet in the world according to Alexis ratings, requested Army records show Dunham joining the Army on June 18, 1942 - six months after Pearl Harbor. Lastly, in Obama's own autobiography, "Dreams of My Father," Obama stated "Gramps returned from the war never having seen real combat."

McCain's service record, however, is practically spotless. According to the Associated Press' Freedom of Information request to the Navy, McCain joined when he was 17. Over the next 23 years of service he received 17 military decorations including the Silver Star Medal, Legion of Merit with a combat "V" and one gold star, a Distinguished Flying Cross, and a Bronze Star Medal with a combat "V" and two gold stars. While serving on the USS Intrepid as a F4 Phantom pilot, McCain's plane was set ablaze by an errant rocket while still on the flight deck. After exiting his own burning craft, McCain went back into the blaze to save a friend when an explosion caused shrapnel and burn wounds. According to the McCain campaign website, it was at the end of his hospital stay that McCain volunteered for service aboard the carrier USS Oriskany.

While flying missions over North Vietnam McCain was shot down, and according to eyewitness accounts of broke both legs at impact and a broken shoulder from Vietnamese captors. Day states "He was in a huge body cast ... his right knee was mangled. His left arm was dislocated and hanging out of the socket. He had been bayoneted in the leg. He was bandaged up and was down to 95-97 pounds ... I was certain he was going to die before morning."

According to McCain in a video interview, once he was able to move he was put into a solitary cell, where he spent 5 years as a prisoner of war at the 'Hanoi Hilton,' refusing release to allow other captives freedom in his place.

*Continued as "Vote" on page 11*



# VOTE

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Methodist University Pep Band at the Pep Rally. Photo by Nick Trowell

# On the Cover

## Family Weekend '08:

Monarch parents visit campus for annual weekend of entertainment



Pictured is Barry Drake, speaker for the 80's Rock presentation. Photo by Roxana Ross

**Alicia Secord**  
Staff Writer  
and  
**Ashley Genova**  
Editor-in-Chief

the Parents' Association and become a closer part of the Monarch community.

Students and their families participated in the Monarch Zone, which is held before every Monarch football game. The other pre-game option was a Spirit Lunch in the cafeteria. The Methodist Monarchs lost to the Ferrun Panthers 31-13.

Despite the loss, Matt Vann, a freshman PGM major, said, "My parents thought the football team was great, especially the quarterback."

Later that night, the Bern's was the site of a student and faculty talent show. The show was judged by the visiting parents.

Sunday, parents and students prepared for the visiting family's departure. The Green and Gold Café hosted a Bon Voyage Breakfast to send the families off right. Parents left for home as their children prepared to return to classes after the weekend.

Family Weekend is an annual event when families of current Monarchs are invited to visit the campus for a weekend of family-oriented activities. This year's events included a football game, a talent show, and a presentation about 80's music. Family Weekend was held Fri-Sun, Oct. 17-19.

Parents began flooding the campus on Friday for registration. There were many options for them to choose from. They could hang out in Chris's House, golf with their children, or take a tour of the campus. Some decided to attend the Pep Rally in Berns Student Center.

Saturday was packed with activities for families to do alone or with their children. Breakfast was served in Chris's House, where parents could speak to Methodist faculty about life and studies on campus. After that they were invited to join

BARRY DRAKE

Parents and students had a blast from the musical past with a Family Weekend event, Barry Drake's rock and roll of the '80s on Friday, Oct. 17.

Drake's presentation included a large projector screen which displayed music videos with sound and clips of artists discussing their works. Drake speech chronicled the time period of rock music from the late '70s to the early '90s.

The biggest change for music in that time was the creation of MTV, or Music Television. Drake explained

that one of the first music videos ever played on the station had a touch of irony: the Buggles' "Video Killed the Radio Star." Music videos opened up the music industry for a new kind of creativity, in which bands with unique images could break into the industry, even if their sound was not top-notch.

Drake talked about many different styles of music, including New Wave, Heartland American Rock, Pop Music, Rap, and Hair Bands. He focused on a few of the more well-known artists from each genre who kept the style of rock and roll music going.

"During the dark days of Disco, Bruce Springsteen seemed like rock and rolls' only hope," said Drake. Springsteen's style had a very regional, New Jersey feel, said Drake. Many other artists also had a regional feel.

One such artist reminded Drake of Springsteen. This artist "rose up from the mousse and hairspray of hair bands." This artist is Bon Jovi, who is still popular today.

Drake shared information about the origin of rap music, which he said grew out of hip hop culture and Jamaican music. At first, rap lyrics

were just catchy beats, but eventually they grew into political and social statements. When rap music mixed with the gang cultures of California, rap grew into the style that is familiar today.

In 1989, Drake said that pop music became so popular, that true rock and roll fans turned to alternative, underground styles of music, like punk. Eventually, the underground music became the mainstream.

Drake's audience was a mix of parents, students and staff. They enthusiastically applauded and cheered for their favorite bands, singing lyrics and bopping their

heads. Even George Blanc, Dean of Students, lip-synced to Def Leppard's "Pour Some Sugar on Me."

Drake has already lectured at Methodist about the music of the '70s. Perhaps next year's Family Weekend will have a lecture about the music of the '90s

"I thought the speaker was funny and very knowledgeable," said freshman Jessica Gay. "I was surprised to hear the history of so many of my favorite songs."

TALENT SHOW

Family Weekend's Saturday night Talent Show was a must see for families and students alike. Staff and students showcased such talents as singing, dancing and juggling. Three parents judged the acts and awarded prizes for the best performances.

"My parents' favorite part was judging the talent show," said Bernard King, a junior computer science major. "They thought that was great."

The show was hosted by Career Service's Katrina Stanley Blue and sophomore, Andre Harris. They joked with one another and with the performers between acts.

The winner was the barber shop quintet, FREQUINTEcy, made up of Dustin Autry, Michael Martin, Nathan Bright, Brian Inghram, and Justin Klemballa. They sang "Moondance," by Van Morrison. As the winners, they were awarded \$200, which they split. The second

place act was Doris Jackson, whose juggling act earned her a \$100 prize. Mark Tarentino and Jessica Britt tied for third place. They split a \$50 prize.

The talent show proved to be an entertaining part of Family Weekend, and showed the parents that the faculty and students not only work hard, but have fun too.



Pictured is Director of Career Services and Parent Programs, Kim Genova, who put the Family Weekend program together. Photo by Staff.



Contestants in the talent show. Photo courtesy of the Student Activities Committee

# Entertainment

## Mega Man 9 is old school fun

Austin Bordeaux  
Staff Writer

For PS3, Xbox360, and Wii

My first impression of this game was an odd mixture of nostalgia and wonder. With all the current remakes and old school games being made lately this game is a welcome addition with its NES style graphics and game play. It's a revival to the series that no one thought would happen, but everyone knew we needed. This trip back to the glory days of the Mega Man series is amazing to say the least.

**STORY:** 4/10 The story is pretty basic and predictable. The ever-present villain Dr. Wily pretends to be done with his evil ways and blames all of his past mistakes on Dr. Light. Dr. Wily was lying and is back to his old take-over-the-world-with-powerful-robots game. Dr. Wily kidnaps Dr. Light which spurs Mega Man into action to defeat Dr. Wily and his creations while attempting to rescue Dr. Light.

**GAMEPLAY:** 10/10 The game play is just like the old Mega Man 1-6 games. Jump, shoot, use specials, and climbing ladders are all a player has to worry about. The controls are accurate though and one will not notice a lag to jumping or shooting. Honestly if we didn't know any bet-

ter we would think that it really did come out on the NES back in the day. That's exactly how much it plays like the beloved originals. The difficulty some might find to be way above their level of skill, but any game that presents a challenge nowadays has my support. To counter act some of the difficulty in the game, an upgrade purchase system was added in which you collect bolts and screws throughout the levels and use them as currency to buy such items as energy containers, extra lives, and so on from Roll and Rush.

**GRAPHICS:** 7/10 The graphics NES are quite hard to grade, because when considering graphics used in video games today, this games graphics are horrible. The thing is though Capcom intentionally made the graphics NES-style. The graphics are actually slightly above NES quality. Everything looks pretty much the same as Mega Man 1-6 did. The same Mega Man sprite is used and the game has crisp, clean pixelated graphics.

**SOUND:** 10/10 Every stage has a catchy beat to it that never gets boring. Once you select the boss character stage to fight on the trademark "Boss Jingle" still plays like almost every past Mega Man game had. There is very little to not like about it.

**OVERALL:** 9/10 By and large, Mega Man 9 is a classic Mega Man game. If you've played any of the original NES Mega Man games, expect pretty much the same thing. This game is not for everybody. Its difficulty might dissuade players from trying the game and its graphics don't match up to anything currently being released. For Mega Man fans and even those who never played a Mega Man title I whole heartedly recommend this game. I can't speak highly enough for this game that has brought one of my favorite series back on the right track. Mega Man....we're glad to have you back!

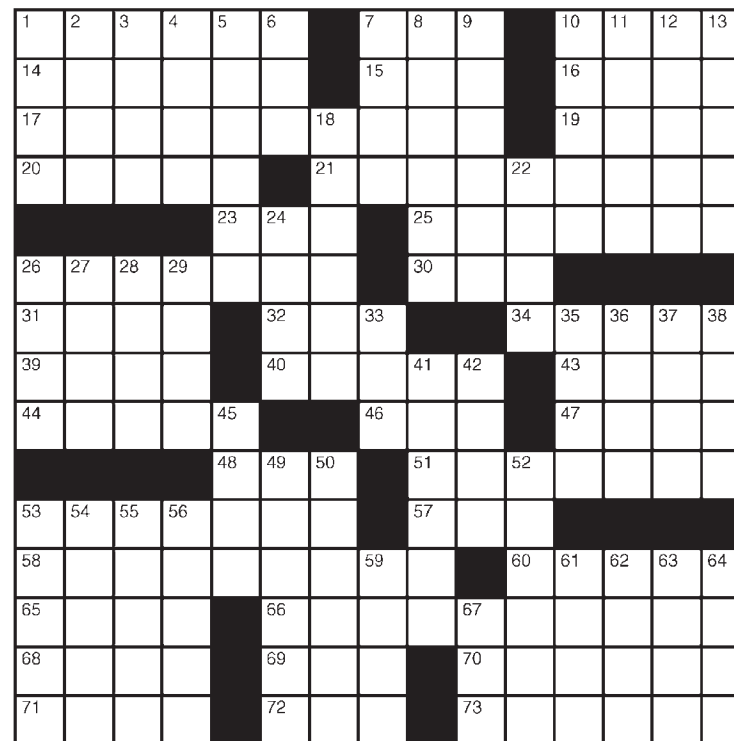
## Crossword

### ACROSS

- 1 Singer Tritt  
7 Comic DeLuise  
10 Time periods  
14 Caribbean capital  
15 Raw mineral  
16 Defoe's Flanders  
17 Blueblood  
19 Army mascot  
20 Absolutely not!  
21 Deeply cut  
23 Seller's \$ equivocation  
25 Unties  
26 Academic groups  
30 Make a blunder  
31 Top-drawer  
32 Fish catcher  
34 Leavening ingredient  
39 Refuses to  
40 Begins moving  
43 Dry by rubbing  
44 Cache of cash  
46 Saturate  
47 Garfield's pal  
48 Hosp. sections  
51 NBA scores  
53 Erupt suddenly  
57 Home of the Trojans  
58 Yellow tablets  
60 Wahine's welcome  
65 Stratford's river  
66 Art of counting  
68 In the mail  
69 Sailor's org.  
70 \_\_\_-down cake  
71 Marathon and Longboat  
72 Journey part  
73 Wide shots

### DOWN

- 1 Better late \_\_\_ never  
2 Uncommon  
3 Tel \_\_\_-Jaffa  
4 Bouquet holder  
5 Lead-ins  
6 Portuguese saint  
7 "\_\_\_ the Explorer"  
8 Delphic seer  
9 Shooting star  
10 Goldman and Lazarus  
11 Bus itinerary  
12 "Interiors" director  
13 Racers on runners  
18 Storage cabinet  
22 Sabbatini of golf  
24 Kingsley and Affleck  
26 Crow calls  
27 Criminal's haul  
28 Writer Quindlen  
29 Collectors' groups  
33 Shakespearean contraction  
35 Cuddly George Lucas creature  
36 Helper  
37 Barbecue rod  
38 Tiger's gadgets  
41 Healthy  
42 Health resorts  
45 Shoe part  
49 "Letting It All Hang Out" autobiographer



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52 Shrimp dish  
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55 Extreme pain  
56 Talks wildly  
59 Minor dent  
61 Fewer  
62 Elevator pioneer  
63 Take cover  
64 Sleeve cards  
67 Sing wordlessly



# Palin boosts 'SNL' audience and its cultural relevance

Verne Gay  
Newsday  
(MCT)

If not quite Richard Nixon's "sock it to me?" moment on "Laugh In" almost exactly 40 years ago, Sarah Palin's TV appearance on "Saturday Night Live" still proved two entirely separate but related and incontrovertible facts.

First: The lady from Wasilla has a sense of humor. Second: That little show over at 30 Rockefeller Plaza remains as vital a part of the cultural landscape as it did back in 1975, at birth.

An estimated 14 million viewers tuned in Saturday night, the biggest "SNL" audience since 1994, when Nancy Kerrigan and Aretha Franklin appeared. It was, in fact, one of the heftier audiences for any network program so far this fall.

Palin was on camera five minutes, if that, and had three, maybe four lines- including, of course, one of TV's most indelible "Live from New York ... ." But what she said didn't

really matter as much as what she did, which was to turn up.

Believe it or not, there was some political risk for Palin. An "SNL" appearance, however innocuous, threw her into the arms of the East Coast liberal elite-those arch, cynical, Harvard-educated types who presumably sneer at Joe Sixpack and Joe the Plumber-Sarah's people. Moreover, "SNL" has bestowed upon Palin, just three weeks before D-Day, a little comic credibility and maybe even a few additional votes in the process.

Tina Fey, the other Sarah Palin, didn't even meet her twin during the show, or at least as far as viewers at home could tell. Did Fey keep her at arm's length because of her own political leanings? A topic, no doubt, for bloggers this week.

During an interview with WWOR's Brenda Blackmon on Sunday, Palin said of her appearance, "We need more of these days. When it is just fun, I would do it again." She also noted that she didn't attend the famous after-show party -a reminder that for both Palin and "SNL," this appearance was strictly business.



Left, Sarah Palin. Right, Tina Fey Photos courtesy of MCT Campus.

## FAYETTEVILLE AREA RESTAURANT RATINGS

Restaurant	Inspector Comments
<b>METHODIST UNIVERSITY CAFETERIA</b> 5400 RAMSEY ST STREET 90.00 [A]  (cafeteria posts a 91)	Thoroughly wash, rinse and sanitize all: Pots and pans, Eating Utensils, Plants/Bowls/Cups, Ice scoop and holder, sanitizing solution was not in compliance at all stations. It should be 200 PPM for the quarternary ammonia. The burgers and the grilled cheese sandwiches were improperly labeled for tilt. The pizza station had no labeling records for tilt for the pizza preparation and holding time. All potentially hazardous foods should be kept at proper temperatures. The dish washing unit is not functioning according to operating instructions. The pressure guage is not functioning according to manual or template instructions. The dishmachine unit needs to be cleaned. *repeat violation*
<b>OUTBACK STEAKHOUSE</b> 505 N MCPHERSON ROAD 99.00 [A]	Keep all food covered to prevent possible contamination. - A container of sauce was uncovered and a plastic bag with dish towels in it was hanging in the sauce.
<b>OLIVE GARDEN</b> 234 N MCPHERSON CHURCH ROAD 95.50 [A]	Several potentially hazardous foods were out of compliance. Proper storage temperature requirements discussed with managers and remedies necessary to prevent future violations. Critical violations corrected during inspection.
<b>RED ROBIN</b> 502 CROSS CREEK MALL 97.00 [A]	Hamburger stored over fish in walk in cooler. All foods in cooler should be arranged according to final cook temperature: vegetables/ready to eat, seafood and eggs, pork, beef, chicken. Box of food stored on the floor in the walk in freezer. All food items should be stored 12" off the floor.
<b>CHILI'S GRILL AND BAR</b> 635 CROSS CREEK MALL 95.00 [A]	Ice machine needs to be cleaned free of mold. Can opener needs to be cleaned. Several dishes found dirty. All food contact surfaces should be washed, rinsed, and sanitized.

All of the Restrurant ratings above are from North Carolina Public Health Inspections website. They are current from its website as of 10/24/08.

## Quarantine a mediocre remake (Caution! Contains spoilers!)

Deanna Piacente  
Staff Writer

How does a mutant strand of rabies sound to liven up a date to the movies?

"Quarantine" (Screen

never ending scenes of vomit-inducing flirting between Angela, a young reporter shadowing an L.A.F.D. crew, and a firehouse full of drooling men. Thankfully, though, as soon as Angela and the firefighters get "the call of their lives" the plot picks up speed and plunges straight into the gory, blood filled thriller the trailers promised it would be.

Between the psychotic and cannibalistic old lady and the disease-possessed little girl, "Quarantine" is sure to leave everyone with clenched fists and racing pulses. Of course the blood curdling screams and "Blair Witch" style cinematography may also leave them with a headache.

Gems 2008) is a horrifying tale of a single building in Los Angeles that has been plagued by a synthetic form of rabies that spreads within minutes and is transferred immediately through the mutual

contact of any bodily fluids.

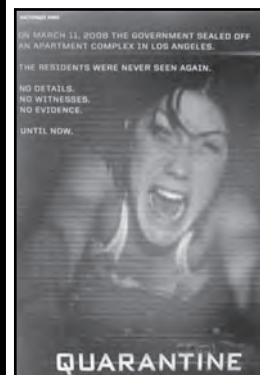
The film begins slowly, with seemingly

Above, the poster for the new movie, Quarantine. Right a poster for the original movie, REC.

anyway. The plot was definitely formatted for a sequel, leaving everyone scratching their heads and wondering where the naked monster in the attic actually came from. As for Angela...let's just say she permanently "signed off."

The movie is a remake of an original film called "REC" which has better ratings and much less interference from the shaking and non-focused first person camera view. "REC" also did viewers the favor of explaining the most confusing parts of the final outcome, something "Quarantine" failed miserably in doing.

My Rating: 5.7/10





# Sports

## Basketball back in style:

### Krzyzewski returns to Duke seeking another gold-medal performance

By Luciana Chavez  
McClatchy Newspapers  
(MCT)

DURHAM, N.C. - Duke coach Mike Krzyzewski walked into his first news conference of the 2008-09 basketball season without a crown on his head or a team of bodyguards following in his wake.

Krzyzewski was changed by his experience coaching the U.S. basketball team to Olympic gold at the Beijing Olympics in August, but he isn't different.

Asked if he took a victory lap, at any point, to celebrate, Krzyzewski joked, "You saw me at 3 in the morning, didn't you? Moonwalking on the beach waving pom-poms? In the cheerleader outfit?"

Krzyzewski immediately reconnected with his Duke team and the recruiting trail when he returned

from China eight weeks ago.

Before he left for Olympic training in late July, his 2008-09 team came to his home the night before he left. When he returned to Durham, his Duke team was there that night to greet him.

"We just got down to doing what we're supposed to be doing," Krzyzewski said before opening Duke's first practice to the public last Friday, "not so much work as something exciting working with kids."

The last three weeks, Krzyzewski also was able to get away to re-focus for the college season. Duke was 28-6 overall and 13-3 in the ACC while reaching the second round of the NCAA Tournament.

"Not so much to get away to rest, but to get away to get balance and give some thinking and creative time to what we're doing," he said.



Above pictured is Duke Men's Basketball Head Coach, Mike Krzyzewski. Picture courtesy of MCT Campus

Krzyzewski and Jamie Spatola, his youngest daughter, are co-authoring a second book together, this time about Krzyzewski's Olympic experience. It's called "The Gold Standard."

"That's been good because we're talking about basketball and team-building," he said.

Krzyzewski's first priority getting off the plane from Beijing was to immerse himself back into the recruiting wars. Though it was possible that Krzyzewski and assistant head coaches Steve Wojciechowski and Chris Collins could have lost ground while in China and rookie assistant Nate James was handling things back in the U.S., they did not.

Nor did Duke get an Olympic bump in recruiting, Krzyzewski said.

Within the last three weeks, Duke did secure a 2009 commitment when Ryan Kelly chose Duke last week and 2010 commitments from Tyler Thornton and Josh Hairston. Mason Plumlee, a 2009 recruit and brother to current Blue Devils freshman Miles Plum-

lee, chose Duke earlier this year.

"Some people looked superficially at it and said we got commitments right after the Olympics, and 'Boy, it really resonated,'" Krzyzewski said. "My feeling is we would have gotten those kids anyway and not because of the Olympics. Now that may help in the future."

Krzyzewski looked for ways that the Olympic experience would enrich his Duke coaching, even while his attention was diverted from one or the other the past three years.

The 61-year-old Krzyzewski, who officially began in his 29th Duke season and 34th collegiate season Friday.



Duke University athletic logo, courtesy of MCT Campus.

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# Monarch Scoreboard



## Contest Results

Date	Opponent	Result
<b>Football</b>		
Oct. 18	Ferrum College	L 13-31
<b>Men's Soccer</b>		
Oct. 15	@ Lynchburg College	L 1-4
Oct. 18	Senandoah University	W 3-0
<b>Women's Soccer</b>		
Oct. 17	@ Salem College	W 5-0
Oct. 19	NC Wesleyan	W 5-1
<b>Volleyball</b>		
Oct. 18	@ Trinity	W 3-0
Oct. 18	<i>Saint Elizabeth</i>	W 3-0
Oct. 21	Meredith	W 3-1

## Upcoming Home Contests

Date	Opponent	Time
<b>Football</b>		
Nov. 1	Maryville	1:00 p.m.
Nov. 8	Greensboro	1:00 p.m.
<b>Men's Soccer</b>		

There are no more regular season home contests

## Women's Soccer

Nov. 1	Meredith College	2:00 p.m.
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## Volleyball

There are no more regular season home contests

All contests in italics were played at the site listed above it.

Due to the date of printing, *smallTALK* is unable to cover the contests that take place over the weekend prior to distribution.

## Vote '08: continued from page 4

### -HEALTHCARE-

All of the information below comes from third party, independent reviews that receive no funding from either party. Both parties propose plans that will have the greatest impact on families with a household income in the lower 50 percent of taxpayers' gross income, which according to the U.S. Census in 2008, is any family with a household income below \$50,233.

The Obama healthcare plan is almost a mirror image of HillaryCare and seeks to form a government-controlled, Marx-style healthcare body funded solely by taxpayers. According to Health Systems Innovations the plan will cost taxpayers \$3,000 per family, per year. HSI says that employers will be forced to provide 'meaningful' coverage or pay an additional part of a \$179 billion per year employers' tax. A similar study by the Lewin Group concluded that almost 52 million would lose their private employer coverage, and fall into the government program - costing taxpayers even more. The study also concluded that the national system would undermine the private sector by imposing artificially

low premiums since the U.S. government is guaranteeing the service. Additionally, the CATO Institute found that any cost overages would overflow onto the books of the U.S. Treasury and ultimately the taxpayers.

The McCain plan, in contrast, gives tax credits and incentives to taxpayers to decide their own healthcare needs - while providing a government-backed program only to the most needed areas of the lower 25 percent of tax brackets. According to HIS, this will cover 2 million more individuals than the Obama plan, covering a half of uninsured Americans. Additionally the HSI study found that Americans in the lower 50 percent tax bracket will see "a reduction in their health insurance costs resulting from the tax credit proposal." Lastly, the McCain plan bolsters private industry instead of undermining it.

It should also be noted that Obama's plan is similar to Canada's government plan. Dr. Jay H. Lehr, science director for The Heartland Institute, a nonprofit research and education organization, states, "The Canadian system's greatest failing is the unconscionable delay citizens must

accept to obtain serious medical procedures."

No matter whom you vote for this election, I encourage you to get out and vote. Despite the controversy an unwavering belief in democracy has never directed this country poorly. Mark Nov. 4 on your calendar and vote for whoever your favorite candidate may be.



Graphic by Danielle Levine, original pictures courtesy of MCT Campus