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# summer TALK

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THE STUDENT VOICE OF METHODIST UNIVERSITY

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## THE CHRONICLES OF THE MONARCHS

THE LION, THE SPIRIT AND THE TRADITION

# Welcome to Methodist University

**Dr. M. Elton Hendricks**  
President of Methodist  
University

It gives me great pleasure to welcome new students and their families to our campus.

I hope that you will quickly

become a part of this campus that lives, shares, worships, and learns together. Through this sharing we all have an opportunity to be better, wiser, stronger, and more productive than we would be alone. Please know that any member of the Methodist University family

is welcome in my office. If you ever want to talk, please come to see me.

I look forward to seeing you around campus and hope that you will join us in making Methodist University a great community.



## Student Development's End Game: Transforming your goals and ambitions into reality

**George Blanc**  
Vice President for Student  
Development & Services and  
Dean of Students

Welcome to Methodist University!

On behalf of the Student Development and Services Team I would like to extend a warm welcome to our university community.

You and your families have made a great choice in choosing Methodist University to help you achieve your personal, academic, and personal goals.

Without trying to sound like an airline commercial; we all understand and appreciate that you could have chosen another college or university instead of coming to Methodist, and we, in Student Development,

and throughout the university are planning to work very, very hard to ensure that you and your family continue to feel like you have made the right choice all the way through graduation.

We are also mindful that, for most of you, choosing to come to Methodist also involved choosing to make a significant financial commitment, one that may be with you for years to come. So now what we have

to do is to make sure that you and your families get an appropriate return on your investment, and that return can be simply defined as having the opportunity to grow academically, morally, and socially; to develop yourself as a well rounded, ethical, confident, and capable individual that is fully capable of turning his or her goals into reality. The End Game: TRANSFORMING YOUR GOALS AND AMBITIONS INTO REALITY.

In Student Development and Services our "End Game" is supporting your development when you are outside of the classroom. We will help you to develop socially, ethically, physically, and morally. We will provide programs and activities that will challenge and develop you as a student leader, as a member of a stu-

dent community, intramural athlete, and as a citizen of the world. We will take you places and teach you to do things that you never thought that you could do: skydiving, scuba diving, whitewater rafting, sailing and much much more.

In short, we will expand your horizons beyond any limit that you ever imagined possible. But, to make all of this possible you've got to get up, put your cell phone on mute, turn off your X-

Box 360 and get out of your room. Show up and we will show you "What's Up."

Have a problem? If you have issues, concerns, suggestions or just want to hang out a bit during the semester, I want to be available to all of you. You can make an appointment for anytime that I am available, but I recommend that you take advantage of what we call "Dean Time." I will be available, in my office, on a walk-in basis, Mondays, Tuesdays, and Wednesdays from 4 p.m. to 5 p.m. But you can get with me anytime that you see me on campus, day or night.

Again, let me say how happy we all are that you chose Methodist University and please know that we are committed to your success.



*Open Hearts... Open Minds... Open Doors*

**Campus Ministry WELCOMES all of our new students to MU and welcomes back our returning students.**

**Weekly services are held in Hensdale Chapel on Wednesday at 11:00 am. Everyone is welcome to participate in Campus Ministry for worship, music, fellowship, study, pursuit of justice and service to our neighbor.**

# Meet 'Kicker' your SGA President

*Anthony (Kicker) Liuzza: Student Government Association President, ran this letter in smallTALK during his campaign.*

I would never undermine the individuality of each student by claiming to be the unanimous voice of Methodist University; frankly I find it quite arrogant. In no way will I falsely represent the students declaring my ideas or those of a select few, as the "students' voice." You each have your own unique voice, opinions, thoughts, and ideas. I simply want to create a culture within SGA where the ideas of the many culminate: functioning as a whole.

How about a bi-cameral legislature? Right now, SGA is made up of an Executive Board and senators. Wow! At capacity that's about 23 members ... How many students attend Methodist?

Amending the SGA constitution to include a House of Representatives would open the organization to greater student representation. We need a House of Representatives to

be an active and contributing part of SGA. Every sports team, club, and organization should have the opportunity to represent their affiliated group at SGA meetings—this would include having voting rights and legislative power. This should lessen the burden SGA faces from lack of man power; and women power for all of us feminists. There will truly be an entire cross section of The Methodist Student Body present. We will have the ability to delegate standing committees other than the four or five mentioned in the constitution.

Imagine a spirit committee-- devoted to, periodically throughout each semester, performing fun, crazy, "just because," activities simply to make the students laugh. One example would be to have SGA members ridding through campus in golf carts passing out well designed Methodist t-shirts. The catch would be to trade the shirt you are wearing for a Methodist t-shirt. All of the collected t-shirts would then be donated to a homeless shelter. I

think Methodist needs more ideas like this one. Let's make this place feel like a university should feel-- one of intense student involvement, and a great sense of pride: A place that we can call our friends back home and say "dude my school rocks!!!"

I am not a task manager. I do not think that the role of the SGA President and SGA is to micro-manage the entire school; that is why we have Deans and Staff. I am a paradigm shifter: Big Picture. One of my opponent's main focuses of his campaign is in regards to "fixing the cafeteria." We all know this need to be done-- lets be reasonable --no matter how the election turns out, the problem won't go away "just like that." Honestly, having a tastier omelet in the morning is not going to make Methodist University a better place to live. We need to change the culture of the student body-- the culture of this

campus-- getting everyone involved; try to make it the cool thing to do.



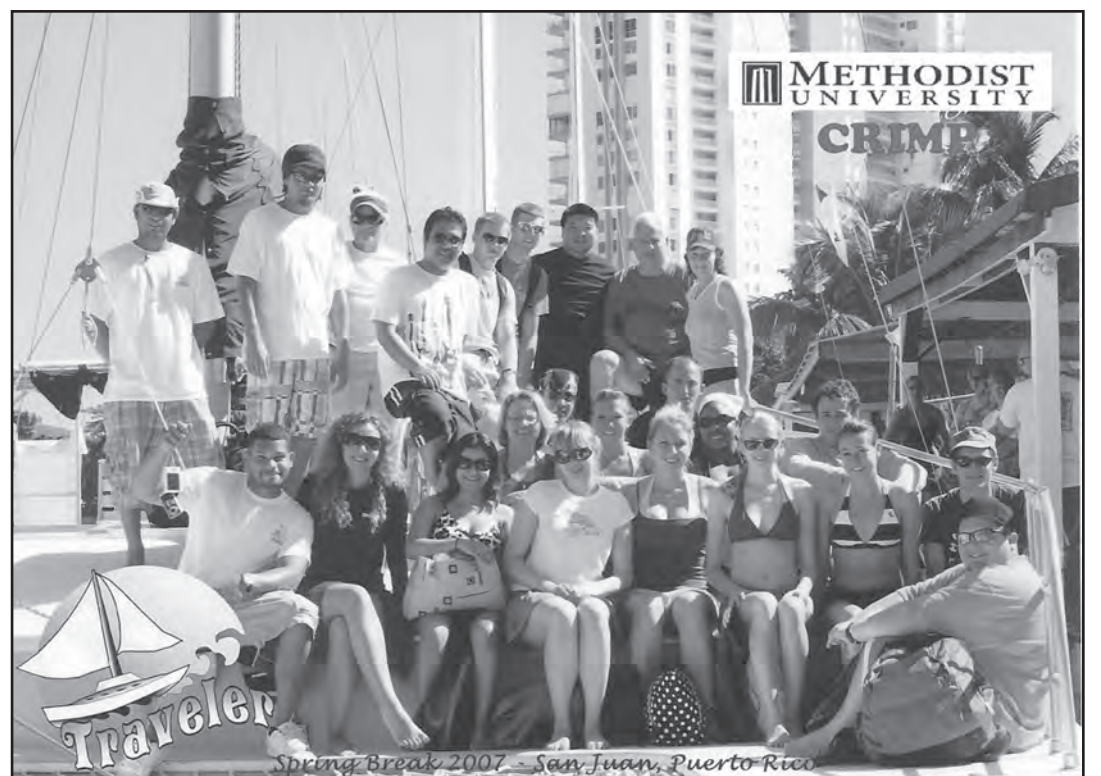
## CRIMP

### Outdoor Adventure Club Trip Schedules

- September:** - Horse Back Riding – ( NC )  
- River Kayaking – ( NC )
- October:** - Skydiving – ( NC )  
- Fall Break Trip – ( New York City, NY )
- November:** - Swim with the Manatees – ( Crystal River, FL )  
- River Kayaking – ( NC )
- December:** - Dog Sledding & Bob Sledding – ( Mexico, NY )  
- Cross Country Skiing – ( TBA )
- Spring 2009**
- January:** - Skiing, Snowboarding & Tubing – ( WinterPlace, WV )
- February:** - Deep Sea Fishing – ( Morehead City, NC )  
- Horse Back Riding ( NC )
- March:** - Spring Break Trip – ( TBA )  
- Sea Kayaking ( Outer Bank, NC )
- April:** - Wind Surfing – ( Outer Bank, NC )  
- Beach Trip ( Carolina Beach, NC )
- Summer:** - Backpacking, Hiking across Grand Canyon – Arizona

*Subject to change without notice*

CRIMP Office Phone: (910) 630-7440



# Your passport to adventure

Want a certificate that can empower you to work abroad in most countries? A Teaching English as a Second Language (TESL) Certificate can empower you with a career almost anywhere in the world.

Students must complete the certificate program and have at least 60 hours of college level credit to receive their TESL certificate. The required courses listed below will also serve to satisfy the competencies as set forth by the State Department of Public Instruction (SDPI) for an add-on license in ESL. Interested students should discuss the program with Mrs. Jan Turner, the coordinator of the program. or visit <http://www.methodist.edu/fl/academicprograms.htm>.

The required courses are as follows: LAN 320 Introduction to Linguistics, 3 s.h.; LAN 330 Second Language Acquisition, 3 s.h.; EDU 416 Teaching Methods for Foreign Languages and TESL, 3 s.h.; OCL 360 Intercultural Communication, 3 s.h. These courses, considered electives with any major or minor, may be taken in any sequence. Upon successful completion of the entire sequence of 12 s.h., the Department of Modern Languages and Literature will award the official certificate; however, there will be no record of this program on the student's transcript.

# Parents experience the Monarch spirit

This month, new Methodist students are learning about the Monarchs' home, but in October, their parents will experience the Monarch spirit. Family weekend, Oct. 17-19, allows parents to get to know and enjoy the MU campus.

Parents can immerse themselves into university life during this weekend by golfing, working out, eating, and shopping with their students.

"This is an opportunity to showcase the Methodist University spirit and sense of community," said Kim Genova,

director of Career Services and Parent programs. She planned the weekend.

Returning to Family Weekend is Barry Drake, who last year gave a lecture on '70s music. This year, he gets slightly more current as he moves into discussion of '80s music.

Along with the traditional sports and pep rallies, parents will be entertained by a talent show. This is the first ever Methodist talent show that will include faculty, staff and students. Katrina Stanley-Blue of Career Services will host the show.

Genova said she wants parents to feel included.

"This group of parents is more involved in students' lives than ever," said Genova. "We hope to involve them in other aspects of campus so they feel a part of campus community."



## ATTENTION: NEW WORK-STUDY STUDENTS



Welcome to Methodist University! All new work-study students must bring the following to the payroll office: their student ID card, original Social Security card, or any of the documents accepted by the Department of Homeland Security for eligibility of employment (Form I-9). Direct deposit information is also required. These documents must be presented prior to student employees signing their work-study contract.

Please contact the payroll office with any questions:  
910-630-7023, 910-630-7613 or 910-630-7385

or

[cprewitt@methodist.edu](mailto:cprewitt@methodist.edu), [snuckolls@methodist.edu](mailto:snuckolls@methodist.edu),  
[dyeatts@methodist.edu](mailto:dyeatts@methodist.edu)

## MU cuts the cords to the World Wide Web

Plugs are not required to access the Internet in many spots on the Methodist campus with improvements to the network.

"We have doubled our wireless access points," said Tom Marthers, the network manager.

The added wireless areas include several residence halls, classrooms, and the Nimocks Fitness Center. Computer Services also plans to create a wireless access point in the first floor of the Trustees Classroom building.

"The access points were chosen after conducting research and contacting other colleges or universi-

ties to see what they were using," Marther said.

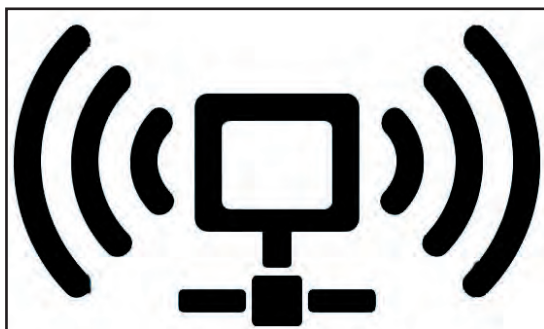
The new networking was not free. With the costs of wiring and equipment, cutting the cords cost \$13,000.

Some areas of the campus will still need cords to connect to the Internet. The system needs a few adjustments to hold more wireless access points.

"Networking equipment and networking locations need to be relocated," said Marther.

Along with the wireless network, Computer Services installed new equipment. The CAC lab in Trustees now has flat panel monitors. Students can try out a new appliance, Virtual Device Infrastructure (VDI)

WYSE Device, in Chris' House. These gadgets use "a small box, monitor, keyboard and mouse, no large computer box," said Marthers. These devices may show up in more places on campus in the future.



# Health Services: There in sickness and in health

Health Services, located in West Hall, provides healthcare, insurance information and wellness education to students. Students may see the registered nurse and receive over-the-counter medication for free or see the physician assistant for a fee. The office also sponsors several educational programs throughout the year.

All full-time day students should be aware that the College has a mandatory student insurance program that is included in their tuition. This insurance is intended to act as a secondary policy to supplement their primary policy. If the student doesn't have insurance, then it will act as the primary. However, there are limitations to it, and it should be reviewed very carefully to avoid accumulating unnecessary medical bills.

Parents should contact their insurance company to ensure that their child's needs are met while away at school. It is also very important that parents explain to their child how their insurance works before they begin school. Students must have their insurance cards with them at all times in the event they need to be seen at a medical facility off campus.

In addition, the state of North Carolina sets specific guidelines for student immunizations. All day students registered for five or more credit hours must have three DTP/aP (Diphtheria,

Tetanus, Pertussis) or Td (Tetanus, Diphtheria) doses; one DTP/aP booster must have been within the past 10 years; Two measles (Rubeola), 1 Mumps, 1 Rubella (MMR is the preferred vaccine) and Polio vaccine if under 18 years. It is also strongly recommended that students have the meningitis vaccine.

If the shots aren't up to date or incomplete, warning letters, phone calls and emails will be sent out. If the student's information is not brought up to date, they will ultimately be asked to leave until it is.



Nurse Sandy Combs

## Hours of Operation

*Student Insurance:* 8 am-5 pm Mon-Fri  
*Nurse:* 8 am-5 pm Mon, Wed, and Fri; 8 am-1 pm Tues and Fri.

*Physician Assistant:* to be announced  
*Women's Wellness (with Physician Assistant):* 5 pm-8 pm Tues.

## Finding Immunization Records

North Carolina does not maintain a central registry of all immunization records; however, here are some tips for tracking down your child's previous shots:

- Check with all of your previous healthcare providers, including visits to the local health department or neighborhood clinic.
- Look through old files as immunization records are often tucked away in a baby book or included in school or camp history forms.
- Check with schools or child care programs your child attended to see if they have a record of immunizations required for entrance.
- Don't forget about any vaccines that were required for college or job entrance.

For tips on finding immunization records from other states visit [www.cdc.gov/vaccines/programs/iis/contacts-state-iis.htm](http://www.cdc.gov/vaccines/programs/iis/contacts-state-iis.htm). It is important to save any information you discover in writing, including the vaccine name, date given, and provider or clinic name. Any local health department or your immunization provider can provide you with a blank lifetime immunization record card.



*No Appointment Required.*

## DEAN TIME

*Come sit with The Dean of Students and tell him your issues or concerns. Mondays, Tuesdays, and Wednesdays from 2-3 p.m. in Berns Student Center, room # 3.*

# Study break! Finding fun in greater Fayetteville

Welcome to America's hometown, where North Carolina delegates ratified the United States Constitution, General Sherman marched and overtook the Confederate-controlled Arsenal, and where we celebrate our history, heroes and hometown feeling.

From coffee house open mics, to independent films, to art galleries, historic museums and fantastic festivals, greater Fayetteville offers plenty of opportunities for fun and entertainment when you're ready to take a break from the books.

## Open mics

To hone your performance skills, or to enjoy fresh new music and a good cuppa, The Coffee Scene at Westwood Shopping Center is one location offering Open Mic nights. Sunday nights are traditionally poetry nights, with wordsmiths presenting their poems from 7pm-11pm. On Mondays, guitarists and other musicians play and sing between 7-10pm. The Rock Shop also offers Open Mics on Mondays from 8pm-2am. Each location has its own crowd, expectations, and rules of conduct.

## The Silver Screen

Standard big-screen feature cinemas, discount movie theatres, and cozy retro independent theatres provide abundant entertainment options. Larger theatres include Carmike 12, Wynnsong 7, and Marketfair 15, while Omni Cinemas offers the big-screen experience for only \$3 -- after the

film has left major movie theatres. Downtown, the Cameo Art House Theater has screened over two hundred art, independent, foreign and classic films. Plus, the snack bar offers a wide variety of gourmet candies, hot teas, cider, cocoa, beer, wine and of course, popcorn and soda.

## The Art Scene

Visual art permeates Cumberland County, from the Fayetteville Museum of Art, to the downtown studios and galleries, to area college exhibits. The Museum of Art, located on Stamper Road, sits in an oasis of tall trees and a large, duck populated pond. With its outdoor sculpture garden, and intimate art gallery, established and rising artists from throughout the region showcase their talents. Historic Downtown Fayetteville is home to a variety of art galleries and studios, such as the Arts Council, Cape Fear Studios, Loafing Artists Studios, and much more. Strolling Hay Street and its little side streets quickly reveals several of greater Fayetteville's artistic treasures. The Arts Council brings an arts festival to downtown Fayetteville on the Fourth Friday of each month with live music performances and new gallery exhibits at over 20 venues. Both Methodist University and Fayetteville State University are home to art galleries that feature rotating exhibits.

## For History Buffs

Discover the depth and breadth

of our region's significant roles in American history. Admission is free, though donations are accepted at the Fayetteville Area Transportation Museum, Museum of the Cape Fear Historical Complex, Fayetteville Independent Light Infantry Museum, Airborne and Special Operations Museum, 82<sup>nd</sup> Airborne Division War Memorial Museum, and JFK Special Warfare Museum.

## F'ville's Broadway

The performing arts scene in Fayetteville has regular theatre, symphony, dance, opera, and other performances at a variety of venues. The Crown Center brings national acts to its stages, and Fayetteville State University brings presentations by nationally recognized groups and speakers. The Cape Fear Regional Theatre produces spectacular musicals and dramas, Gilbert Theatre on Bow Street challenges audiences to think and react, and the Stage Door Theatre presents family-friendly improvisational comedy. The Fayetteville Symphony Orchestra gives several concerts through the year, and Methodist University brings many talented musicians to Reeves Auditorium.

## Rockin' in Town

Live music thrives at a variety of local venues. From independent singer/songwriters, to established rock and punk bands, live music performances take place around the city every day of the week.

Greater Fayetteville celebrates music, diversity, and patriotism with several festivals throughout the year. Residents and visitors have enjoyed free concerts by nationally recognized names such as Hootie and the Blowfish, Anna Nalick, and Wynnona Judd. The Fayetteville Dogwood Festival,



International Folk Festival, and Operation: Celebrate Freedom have all received recognition as Southeast Tourism Society Top 20 Events. Sankofa Festival, Umoja Festival, and various regional heritage festivals take place each year, bringing crowds to celebrate various aspects of our area's history, culture, and the arts.

## Attention Sports Fans

If you're in the mood for some exciting sports, Fayetteville is proud to be the hometown of the Fayetteville FireAntz, the 2007 Southern Professional Hockey League Champions. Other professional sports teams include the Fayetteville Guard Indoor Arena Football and Swampdogs Baseball. Greater Fayetteville's Pro sports teams have each had very strong seasons. Fayetteville Motor Speedway has a race nearly every week during the warmer months on its dirt race track. Other area sports include rugby, soccer, basketball, various distance races, bike races, and of course, golf.

## For Nature Nuts

Looking for something a little more active? We have hiking & biking trails, indoor rock climb-

ing, a massive skateboarding park, bowling, miniature golf, golf courses galore and more! Many area attractions and activities are listed at [www.VisitFayettevilleNC.com](http://www.VisitFayettevilleNC.com). The links page also links out to other area resources such as movie schedules, area newspapers, and local organizations.

With all the exciting things going on, you're bound to have friends and family who will want to come visit you. You can book hotel rooms online at [www.VisitFayettevilleNC.com](http://www.VisitFayettevilleNC.com) and find out about fun things to do in the area, on the same site. Add TheHomeOfTheBrave as your MySpace Friend and receive weekly calendars of fun things to do around Fayetteville.

Welcome to our community of History, Heroes, and a Hometown Feeling! Please, make yourself at home.

## Where to go for more info:

[www.VisitFayettevilleNC.com](http://www.VisitFayettevilleNC.com)  
[www.MySpace.com/TheHomeOfTheBrave](http://www.MySpace.com/TheHomeOfTheBrave)  
[www.fayobserver.com](http://www.fayobserver.com)  
[www.theartscouncil.com](http://www.theartscouncil.com)  
[www.myspace.com/fayettevil-livemusic](http://www.myspace.com/fayettevil-livemusic)



# Fall 2008 Schedule

## All activities listed are FREE

### August

18 - Registration  
 19 - Day classes begin  
 19 - Poster Sales, Bern's Student Center  
 19 - BYOB (Banana), Chris's House  
 20 - Extreme Madness, Basketball Courts  
*Skydiving simulator, rock climbing wall, bungee trampoline, and did someone say FREE T-shirts?*  
 22 - Movie on the Football Field  
 25 - Cash Cart, could be anywhere, look out for free prizes!  
 26 - Last day to add a class or drop w/o record  
 27 - MTV's Real World's Ruthie, Bern's Student Center

### September

3 - Chapter 6 and American Idol star Luke Menard, Reeves Auditorium  
 3 - Bowling, Northview Lanes  
 5 - Last day to submit "Intent to Graduate" forms for December graduation  
 5 - Bell Tower Live, Bell Tower Courtyard, dinner 5-7 p.m., live music 7-9 p.m.  
 6 - Team Rootberry, juggling insanity, Monarch Zone  
 8 - Opening Convocation, Reeves, 11 a.m.  
 10 - Womanless Beauty Pageant w/ Comedian Adam Ace, Bern's Student Center  
 17 - Casino Night, Bern's Student Center  
 19 - Movie and a Meal, Bern's Student Center  
 29 - Cash Cart, could be anywhere

### October

1 - Country Western Night, Bell Tower Courtyard  
 3 - Bell Tower Live, Bell Tower

### Courtyard

13-14 - Fall Break  
 17 - Family Weekend, Barry Drake  
 80's Rock N Roll, Bern's Student Center  
 22 - Sex Signals, Bern's Student Center  
 24 - Recycled Percussion, Reeves Auditorium  
 27 - Senior Early Registration begins  
 28 - Junior Early Registration begins  
 30 - Freshman Early Registration begins  
 27 - Cash Cart, could be anywhere  
 29 - Hoopla Frenzy, Riddle Center

### November

1 - Homecoming dance, AIT Building Downtown  
 7 - Bell Tower Live, Bell Tower Courtyard  
 8 - Pigskin Palooza Chili Cookout, Monarch Zone  
 12 - Hypnotist Daniel James, Bern's Student Center  
 14 - Movie and a Meal, Bern's Student Center  
 16 - Destination Unknown, You've got to show up to find out  
 17 - Cash Cart, could be anywhere  
 24 - Last day to drop a class with WP or WF  
 26-30 Thanksgiving Holiday

### December

2 - Last day of class  
 2 - Exam Breakfast, Green and Gold Café  
 3 - Reading Day/Last day to adjust Spring schedule  
 4-11 - Final Exams  
 13 - Baccalaureate service, 10:30 a.m.  
 13 - Graduation, 2 p.m.  
 13 - Residence halls close at 5 p.m.

## Preparation for leadership

By Andrew Ziegler, Ph.D.  
 Director, Tally Center for Leadership Development

Today's university students are tomorrow's leaders. That means you! So, what can you do to develop your leadership potential? How will you get the skills and capabilities needed for the challenges of the future? One avenue open to all Methodist University students is to enroll in courses in the Leadership Studies Program.

Hundreds of students pursuing careers in business, science, government, medicine, and other professions have all benefited greatly from training they received in the Leadership Studies Program. These students understood that leadership skills are an important part of any career preparation. They loved the opportunities provided through our leadership

courses and activities, and they proudly included their leadership training on resumes and job applications.

Employers are willing to pay top salaries to graduates with confidence and initiative, to people who can solve problems and make decisions, work with teams, plan and execute complex projects, communicate well, and take

Story continued page 8



Students who participate in the Leadership Studies Program develop their leadership potential.

## Business, Marketing, and Management majors

Are you looking for student work in your area of study?

The Development and Alumni Affairs Office, the fund-raising arm of Methodist University is looking for student workers to assist with filing, constituent research, events, and various other tasks in their office.



(Horner Administration Building)  
 If interested please call  
 Krista Lee at x7200 to apply!

# Why you should go Greek

At first glance, the university experience can seem overwhelming. The Greek community gives students the chance to have a support network away from home. The individual chapter will become like a family, and friendships will last a lifetime. By choosing to become a member of a Greek organization, your student will meet people who will grow to be close friends, people who will cheer your student on when he/she is successful and who will support him/her when the going gets tough. Greek organizations promote the development of close ties between members through living, studying, working and having fun together. Members also meet new people through community service projects, participating in campus events and chapter events.

Academic success is an important part of college life. One of the central purposes of fraternities and sororities is to promote academic excellence. Each organization requires a minimum grade point average to remain an active member of the chapter. All chapters emphasize the value of academic success and will help their members achieve this success with scholarship programs, study halls, incentive programs and study buddies. Because the Greek community puts so much emphasis on scholastics, it consistently has a higher cumulative grade point average than the non-affiliated students.

Greek organizations allow members the opportunity to expand and develop their leadership skills. Members of the Greek community are represented in most campus groups including Student Government

Association, Orientation Leaders and many more.

Every year Greek students give thousands of hours of service to the community. Members donate time to help with projects such as Habitat for Humanity, reading to underprivileged children, Adopt-A-Highway and the Special Olympics. Greeks also sponsor fund-raising activities for charitable organizations. Each fraternity and sorority chapter has its own national philanthropy, which it supports on an ongoing basis. Chapters have special events to raise money for their particular projects.

With the job market becoming increasingly competitive, a college degree no longer guarantees a successful career. In today's job market it is not only important what your student knows, but who your student knows. When someone joins a fraternity or sorority, he/she not only becomes friends with the members of that chapter, but also begins building relationships with the families and friends of those members and alumni from all over the country. By joining a Greek letter organization, a person can create an entire network of people, from which could possibly come a future employer, a spouse or a lifelong friend.

National research projects conducted by the Center for Advanced Social Research at the University of Missouri provide data on why membership in a fraternity or sorority may be

a beneficial choice.

Following graduation, Greek-affiliated alumni have higher average incomes than non-Greek alumni. Even when accounting for parents' educational levels, graduation year and gender, students who were affiliated with fraternities and sororities have significantly higher average incomes following graduation. Students who join fraternities and sororities are 28 percent more likely to return to school the following year than students who choose not to join.

Joining a fraternity or sorority does carry a financial commitment. Each chapter is self-supporting through dues paid by their members. When students join a Greek letter organization, they also agree to pay dues and fees while in school to maintain membership. Although chapters may make accommodations for special needs, students should discuss the financial obligations with their parent(s) before deciding to join.

## Greek Statistics

All but two of the US presidents, since 1825 have been Greek

All but two of the US vice presidents, since 1825 have been Greek

30% of US Congressmen/women are Greek

42% of US Senators are Greek

40% of all Supreme Court Justices have been Greek

30% of Fortune 500 Executives are Greek

10% of all listed in Who's Who are Greek

71% of Greeks graduate college, while only about 50% of non-greeks do

All of the Apollo 11 astronauts were Greek

Greeks make up only 2% of the US Population

Over 85% of the student leaders on some 730 campuses are members of a Greek-letter organization.



## Preparation for Leadership

Continued from page 7

charge of others. In today's job market, these leadership qualities are often far more important than one's major. Colleges and universities today must provide both academic education and practical training.

Students can pursue a minor in Leadership Studies, or you can simply take one or two leadership courses as electives to improve your skills and competitiveness.

You can begin your preparation for leadership in the next semester. This Fall, the Leadership Studies Program will be offering LSS 300, Principles of Leadership, and LSS 340, Contemporary Issues in Leadership. With no prerequisites, both courses are open to all students, including freshmen. Check with your advisor or in the Class Schedule for class days and times.

For information, contact Dr. Andrew Ziegler, 630-7488, [aziegler@methodist.edu](mailto:aziegler@methodist.edu), or Dr. Bill Watt, 630-7191, [wmwatt@methodist.edu](mailto:wmwatt@methodist.edu).

Don't miss this opportunity! Get a head start on your future today!

## Greeks invade Methodist

In the fall of 2007 several motivated Methodist students came together to enhance student life at Methodist University. Their goal was to revive the once existing Greek Life at Methodist University. These special students soon became the driving force behind Methodist's new Greek Life on campus, forming several groups.

The initial groups were the Adelpian Society, the Sigma Society, and Omega Xi. The Adelpians evolved into the current Alpha Delta Pi Colony and the Sigma Society evolved into the current Kappa Sigma Colony. Omega Xi decided to stay as a local fraternity for the time, but

plans to affiliate with the national fraternity Sigma Nu. The chartering of Kappa Sigma and Alpha Delta Pi are scheduled for October 2008. The Omega Xi's are planning to become a colony of Sigma Nu in the early fall.

From the beginning, these groups combined their efforts to provide local community service activities such as the Ronald McDonald House and donating their time to tutor children at a local elementary school. The combined efforts of these groups contributed a total of 3,674 hours community service hours for the 2007 academic school year, and members are looking forward to many more community service events planned

for the fall.

Greeks are also looking to get involved with activities on campus. One of the new activities the Greek Life Program will be involved with this year is Bell Tower Live, which is also sponsored by the Student Government Association and Student Activities Committee. The event will showcase live bands and include free food. Bell Tower Live will take place during the first Friday of every month on the quad.

If you have any questions or suggestions about Methodist Greek Life, please contact the Greek Life Coordinator Clifton R. Bobbitt at 910-630-7242.



## Freshman seminar gets reading program

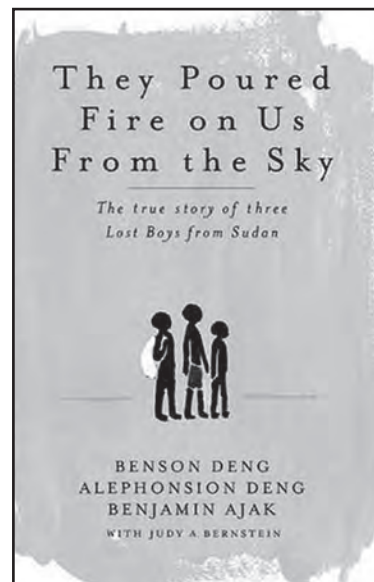
This fall, freshman students will be the first class to experience the new IDS 110, Freshman Seminar. The new program will include a reading program, a new textbook, and a campus involvement program. The changes will provide unity in the program and encourage students to join in discussions of current world events.

The freshman reading program has been implemented to encourage reading in daily life and encourage students to discuss literature outside of the classroom. Since all sections of the class will be reading the same book, students are encouraged to discuss the book with their friends participating in other classes. Each year a new novel will be chosen, though all will have a global focus and will deal with current issues.

This year's selected novel "They Poured Fire on Us From the Sky: The True Story of Three Lost Boys from Sudan" by Benson Deng, Alephonsion Deng, and Benjamin Ajak. This book is a true story of survival as told by three boys who lose everything during Sudan's civil war. They and thousands of children are forced to leave their homes and hide in the bush as their houses burn and family and friends are slaughtered. The boys walk for months, day and night, crossing deserts and mountains to find refugee camps. It is a story of strength and ingenuity as the boys do what they must to stay alive. Their story is a testament of courage throughout extraordinary hardship.

This particular book was chosen because it deals with a current world issue which some students may not be familiar with. Also, it details the experiences of young people overcoming adversity. The book not only allows students an opportunity to discuss cultures other than their own but also offers an example for dealing with hardships in their own lives.

Students are encouraged to read the book before coming to class, however the instructor



will guide students through a more in-depth reading of the novel. Students will participate in class discussions and write several short papers throughout the semester. The program will be concluded with a longer final paper which will likely serve as the final for the course.

All of the students at Methodist are encouraged to read "They Poured Fire on Us From the Sky." This will encourage discussion outside of the freshman class as well as prepare students for fall convocation, where two of the authors will be guest speakers.

The reading program will be supplemented by the new textbook, "Ethics in College Student Life," and by a "Passport to Campus" program. The text is a compilation of real life situations that students may encounter, which will encourage class discussion and development of critical thinking. The passport program requires students to attend nine campus events during their first semester.

All of the changes are designed to get students more involved in campus life and to encourage them to think critically about issues at home and abroad. These qualities will help freshmen become more successful as students and, in the end, more successful in life.

## Summer students solve case of murdered mannequin as part of Crime Scene Investigation

Crime Scene Photography came alive this summer for nine MU students who took a Special Topics Course focused on the proper methods of documenting crime scenes by digital photography. The course culminated with the processing of an outdoor crime scene that featured a murdered mannequin, several pieces of physical evidence, and fingerprints left by the "perpetrator" on glass doors.

Students also learned about blood spatter, dust impressions, fingerprinting, alternate light sources, and other crime scene processing equipment while completing the Crime Scene Investigation course, which is offered each spring and summer. Students of the evening school went to the Fayetteville Police Range and shot a variety of weapons, including the civilian equivalent of the military M16. The training benefit of actually shooting weapons at various targets is extremely important in understanding how gunshot residue can be evaluated at shooting scenes.

The program also has a skeleton mascot, named SHAUN, who doubles as a training aid for students. The skeleton's name is an acronym of the five manners of death that are

listed on death certificates: Suicide, Homicide, Accidental, Undetermined, and Natural.

Forensic Science is a concentration of either the Justice Studies degree or Chemistry degree here at Methodist.

If you are interested in taking a Forensic Science course, or courses, contact Professor Pauly at 630-7420, or 263-4720.



ABOVE: Justice Studies Chair Dr. Eric See, left, and adjunct professor Josh Phillips oversee student Heather Schneider with a military M16 at the Fayetteville Police Range. TOP: Forensic Science's mascot, SHAUN.

# Evolution of the Monarch: From crown to mane

It's good to be a Monarch, but it's great to be King. Sure, every king is a monarch, but at Methodist University there's only one King, the fun and furry mascot of MU.

However, King as you know him today is relatively new. Back in the early 1960s, students of then-named Methodist College chose the school's first mascot, a Monarch. The mascot was created after the school began participating in intercollegiate athletics.

The original Monarch was meant to be a ruler of countries rather than the king of the jungle. In a 1963 or 1964 picture of the first mascot, who was portrayed by Jerry Marcus, the Monarch shows no resemblance to today's lion. Marcus is shown wearing a cloak, crown and sash, along with a white long-sleeved shirt, white pants, tall dark socks and sneakers.

Somewhere along the way, someone must have decided the school needed something a bit fiercer on the sidelines of sporting events. There are few records documenting the switch, but MU Historian Bill Billings says that the mascot became a lion sometime in the early 1970s.

Head Cheer/Dance Coach and Director of MU Spirit Programs Melissa Hay says that the Monarch lion has gone through about three costume variations over the decades. The most recent look for the mascot was introduced about three years ago, replacing a mascot suit that had been in use since about 1998. At the same time, the mascot got a new identity, "King." Previously, the mascot had just been called the Monarch.

"The name was announced at Homecoming," Hay said. "There was a contest to name him. The winning name was submitted by Assistant Football Coach Carl Funerburk."

Since last year, King has been brought to life by then-

freshman Andre Harris, who is returning to the job this year. This summer, Harris became the first MU mascot to attend the National Cheerleading Association's special mascot camp in Myrtle Beach, S.C.

"King won the Most Collegiate Mascot completion," Hay said. "The award represents how the overall character of the mascot ties in with your school spirit. It's an indicator of how well the mascot represents the school and the student body."

Students will continue to see a lot of King on campus this year, at sporting events, pep rallies and everywhere else. He's even on Facebook, as King Mascot.

"We really have done a lot with the idea of giving King an identity and making him a symbol of our campus."

In early 1963, the Board of Trustees approved a program of intercollegiate athletics for Methodist College. In 1963-64, the college began intercollegiate competition in basketball and bowling. Sometime

in the spring of 1963, the students chose a Monarch (king) as their mascot.



Above, the latest and greatest mascot. Top left, an older lion Monarch mascot. Left, the original Monarch mascot.

## Monarch spirit and traditions, a how-to guide

Welcome to the jungle, new Monarchs! To survive here, you should know how a Monarch walks the walk and talks the talk. Here is a breakdown of Monarch traditions you should know so you can join the pride and show your school spirit:

### Gold Rush

At the Sept. 6 football game against Campbell, students can show their school ID and pick up their Gold Rush t-shirts at the Monarch Zone. The shirts are sponsored by Chick-fil-A and Soffe. Throughout the year, all athletic teams will have one home game that will be designated as a Gold Rush game, where students should wear their Gold Rush shirts and try to turn the home section of the bleachers into a massive show of Monarch gold. Chick-fil-A will also give out free sandwich coupons to every student that wears a Gold Rush shirt at specified athletic events.

"The goal for the game on Sept. 6 is to have the entire home football side covered in gold shirts," Cheerleading Coach Melissa Hay said.

### Monarch Zone

The Monarch Zone tradition was started last year at every home football game, and it's back again, bigger and better in the Berns parking lot and surrounding streets. The Monarch Zone is the place to be before every home football game. Along with food, fun and free stuff, radio station 96.5 The Drive will be in the Zone at every Monarch Zone, broadcasting live prior to kickoff. Local businesses and student organizations can set up tables in the Zone and help set the spirit for the event. There is no cost for student organizations to set up in the Zone, but they must register a table with Coach Hay by the Monday prior to the game. Some of the business that will be in the Zone this year will be Docks at the Capitol and Chick-fil-A.

Right before kickoff, the Monarch Zone is the last stop on the Monarch March. Join the pep band, and cheerleaders as they escort mascot King into the stadium to the tune of the MU fight song.

### Pep Rallies

Pep rallies were also new last year. They were started to help inform students about all of the athletic events going on during the weekends, increase school spirit and excitement about games. Every athletic team has an opportunity to be showcased at a pep rally during the year and encourage students to attend. Pep rallies are held every Friday before home football games. In the spring, the time of the pep rallies will be announced.

### Chick-fil-A Cow and Fan of the Game

The Chick-fil-A cow will be out in full force at select home football and basketball games, giving out sandwich coupons, t-shirts and miniature cows. All other sports will have the Chick-fil-A Fan of the Game contest. Two students will be selected from the crowd for each contest and given VIP seating on cow beanbag chairs and a free Chick-fil-A meal.

# Your Local Area Network: Building a Campus Wide Web of Friends

First year students are most successful when they have a network of good friends at college and plenty of enjoyable social activities. Building a network of friends is not an easy task but a very important one. Much of what you learned about developing friendships in high school will apply here, yet your Methodist University experience will be entirely different in many ways. What follows is an adaptation of writer Carol Weinberg's tips for making the most of your college experience.

## Take advantage of opportunities to meet a wide variety of people.

The possibilities offered at Methodist University for meeting new people start with orientation activities. Those who make a point of attending and getting involved will make connections right away. The college continues to offer such opportunities through the programs of Student Activities and Campus Recreation. There are many other well-publicized events going on throughout the year and sponsored by Student Activities, Intermural Programs, Residence Hall Association, Campus Ministry and a long list of other activities and organizations. Pay attention to flyers posted around campus and to e-mailed announcements.

## Check out many options for involvement.

Not only does the college itself offer events and activities, there are many student organizations here who plan their own. These organizations do everything from going on outdoor adventures together to doing community service work.

Check out lots of different options. Keep an open mind. Go to things that only barely interest you. You never know who you might meet or how much you might enjoy things you have never tried before. With some experience you will soon know which activities to which you want to make a commitment. Don't take on too much or get over involved. But do resolve to try something new every semester. College is all about new experiences.

## Be the one who says hello first.

Some students just naturally walk up to anybody and start a conversation. For some people this is really hard to do. People who are naturally outgoing get labeled as friendly. Unfortunately people who are not naturally outgoing get labeled as unfriendly. Don't let that label stick to you. Everyone who works at it can learn to start up a conversation with a stranger. Here is how. Listen to the what naturally outgoing people say when they start conversations and memorize some opening lines. Focus on questions to ask to get people talking. Once you have someone talking to you the ball is rolling. All you have to do is listen. Almost everybody loves to talk when they have an attentive audience. Listen to them and they will think you are a very interesting person! A little practice builds confidence.

## Hold on to your values but be open to new ideas.

College offers you a chance to try out new ideas and new behaviors. Don't abandon what you know is right for you. Use good sense. Having fun doesn't need to cost you your

health or your grades. Some students will drink or smoke too much and some will neglect their sleep and their studies in favor of fun. But there is no need to make that choice. Most students at Methodist University have adventures and enjoy new things and experiences without sacrificing what is important to them. Watch those around you and stick with the WINNERS.

## Be selective about those you get close to.

It is quite often great fun to enjoy a friendship with someone totally different from you. When it comes to getting really close to people, though, it is best to be selective. Take your time. Pay attention. Is this going to be the kind of relationship or friendship where you do all the giving? Is this person trustworthy? Is it possible to be both serious and fun with this person? Consider all these questions before you decide to be emotionally or physically intimate. Sometimes students want so much to have a special friend that they settle for less than they deserve. Shop around. Take your time. You are worth it.

## Balance is key.

College life is a time when people experience new things and expand their limits as well as a time to get an education and prepare for a career. Pay attention to balance in your life and you will be one of the winners.

For more information on adjusting to college life, please feel free to call the Center for Personal Development at 630-7150 or visit us in Pearce Hall.

# Your guide to avoid 'Roommate Hell'

Students have a long list of things to pack before they are ready to move into their dorm room, but along with the pillows, clothes and special mementos, students also need to remember their communication skills. Organizer bins and separate closet space can help, but communication is the real key to living with another person in a small space because roommates can bring such different living styles and habits with them. Neatness habits, study habits, music preferences, room temperature, sleeping hours and invited and uninvited guests are just a few of the differences which create opportunities for roommates to get on each other's nerves. To help you avoid "Roommate Hell," here are a few tips from the staff at the Center for Personal Development.

## Talk it over from the beginning.

Get off on the right foot with a conversation about all the differences between you. Keep it casual but honest. Say to your roommate, "Tell me all the things that other people do that drive you crazy and I will tell you my list. Then we can try to help each other stay sane." If you start talking about such things early in your relationship, you establish a habit of talking honestly and openly. Later disagreements, when they arise, will be easier to talk through.

## Set limits.

One of the biggest roommate mistakes people make is letting themselves get walked on. If you start off a relationship by putting up with unacceptable behavior, you

can bet that behavior will escalate. Human beings tend to just try and get by with whatever they can. When your roommate bothers you (notice we said when, not if) start off on the right foot by calmly, kindly, but firmly saying "I really don't like this. Can we talk about it?" This way you train your roommate to respect you. Don't speak up and you will train your roommate to take advantage of you.

## Listen to another view point. Keep an open mind and value diversity.

People are different in their values and preferences. Differences bring variety and interest. You can hold onto and cherish your own values and still respect other people's perspectives and customs and their right to be different.

## Don't communicate about everything. Stay out of your roommate's business.

Roommates usually have parents and, like you, are usually tired of them running their lives. The last thing a roommate wants is for you to take over where their parents left off. Unless your roommate's choices create a health or safety issue or compromise the quality of your life, the best practice is to mind your own business. Don't let yourself fall into a trap of giving advice or managing another person's affairs. If you are the advice giver or manager and things turn out well, they will probably take credit for it themselves anyway. If your advice or management doesn't work out, you can bet you will get the credit for that! Don't go there. Manage your life and let your room-

mate manage his or her own.

There are exceptions. One way a roommate's behavior can compromise the quality of your life at Methodist University is through the possession of alcohol and other drugs or associated paraphernalia. Roommates are both held responsible for contraband in a room. Don't let someone else's bad habits threaten your college career. Talk it over with them as soon as you notice it. If the situation doesn't change, get help.

## When you name a problem, also name a possible solution.

This practice keeps your conversation solution oriented and not problem oriented. Let's say your roommate has atrocious taste in music. Hear the difference between these two approaches: "Will you shut down that awful noise!?!?" and, "I really don't enjoy that style of music. Do you suppose we could find a style we both like and agree to play that when we are both in the room?" Suggesting solutions keeps you both working toward liking living together rather than hating it.

If the problem is a minor one and your solution doesn't work, you may decide to just live with it or let it go. If it is not a minor problem, after you have made several suggestions and haven't gotten anywhere toward a solution; you will probably want to talk to your Resident Advisor (RA) about helping you resolve the problem. In this case, it is a good idea to talk to your roommate and say something like "I hope and

expect that we can work this out between us, but if we can't, let's talk to the RA about it." If you bring in the RA without expressing the intent first, chances are you will create animosity and tension in your relationship which might be harder to resolve later.

## Communicate your need for help early.

Following the suggestions above will result in an enjoyable or at least livable roommate situation, MOST of the time. When you have tried and tried and it gets worse not better, it is time to get help. Don't just let things continue to deteriorate while you become more and more miserable. There are several options available to you. The place to begin is to talk it over with your RA. These people are students who have lots of experience with roommate living and are trained to help you work out your differences. If the problem still can't be resolved, take it to your Area Coordinator or Resident Director. These adults, living in the Residence Hall system, have seen it all before and know how to help. Moving to another room may be your best option. If it is your best option, a move can usually be arranged. Let them in on the problem before it drives you crazy. The Residence Life staff care about you and want your experience at Methodist University to be top notch. Let them help.

For more information on adjusting to college life, please feel free to call the Center for Personal Development at 630-7150 or visit us in Pearce Hall.

## Careers Under Construction: Build your future at Career Services

Career Services is busy planning an exciting year of events for you! This year, we'll be coming around campus with our hardhats and tool belts to assist you with the career planning process. After all, your career is under construction and the building process begins on your first day of college.

The services that we offer include resume critiquing, interview skills, dressing for success, internship and job search strategies, interest, skills and abilities assessments, negotiating a job offer, and other skills needed to prepare you for life after MU. We'll provide you with information on Career Fairs, job and internship opportunities, and other valuable resources needed for you to plan for success.

It's important that you register with the Office of Career Services at [www.methodist.edu/careerservices](http://www.methodist.edu/careerservices), so we can keep you updated of upcoming events, workshops, and opportunities. Your success is important to us and we hope that you take advantage of the services available.



Career Services teaches students how to dress for success, interview, write resumes, and gain confidence. With these skills, employers will be impressed!

## 7 Steps to Student Employment

**Financial Aid Office:** Get your award amount from the Financial Aid Office located in Stout Hall.

**You must Register:** On-line with Career Services prior to inquiring about student employment. [www.methodist.edu/careerservices](http://www.methodist.edu/careerservices) College Central Network.

**Student Employment Office:** Get your Student Employment Acceptance Form and required payroll forms from the Office of Career Services and Student Employment located on the first floor of the Berns Student Center.

**Select a Job:** Have your supervisor complete and sign the Student Employment Acceptance Form.

**Student Employment Office:** Return the signed Acceptance Form to the Office of Career Services and Student Employment. You will be informed when to pickup your student contract at this time.

**Payroll Office:** Take your student ID, original Social Security Card, I-20 (if applicable), completed tax forms and direct deposit form to the Payroll Office located in the Horner Administration Building. You will sign your student contract at this time.

**Go To Work!**

# Less swoop, students can learn to cope

The sound of the blades whipping in the wind can be heard, but it's not the Black Hawks from Ft. Bragg. It's the helicopter parents of the college student.

Perhaps the term is new to you, but others may have heard it frequently. Helicopter parents hover closely overhead, rarely out of reach of their children. College administrators, staff and faculty cringe at the thought of helicopter parents. Parents resent the label -- they're simply taking an active role in their child's education and who can blame them? After all, most of them are paying the bills, so they have a right to be involved and know what's happening. Meanwhile, colleges are trying to form responsible, independent adults ready for the world.

So, how do both groups accomplish their goals? Methodist University understands that today's students are from a unique generation. This is a group that has never existed without internet and cell phones. Microwave ovens are a basic kitchen appliance and drive-thru service is a way of life. This group is accustomed to immediate answers, not accustomed to waiting and has rarely faced a problem that their parents couldn't solve. They have the knowledge and potential to solve the problems of world peace, find a cure for cancer and inflict ethics in government.

They will do what was once perceived as impossible, but only if allowed.

College personnel understand the need for parent's involvement in their child's education and Methodist University provides several avenues for you to take that interest and feel a part of the education process. One of those is the Parents' Association at Methodist University, which is a wonderful way to stay in contact with the campus and bond with other parents experiencing the same concerns. The Parents' Association is also in the process of rebirth and invites your ideas and participation. Registration forms are found at [www.methodist.edu/parentprograms](http://www.methodist.edu/parentprograms). Your ideas, questions and participation are always needed.

But what if you're still not comfortable with the situation? Here are some tips to make this transition process a little easier for you both.

1. Let your child call you.
2. Stay out of roommate, social and grading disputes.
3. Take a coaching role in the area of finance.
4. Engage in activities that are personally rewarding.
5. Be aware of the difference between helpful involvement and unproductive hovering.

The college staff is well-trained to handle just about every situation that arises on a college campus. Avenues are available for parents to maintain an active role in the student's education, through The Parent Association, volunteer experiences, internships and job positions.

Remember: Your child is no longer a child. He or she is a young adult about to embark on future endeavors. Allowing him or her the opportunity to be independent, mature, and yes, make mistakes, will provide him or her the necessary skills and knowledge to be a successful individual in this world. Land your helicopter and trust that your student is prepared for the next exciting phase of their life. Be ready to listen, but encourage your student to react to situations on their own.

By working together,

we can all help form responsible, independent adults who are ready for the world.



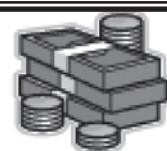
## Calling all Future Social Workers, Public Servants, and Educators!

If your goal is to make a difference for others you might make a great Peer Educator/Counselor.

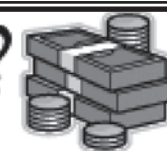
Peer Educators/Counselors educate and promote individual and community wellness by presenting outreach projects on campus.

We have openings for student employees, interns, and volunteers.

Pick up an application at The Center for Personal Development in Pearce Hall or call us at 910-630-7150 and request an application by email.



## Need Money?



Don't qualify for Work Study?

Apply to be a Methodist University Phonathon Caller!  
Build your resume and gain valuable work experience while making money!  
Work Hours are Evenings and Sundays.

Contact Lauren Wike at [lwike@methodist.edu](mailto:lwike@methodist.edu) or at 630-7167 to apply!  
Applications are available in the Development Office, Horner Building.



## EARN \$8/HOUR!



# Army ROTC @ Methodist University

*Be a part of our Methodist University Army ROTC Team*



# ARMY ROTC

**Get a great start as a Methodist University freshman.** MSC 101 is a one credit class with a focus on leadership. We meet Wednesday afternoons for one hour and you also have the opportunity to participate in our leadership labs, physical fitness training, and weekend field training exercises if you want. This is a "see how I like it" class with no obligation to the Army.

**You get leadership excellence.** Our leadership is hands on – not limited to the classroom. You will be leading a squad through a problem, taking charge, learning and applying critical thinking.

**Full scholarship available.** We have the best scholarship. It pays for the entire tuition here at Methodist University. You receive a monthly stipend of \$300-\$500 dollars a month. And Methodist University gives you up to \$4000 a year.

**Best physical fitness program anywhere.** We take pride in being physically fit. You will work as a team to get in the best shape ever – aerobically, strength training, and flexibility are all integrated in a proven fitness program. Great for you no matter what else you want to do.

For further information available contact Lieutenant Colonel John Robbins, Assistant Professor of Military Science. Phone: (910) 630-7693. Email: [robbins@methodist.edu](mailto:robbins@methodist.edu).

# ORIENTATION SCHEDULE

## Thursday, August 14, 2008

- 7:00 a.m. - 4:30 p.m. IDs and vehicle registration  
Berns Student Center
- 8:00 a.m. - 5:00 p.m. All campus offices are open.
- 8:00 a.m. - 1:00 p.m. Move in to residence halls
- 11:00 a.m. - 1:30 p.m. Lunch  
Green and Gold Café
- 2:00 p.m. - 3:30 p.m. Commuter Student Check-In  
Berns Student Center
- 3:00 p.m. - 4:00 p.m. Loan Counseling  
Science Building, Room 222
- 4:00 p.m. - 4:45 p.m. Welcome Ceremony and MU Pep Rally  
Reeves Auditorium
- 4:45 p.m. - 5:45 p.m. Meet your Orientation Leader *STUDENTS*
- 5:00 p.m. - 7:00 p.m. Family Cookout  
The Quad
- 8:00 p.m. - 9:30 p.m. Meetings/socials in the residence halls *STUDENTS*  
Lobby of your Residence Hall
- 8:00 p.m. - 9:00 p.m. Parent's Mixer *PARENTS*  
Reeves Auditorium Lobby

## Friday, August 15, 2008

- 8:00 a.m. - 5:00 p.m. All campus offices are open.
- 8:00 a.m. - 4:30 p.m. IDs and vehicle registration  
Berns Student Center
- 8:30 a.m. - 9:30 a.m. Breakfast with Orientation Leaders *STUDENTS*  
Green & Gold Café
- 8:30 a.m. - 9:30 a.m. President's Breakfast *PARENTS*  
President's Home
- 9:45 a.m. - 10:45 a.m. Student Development and Services Sessions *STUDENTS*  
Reality Check (Serengeti)  
Healthy Choices (Kilimanjaro)  
Career Lift Off (Zanzibar)  
Getting Off To A Good Start (Tanzania)
- 9:45 a.m. - 10:30 a.m. President and Academic Dean *PARENTS*  
Reeves Auditorium
- 10:45 a.m. - 12:00 p.m. Academic Break Out Sessions *PARENTS*
- 11:00 a.m. - 12:00 p.m. Student Development and Services Sessions *STUDENTS*  
Reality Check (Tanzania)  
Healthy Choices (Serengeti)  
Career Lift Off (Kilimanjaro)  
Getting Off To A Good Start (Zanzibar)
- 12:00 a.m. - 1:30 p.m. Lunch with University Seminar Instructors *STUDENTS*
- 12:00 a.m. - 1:30 p.m. Lunch *PARENTS*  
Green & Gold Café
- 1:45 p.m. - 2:15 p.m. Academic Overview *STUDENTS*
- 1:45 p.m. - 2:30 p.m. Substance Abuse in the University Environment *PARENTS*  
Reeves Auditorium
- 2:30 p.m. - 4:30 p.m. Individual Advising Meetings *STUDENTS*
- 2:45 p.m. - 4:00 p.m. Student Development and Services Overview *PARENTS*  
Reeves Auditorium
- 4:00 p.m. Parents depart campus
- 4:30 p.m. - 8:30 p.m. Bell Tower Live  
The Quad
- 9:00 p.m. - 10:30 p.m. Monarch Madness: Music Video Bingo  
Berns Student Center

## Saturday, August 16, 2008

- 9:00 a.m. - 10:00 a.m. Breakfast  
Green & Gold Café
- 9:45 a.m. - 10:15 a.m. Load Buses  
Berns/Riddle Parking Lot
- 10:15 a.m. Depart for Camp Rockfish
- 11:00 a.m. - 6:00 p.m. A Rockfish Experience  
Camp Rockfish
- 6:45 p.m. - 8:00 p.m. Dinner  
Green & Gold Café
- 9:00 p.m. - 12:00 a.m. Monarch Madness: Foam Dance Party  
Outdoor Basketball Court

## Sunday, August 17, 2008

- 11:00 a.m. - 12:00 a.m. Chapel  
Hensdale Chapel
- 11:00 a.m. - 1:30 p.m. Brunch  
Green & Gold Café
- 1:45 p.m. - 2:45 p.m. Student Development and Services Sessions  
Reality Check (Zanzibar)  
Healthy Choices (Tanzania)  
Career Lift Off (Serengeti)  
Getting Off To A Good Start (Kilimanjaro)
- 3:00 p.m. - 4:00 p.m. Student Development and Services Sessions  
Reality Check (Kilimanjaro)  
Healthy Choices (Zanzibar)  
Career Lift Off (Tanzania)  
Getting Off To A Good Start (Serengeti)
- 4:15 p.m. - 5:00 p.m. Freshmen Leadership Interest Meeting  
Science Auditorium, Room 222
- 6:00 p.m. - 8:00 p.m. Freshmen Induction Banquet  
Riddle Center
- 9:00 p.m. - 11:00 p.m. Monarch Madness: Magician/Mentalist Daniel Martin  
Berns Student Center

## Monday, August 18, 2008

- 7:00 a.m. - 9:30 a.m. Breakfast  
Green and Gold Café
- 10:00 a.m. - 11:00 a.m. English Placement Exam  
Trustees 325
- 10:00 a.m. - 10:30 a.m. Spanish Placement Exam  
Trustees 109
- 11:30 a.m. - 1:00 p.m. Lunch  
Green & Gold Café
- 12:00 p.m. - 4:00 p.m. University Fair  
Nimocks Fitness Center
- 1:00 p.m. - 1:30 p.m. Spanish Placement Exam  
Trustees 109
- 4:00 p.m. - 5:00 p.m. Scholars Reception  
President's Home
- 5:00 p.m. - 7:00 p.m. Dinner  
Green & Gold Café

### Student Development and Services Concurrent Session Locations:

Reality Check	Clark Auditorium
Healthy Choices	Nimocks Fitness Center
Career Lift Off	Math Hall or Allison Hall
Getting Off To A Good Start	Alumni Dining Room

### Academic Sessions

- Professional Golf Management  
Reeves Auditorium or  
Alumni Dining Room
- School of Arts and Humanities  
Hensdale Chapel
- Reeves School of Business  
Clark Auditorium
- School of Public Affairs  
New Science Building,  
Room 122
- School of Science and Human  
Development Science  
Building, Room 222
- Undeclared Majors  
G-5, lower level of  
Reeves Auditorium



**Alpha Delta Pi**

Hello to all the newcomers, and incoming freshmen! My name is Krystal Poirier, and I was a member of ADPi last semester and volunteered with so many awesome events. Being a part of a sorority on Methodist's campus helps with leadership opportunities, it gives every single female a welcoming environment, it can help with networking, and most of all- it is all your sisters!

Last year was amazing for all the Alpha Delta Pi girls. We held a Date Auction and we got several free dinner coupons, and we auctioned off our girls and Kappa Sigma guys for some FREE DINNERS! We also went to most of the campus events together, like International Night, all you could see was a row of blue shirts on, all ADPi. The sorority had several dinners in the cafeteria together, and we had a blast. For the ADPi's that were Residents Assistants, we would gather in their dorm and watch Greek Life on television for their duty nights. Methodist has so many sporting events, and ADPi would always support each of the teams, and wear our blue to the games. The sisters also got together with Kappa Sigma brothers and made bags of necessary supplies to donate to the homeless. This past year was filled with great things, and I can't wait to see what the next year of ADPi will bring to Methodist University.

Since joining Alpha Delta Pi, I have met several sisters from other campuses during the summer. You have the opportunity to automatically connect with other sisters of ADPi from across the country. Being a sister means having something so special, that someone you've never even met can be called your friend, but more importantly, your sister.

Being a part of Alpha Delta Pi has been a great experience so far. I can't wait to see the new faces, and everything we will accomplish together as sisters in the coming years. Come join us, and see for yourself!

Krystal Poirier

Welcome to Methodist University,

On behalf of the Omega Xi fraternity and all of the Greek organizations on campus, I would like to welcome you to our school. As a Greek community we are dedicated to making Methodist a better place to be, whether it is promoting school spirit or doing projects to improve our campus.

Omega Xi offers men of all ages a rich heritage, based on sound and tested principles of personal integrity, responsibility, and honesty. Omega Xi seeks to create an environment for its members in which lasting friendships and a deeper love for mankind is achieved.

It is important to join some sort of club or organization while here at Methodist. Being a part of something bigger than yourself gives you a sense of purpose and belonging and will make your stay here at Methodist a lot more enjoyable.

Be sure to keep your eyes opened for flyers about Omega Xi's and the other Greek organizations' events.

Hope to see you soon,

Dustin Autry  
President of Omega Xi Fraternity

August 14, 2008

Dear freshman males of the class of 2012,

On behalf of the Brothers of Kappa Sigma Fraternity, we would like to personally welcome you to Methodist University. Kappa Sigma is the largest and first nationally recognized fraternity on the Methodist campus. Throughout the past year, the brothers of Kappa Sigma have worked hard to bring Greek life to Methodist University. Kappa Sigma has helped spark new friendships and provided students with a new outlet for social interaction. Kappa Sigma has some exciting events and activities planned for the 2008-2009 school year and we encourage everyone to come and participate. We hope you have a wonderful start to the new school year, and we look forward to meeting you around campus.

In Best Regards,

Brice Busse  
Grand Master  
Kappa Sigma Fraternity



# Housing and Residence Life Dictionary

**Bulletin Boards:** Sometimes the decorated boards that you see in residence halls are just for fun, but other times they contain valuable information. The RA staff changes the bulletin boards on a monthly basis and uses them to beautify your community and to provide information. Please be courteous and refrain from tearing them down.

**Director of Housing and Residence Life:** A professional live-in staff member who's responsible for the overall function of residential life, otherwise known as on-campus housing. She is the direct supervisor of the RC staff. Her department is part of the Student Development and Services Division and she reports directly to the Vice President for Student Services and Development.

**Door Decorations:** "Door Decs" are the decorations you'll find on your room door. Most contain at least your name and room number, however, they might also contain your birthday, hometown, or major. The RA staff prepares these for you before you arrive to welcome you into the community and help you learn your neighbors' names.

**First Year Experience Director:** The "FYE Director" is a professional live-in staff member who's responsible for the overall function of the First Year Experience Program in Pearce Hall. She reports directly to the Director for Housing and Residence Life.



**Hall Council:** Each residence hall has an elected president, vice president, treasurer, secretary and public relations chairperson that make up its Hall Council. Floor representatives are nominated by students living on their respective floors. The Hall Council serves to keep the RC informed on issues with the facility, programming, or any other community concerns. Hall Council is a function of the Residence Hall Association.

**Housing and Residence Life Office:** This office is located on the second floor of the Bern's Student Center. The Director of Housing and Residence Life and the Residence Hall Association work out of this office. Be advised, if you have a question about your specific hall, the best person to ask is your RC. The RC's office is located in his or her hall, with the exception of Pearce and West Halls. You may find these two RCs in either Cumberland or Weaver Halls.

**Lobby Worker:** A student worker who mans the guest sign-in table in the lobby of the traditional residence halls, answers general questions and communicates with the Resident Assistant on duty. These students generally get paid to do homework!

**Resident Assistant:** The "RA" is a student leader who provides programming, builds community and serves as the first line of contact for the residential student. Each building has one RA on duty each night of the week. The RA reports directly to his or her Residential Coordinator.

**Residential Coordinator:** The "RC" is a professional live-in staff member who's responsible for the overall function of one or more of the nine residence halls. RCs are the direct supervisor of the RAs and lobby workers. The RC has at least a bachelor's degree but may have a master's degree as well. There are six RCs and they report directly to the Director of Housing and Residence Life.

**Residential Coordinator's Office Hours:** Like your professors, RCs hold office hours each week. These office hours are posted on the RC's door and do not change on a weekly basis. Your RC will be more than happy to meet with you during office hours, or set up an appointment at another time.

**Visitation Violation:** Getting caught with a guest outside of visitation hours, or not properly signing in a guest in a traditional residence hall.

**Work Order System:** Computerized system in which residents can place work orders for their rooms and halls. Work Orders are sent electronically directly to maintenance and followed up on by the RA staff.

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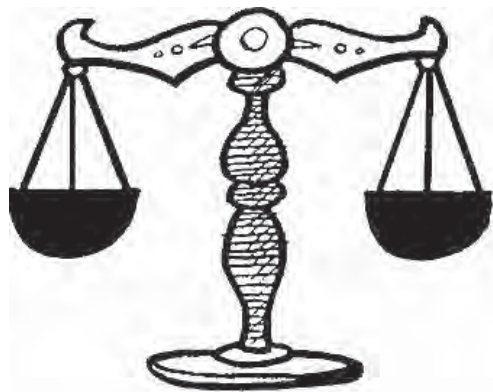


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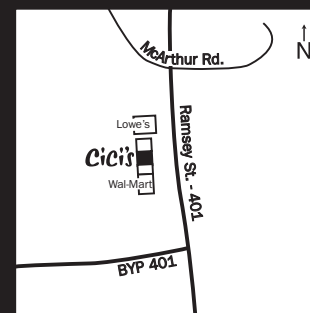
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# Many choices make getting involved easy

There are more than 70 clubs, organizations, fraternities and sororities that you can join at Methodist University. In fact, there's so many we could only list them. For information on specific groups, go to [www.methodist.edu/Student\\_life/clubs.htm](http://www.methodist.edu/Student_life/clubs.htm).

Accounting Club  
Alpha Chi (National Honor Scholastic Society)  
Alpha Phi Sigma (National Criminal Justice Honor Society)  
Alpha Psi Omega (National Theatre Honorary Fraternity)  
Alpha Sigma Lambda (National Honor Society for Adult Learners in Continuing Education)  
American College of Health Care Executives - ACHE  
Beta Beta Beta (Science Honorary)  
Campus Recreation Intramural Program - CRIMP  
Carillon — the student annual  
Chamber Music Ensemble  
Chi Delta Chi (Veterans/Family Members Honor Society)  
Computer Science and Mathematics Club  
Concert Choir  
Crime Stoppers  
Criminal Justice Association  
Dance Team  
Delta Mu Delta (National Business Honor Society)  
Dr. Harvey Estes Student Society (PA Student Organization)

Fellowship of Christian Athletes (FCA)  
Guitar Ensemble  
Health Occupations Society  
Hockey Club  
In His Grip  
International Business Club  
International Club  
Iota Tau Alpha (Athletic Training Honor Society)  
Jazz Ensemble  
Kappa Delta Pi (International Education Honorary Society)  
Linguasphere  
Marketing Club  
Men's Bible Study  
Men's Lacrosse Club  
Methodist University Democratic Party  
Methodist University Golf Association  
Methodist University Model United Nations Club  
Methodist University Professional Tennis Association  
Methodist University Republican Club  
Methodist University Sport Management Club  
Methodist University Student Athletic Training Association  
Monarch Playmakers  
National Association of Teachers of Singing Novelties  
Omicron Delta Kappa  
One Spirit (Scholarship Vocal Ensemble)  
Orchestra  
Outdoor Adventure Club  
Peer Counseling

Pep Band  
Phi Alpha (National Social Work Honor Society)  
Phi Alpha Gamma  
Phi Alpha Theta (National History Honor Society)  
Phi Sigma Iota (Foreign Language Honorary)  
Pi Sigma Alpha (National Political Science Honor Society)  
Psi Chi (Psychology Honor Society)  
Psychology Club  
Residence Hall Association (RHA)  
Resort Management Club  
ROTC-Raider Team  
RUSH Campus Ministry  
SAC (Student Activities Council)  
Sigma Omega Chi (Sociology Honor Society)  
Sigma Tau Delta (English Honor Society)  
smallTALK — the campus newspaper  
Social Work Club  
Student Athlete Advisory Committee (SAAC)  
Student Chapter of the Council for Exceptional Children  
Student Education Association  
Student Government Association  
Student Music Educators National Conference  
Students in Free Enterprise (SIFE)  
Symphonic Band  
Synergy (Show Choir)  
Tapestry — the literary and art magazine  
Women's Bible Study

## Methodist newbie Mustard is university's first webzine

By *Sharron Sypult, Mustard advisor*

From prostitution to football, Mustard magazine tells it all and much more.

Mustard is MU's first student webzine, figuratively hot off the press and unprecedented at MU. Mustard arrived last spring via the new journalism program and is open to any and all MU students.

"Why Mustard for a name?" Quite simply, the mustard seed is the smallest of seeds but can become great. And "...if you have faith as a grain of mustard seed...nothing will be impossible to you" (Matthew 17:20-21). The seed for MU's first online student magazine was small indeed. Our faith in its possibilities is quite strong. And it has the promise of the future. Then there's the first two letters of Mustard: MU. Do we need more?

It isn't surprising the business of news and spread of information are different. Our technology has changed dramatically, and our resources are shrinking. Then there's Al Gore and "An Inconvenient Truth." You did see that documentary, didn't you?

You've probably heard that newspapers are dinosaurs — big, slow, clumsy. You might have heard that newspapers will be extinct in a few years as subscriptions dwindle and the news business evolves into a species more visual and entertaining and interactive.

Gazing into our crystal ball, we see a digital news nirvana like Google with customized news feeds and instant news portals. Mustard is at the forefront of this changing world and whatever new gizmos are at the fore.

As for first stories, there's a video and story called "The Hooker of Bonnie Doone." Doone is a rather unsavory Fayetteville area. Another story deals with Methodist's opening football game with Campbell University on Sept. 6. Will MU have enough seats for the projected 5,000 fans? Or hot dogs? Or toilets?

What about our obsession with Britney Spears (another story)? Do you look like Cinderella? Senior Alicia Bates doesn't and tells us why. Yes, there's sports, entertainment and the satiric and serious as well: the injustices in this country ("I

Pledge Allegiance"), for instance, and "A-2404316," the number on the left arm of sophomore Jessie Heath's great-grandmother.

Mustard came into the world kicking and screaming on April 2. On this day, Mustard was birthed and christened and given a home at MustardMag.com. It was not

easy birthing this baby as HTML (language of the Web) presented many technical hurdles. But once we clear these hurdles, oh, the places we'll go.



Red high heels hint at the story of "The Hooker of Bonnie Doone."

# Get fit at Nimocks

The Nimocks Fitness Center (NFC) has been opened for the one and half years and it's available for all current MU students, faculty and staff. The NFC provides space dedicated to open recreation and intramural programs. The NFC creates opportunities for individuals to improve their total fitness and develop healthy lifestyle habits. The NFC and the specially designed programs can improve a person's sports and recreation skills, reduce stress, increase energy levels and improve strength and endurance, which enhance the positive rewards of an active lifestyle and meet and interact with others.

The NFC has a full line of exercise equipments and the cardio equipments. The NFC houses two basketball courts, a walking track, and 16 different types of exercise and weight lifting equipment, including cardio machines such as treadmills, ellipticals, bikes, and strength training machines to tone and build various target zones, such as the shoulders or legs. There is also a lobby and Freshens Smoothie Bar, where people can just hang out, enjoy a smoothie, and use the wireless internet connection. The hours of operations in the gym are from 6 a.m. to 10 p.m. on Monday through Friday, 12 p.m. to 8 p.m. on Saturday and 1 p.m. to 10 p.m. on Sunday. All students, faculty and staff can use the center for free by presenting their current Methodist University ID card.

The director of Nimocks Fitness Center, Mike Sinkovitz said the center, which opened in April 2007, meets a real need on the campus.

"We've always had a good recreation program, and a good outdoor adventure program here, but we were lacking in wellness and fitness. We had weight rooms, but they were primarily used by the athletic teams and were only open at specific times. The general population couldn't get in there when they wanted to. The new center is designed for the general student population."

Do you want more? Nimocks Fitness Center provides more interesting things other than just exercising inside the building. The Methodist University Campus Recreational & Intramural Program (CRIMP) and the Outdoor Adventure Club office are located inside the Nimocks Fitness Center and provide structured and unstructured leisure time for students. These activities provide students with opportunities to learn skills that will contribute to their social, physical, emotional, and intellectual growth and development. So, if you feel stress from all the hectic school activities, don't worry because CRIMP can always provide great activities that will make you feel much more relaxed and ready to face school activities.

#### Hours of Operation

Mon – Fri 6:00 am - 10:00 pm  
Sat 12:00 pm – 8:00 pm  
Sun 1:00 pm – 10:00 pm

#### Women's ONLY Schedule

Tues and Thur 1:30 PM to  
3:30PM  
11:00 AM to 1:00 PM



Students dribble and dunk on the basketball court of Nimocks Fitness Center.

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Saturday, Dec. 13, 2008  
7:30PM

**"Copland, Mozart & Dvorak"**  
FSU - Seabrook Auditorium  
Saturday, Feb. 21, 2009  
8:00PM

**"Russian Favorites"**  
Methodist University  
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# Everything you wanted to know about campus dining

## Where to eat on campus

Coming to college proves to be a major change in most students' lives. One of the more significant changes is no longer having home cooking. This means that students can no longer raid the refrigerator in the middle of the night or sit down at dinners with the family to discuss the days' events. No college dining hall will ever rival mom's peach cobbler; however, the dining service system and its employees go to great lengths to provide students with an enjoyable meal and atmosphere. Methodist University Dining Services provide five convenient locations: The Green & Gold Café, The Lions Den, Café ala Cart (located in the Trustees building), Chris' House Grab & Go, and Freshens (located in the Nimocks Fitness and Wellness Center).

Special Steak Nights, theme nights, and other special events all serve to enhance meals at Methodist University. The Green & Gold Café also proves to be a great social center. Purchase of the meal plan entitles the individual student to eat in the Green & Gold Café from orientation through graduation, excluding specified holiday periods. The Café has several stations to provide a variety of choices:

### Flash in the Pan

Meals are prepared "Just in Time" right before your eyes! A chef individually prepares items such as stir-fry, sizzling salads, fajitas and more.

### Center of the Plate

Soul warming, stick-to-your ribs cooking such as macaroni and cheese, lasagna and fried chicken served with a creative and gourmet flair.

### Hot off the Grille

The grill serves casual grill favorites such as cheeseburgers and chicken sandwiches.

### Tossed Around Pizza

Classic favorites such as hand tossed pizzas served right out of the oven.

### The Deli Case

Enjoy mouth watering sandwiches made-to-order on a variety of breads.

### Tastechanger Bar

An exciting bar that offers a change of pace in the menu including nacho and baked potato bars.

### Farmers Market

Our Salad Bar is hearty enough

to make it a meal with an assortment of crisp greens, crunchy vegetables, seasonal fresh fruit and savory dressings. We also feature a variety of organic items.

### On the Rise Bakeshop

Top-off your meal with an assortment of fresh baked cookies, cakes, puddings and much more. Remember, *stressed* turned around is *desserts*, and nothing turns a hard day around faster than a treat from our Dessert showcase.

In addition to the great food, we offer monthly promotions to break the everyday monotony of the dining hall. Each month a promotional calendar will be posted in the dining hall, dorms and on the dining web page.

Theme nights include a special menu with music, prizes and decorations. This year, promotions will include Special Holiday Meals, Oktoberfest, and Celerate.



### Outside the Cafe

On the upper level of the Berns Center, we have the Lion's Den. Inside of the Lion's Den we feature Grill 155, Subconnection, and Seattle's Best Coffee. We offer everything from gourmet hamburgers to made-to-order deli sandwiches.

Café a la Cart, is located on the lower level of the Trustees building. We offers gourmet salads and sandwiches; fresh baked muffins, cookies and pastries; bottled beverages, and Starbucks gourmet coffee.

Chris' House Grab and Go is conveniently located in a small home

nestled between the Riddle Center and Residence Halls and houses Student Activities for weekend customers coming in to relax and enjoy a game or movie. We have sodas, chips candy bars, and more.

Freshens Smoothie Bar, located in the Nimocks Fitness and Wellness Center, offers custom blended smoothies containing Fat Free Dairy, Tropical Fruit Juice, Orange and Low Calorie Smoothies.

Dining Services is glad to accommodate students who cannot attend a meal due to illness so long as a note of verification is secured from a member of the Student Life staff.

## How to pay for your food on campus: Meal plans

### Carte Blanche Meal Plan

This plan features unlimited access to the Green & Gold Café, plus \$125.00 Monarch Dollars per semester. The student determines the number of meals eaten per week. There is no need to worry about meals running out before the semester. This plan is the best value. During dining hall hours, the meal plan allows recipients unlimited servings of any food item offered that day. The student can treat a guest to a meal in the cafeteria by using Monarch Dollars.

### Green and Gold Meal Plan

Features limited access of fourteen (14) meals per week in the Green & Gold Café, plus \$250.00 Monarch Dollars per semester. Your student ID card acts as your meal card. This plan is the most flexible in that the student can get a meal in the Lion's Den if he or she misses a meal in the cafeteria.

### Monarch Meal Plan

This plan features limited access of ten (10) meals per week in the Green & Gold Café, plus \$500.00 Monarch Dollars per semester. The \$500.00 can be used at any of the food venues on campus. This plan is available to upper classmen only. It is designed for those students who have a more demanding schedule and off campus internships that take them away from the traditional dining hours.

### Complimentary Apartment Meal Plan

Apartment dwellers receive a complimentary \$100.00 in Declining Balance Dollars per semester as part of their apartment package. *The following optional meal plans are available to students residing in Cape Fear Commons, Creekside, or The Pines apartments and commuters.*

### Monarch Dollars and A Meal Plan

This plan allows the student to eat any five (5) meals a week in the Green & Gold Café and use the \$125.00 Monarch Dollars per semester at any of our dining facilities on campus.

### \$500.00 Declining Balance

This is a declining balance account that can be used at any of our five food locations on campus, tax free. Declining Balance or DCB can be added in any amount desired at any time during the semester. See the MU business office to add Declining Balance Dollars.

### What are Monarch Dollars?

Monarch Dollars are dollars that are attached in your traditional meal plan. Carte Blanche, Green and Gold 14 Meal Plan, or the Monarch Meal 10 Plan, in increments of

\$125, \$250, and \$500 respectively. Monarch Dollars are included in the cost of your meal plan. You may spend these dollars at any of the dining facilities on campus. Monarch Dollars expire at the end of the semester and do not transfer from semester to semester.

### What are Declining Balance Dollars?

Declining Balance Dollars or DCB are dollars that you add voluntarily to your student ID card. This works just like a debit card and can be used at any of our dining facilities on campus. Unspent DCB dollars do transfer from the Fall Semester to the Spring Semester and are non-refundable. However, they do expire at the end of the Spring Semester and do not transfer from year to year. Students residing in the apartment units receive a complimentary \$100 DCB per semester

## Meal Plan Change Form (Fall 2008)

All non-apartment resident dorm students are required to carry a meal plan. Freshmen can only choose from the Carte Blanche Plan or the Green and Gold Meal Plan. Meal Plans are Non-Transferable. Monarch Dollars do not carry over to the next semester and are non refundable. ID Cards are required for all transactions. The weekly meal count for all resident Meal Plans resets every Friday morning.

Please fill out this form and return it to Dining Services in the Green and Gold Café.

First Name \_\_\_\_\_ MI \_\_\_\_\_ Last Name \_\_\_\_\_

Student ID Number \_\_\_\_\_ Phone \_\_\_\_\_

Dorm \_\_\_\_\_ Room \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Please select a Meal Plan Option

Carte Blanche Meal Plan

This plan features unlimited access to the Green & Gold Cafe, plus \$125.00 Monarch Dollars. The student determines the number of meals eaten per week. There is no need to worry about meals running out before the semester. This plan is the best value. During dining hall hours, the meal plan allows recipients unlimited servings of any food item offered that day. The student can treat a guest to a meal in the cafeteria by using Monarch Dollars.

Green and Gold Meal Plan

Features limited access of fourteen (14) meals per week in the Green & Gold Cafe, plus \$250.00 Monarch Dollars per semester. Your student ID card acts as your meal card. This plan is more flexible in that the student has more spending dollars in the Lion's Den if he or she misses a meal in the cafeteria.

Monarch Meal Plan

This plan features limited access of ten (10) meals per week in the Green & Gold Cafe, plus \$500.00 Monarch Dollars per semester. The \$500.00 is set up on your ID card and can be used at any of the food venues on campus. This plan is available to upper classmen only. It is designed for the students who have a more demanding schedule and off campus internships that take them away from the traditional dining hours.

**Students will be assigned to the Green and Gold Meal Plan unless specified. Students have two (2) weeks to change their meal plan options. Make your changes at the Dining Services Office no later than September 2, 2008. If you have any questions, please feel free to contact the Dining Services Office at 910 488-2104**

# Methodist music rocks

Methodist is turning up the volume in the Music Department. For the first time ever, students will have the option of joining an all-men or all-women chorus, playing with the Fayetteville Symphonic Band, or performing in the university's first marching band.

"MU is a GREAT place to continue your musical interests," said Michael Martin, director of Choral Activities.

In the choral program, ensembles have been diversified to offer much more to the campus community. For the first time this year, the program will have both a men's and women's chorus. The groups are non-auditioned and are available to all students.

"Those looking for a complete choral experience need not worry, for these groups will perform some combined pieces at the conclusion of every semester," Martin said.

For a more expanded experience, the MU Chorale remains the premiere choral ensemble of the University responsible for multiple on- and off-campus performances, as well as a spring tour to Orlando during Spring Break. There is also a new group

called, MU Chamber Singers, a new eight-member group formed from the membership of the Chorale. This new ensemble will perform primarily a cappella forms of music from madrigals to vocal jazz. Lastly, the Show Choir Synergy performs pop and Broadway selections.

The instrumental program is expanding, as well, as students from the MU community will perform with local musicians in the Fayetteville Symphonic Band. It is both a University and community band, performing musical works from college to higher levels of difficulty.

"The combination of MU students as well as community members allows us to perform larger and more difficult music than would otherwise be possible with MU students or community members alone," said Larry Wells, director of Instrumental Studies. "It is a win-win situation for both parties. This ensemble performs twice each term as well as at MU Graduation ceremonies."

Also new to the program is the MU Marching Band. MU will be one of only a very few Division III universities in North Carolina to have such a band and its formation begins

this fall. Over the course of the year, the group will formalize itself with new equipment and the purchase of uniforms.

"Students, faculty, and members of the community have been very helpful in the design of our uniform and the entire creation process," said Charles Dumas, director of Athletic Bands. "There is already a feeling of excitement surrounding the formation of this band. The Marching Monarchs will debut in the fall of 2009 and will be open to all students here at Methodist University. The Pep Band this year will be vital to the creation process and will have input as to the music, performances, and structure of the new marching band."

Various other instrumental groups are possible at MU, ranging from chamber to jazz ensembles, which will also include a new competitive indoor drum line and indoor color guard starting in the spring of 2009.

Incentive scholarships are available for most of the groups. If you have any questions regarding the choral program, please contact Michael Martin, Director of Choral Activities at (910) 630-7153 or at

mmartin@methodist.edu. Instrumental queries should be sent to Dr. Larry Wells at (910) 630-7602, or at lwells@methodist.edu. Marching and Pep Band inquiries should be directed to Charles Dumas (910) 630-7673 cdumas@methodist.edu.



Michaela Meyers playing the snare drum.

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## Peace projects bring MU students to Ecuador and Honduras

MU students who participated in this spring's K.W. Davis 100 Projects for Peace competition submitted their dreams of how they could contribute to creating a more peaceful world. Two international projects proposed by MU students were selected and awarded \$10,000 each. Students at more than 100 universities submitted projects.

The initiatives were designed to be put into action this summer either in the US or internationally. The K.W. Davis 100 Projects for Peace invited undergraduate students to design grassroots projects with the objective of encouraging them to try out their own ideas for building peace. The Davis Foundation committed \$1 million for 100 projects. This is the second year that Methodist University students successfully participate in this effort.

Last summer three MU students implemented projects in Ethiopia, India and Afghanistan that addressed clean water or education needs in those areas.

This summer, Marco Marin's and Heather Eckhardt's project built greenhouses in the Andes Mountains of Ecuador. Their objective is to provide for the production of more diverse crops in that extreme environment so the residents of those areas can become more self-sufficient. The greenhouses were built in indigenous communi-

ties where there are not many economic opportunities. An important part of the project is educational, providing teaching on crop production, natural processes, developing incomes through agriculture, hygiene, medicinal plants, etc.

In the second project, Michelle Reyes and Casey Sinkovitz answered a call for help in Honduras by providing medical assistance to the indigenous inhabitants of a very poor remote community. The area possesses great natural beauty and beaches, but its inhabitants lack potable water, electricity and medical care. Supported by local medical volunteers, Michelle and Heather will provide physical exams, vaccinations, health education, environmental sanitation efforts, and animal vaccinations.

These projects benefit more than the residents of those communities. Our students are changed in the process. They develop manual skills and other skills that will stay with them for the rest



MU student Marco Marin, second from right, poses with some of the residents who will benefit from this greenhouse he helped build in Ecuador.

of their lives and can even make them more employable in the future. They learn to deal with government agencies, make cooperative agreements with other NGOs, live under less-than-comfortable conditions, expand their human relation skills and learn about diversity and human understanding while respecting the cultures they live among and help.

## Reaching beyond your roots: Discovering global diversity at MU

Was it difficult to make the decision about going to university away from home? In or out of state? There are students at MU whose decision was much harder since they not only left home, but left their country to come to MU. There are over 80 international students living on campus who come from areas many of us could not even find in the map, such as Mongolia, Siberia, Zimbabwe, and Sudan. 40 countries were represented in our student population in academic year 2007-2008.

The International Programs Office at MU recruits students from all over the world to complete their undergraduate education at our university. This year we will welcome more than 20 new students from Nicaragua, Russia, Belize, China, Ecuador, Bosnia, Costa Rica, Israel, Spain, Honduras, Palestine, Uzbekistan and

Ireland. What an array of cultures they bring to our campus! They offer a great opportunity for American students to learn about them as they learn about Americans. The aim of this program is to provide international students a quality liberal arts education and help US students learn more about internationalism and prepare them for a globally focused work place. Another focus is to promote the development of enduring friendships between students from diverse backgrounds and experiences.

"The total learning experience at MU is enhanced by the students' participation in internationally related activities, such as food festivals, discussions on topics of current world issues, presentations about different



International students perform during last year's African-Caribbean Night.

Story continued page 24

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## Reaching beyond your roots

Continued from page 23

cultures, and traditional American celebrations,” says Magda Baggett, Director for International Programs. “All U.S. citizens are now encouraged to have a passport. Perhaps these new friendships will entice us to use those passports by visiting countries other than those with the familiar resorts, and opening a world of interest to us.”

When you enter the Berns Student Center, you will see a colorful display of international flags. This is part of an ongoing Methodist University tradition that emphasizes the importance of international students by having the first MU graduate from a country present his or her country's flag at graduation. The flag is then displayed at the Berns and at important college functions.

For those students interested in expanding horizons, the International Club encourages their membership and participation in its many activities. The club sponsors social and educational events open to the whole campus. The club's goal is to promote the many cultures represented by its members and an awareness of differences and similarities between them.



“International students are at home at MU,” says Baggett. “They enrich classroom discussions, tutor in their native languages, and are actively involved in various clubs and organizations. But there are some differences that you will notice and which make their friendships with U.S. students more significant since they are not usually as mobile as U.S. students. Most of them do not have families nearby and they are limited by law to working only on campus unless on an off-campus internship, so opportunities for experiences outside of campus can be limited.”

Reaching beyond your comfort zone and extending a hand in friendship may start you on an adventure that will last a lifetime.

## Chris's House

### Your home away from home

*That is, if your home had XM Radio, a Computer Lounge, weekend food services, wireless internet, big screen TVs, a TV/study lounge, new couches and a back deck that's open for cooking.*  
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Chris's House is available for rent to students, free, for events or get togethers.

Study groups, clubs and sports teams welcome! Student-worker positions are available at Chris's House. Student Activities, the Directors of Student Activities and Greek Life are located at the house.



## Are You Interested In....



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...the prospect of being part of a team that has a proud history of winning at Methodist?

...the opportunity to receive a scholarship and course credit from Methodist University for doing all of the above, even if you have no prior experience?

Contact The MU Debate Team at [Debate@Methodist.edu](mailto:Debate@Methodist.edu)



## Student Activities develops Madness

While the next four years will largely be about classes, studying and hard work, the Student Activity Committee knows that you can't study *all* the time, or else you'd go mad. Instead, they'd much rather you tried a little Monarch Madness.

Monarch Madness is a long list of free events put on by SAC each semester to meet your entertainment and socializations needs. The program offers a variety of weekend and late-night activities, usually including food, prizes and other giveaways.

"All of our events are open for all students, both residential and commuter," said Director of Student Activities Doris Jackson. "All of our events are chosen by the Student Activities Committee and students should come to the events because they're paying for them out of their student activity fee."

Events range from simple gatherings such as the Movie and a Meal nights to more elaborate evenings, like Country Western at Berns Student Center. SAC keeps the Madness running all semester, beginning on Aug. 20 by seeing you through those early dorm-decorating days with a poster sale at Berns, until the Exam Breakfast on Dec. 2 in the Green and Gold Cafeteria, where your professors and staff members serve you a late-night breakfast.

Laser tag, cookouts, a sky diving simulator, giant outdoor movies on the football field, dance competitions, special acts like Hypnotist Daniel James, MTV Real World Ruthie from the Hawaii season, and Comedian Adam Ace, pageants such as Miss Methodist, and more are all in store for you this year, thanks to Monarch Madness. A complete list of the fall schedule can be found elsewhere in this paper,



Students gamble with fake money for real prizes at SAC's Casino Night.

under the Fall Calendar.

Sports fans, Monarch Madness has you covered with several Monarch Football tailgating events, a night of free bowling, Hoopla Frenzy, and a regular Sunday afternoon gathering at Chris' House to watch the NFL games.

If you'd like to be a part of the fun, would like to join the Student Activities Committee, or want more information, contact Jackson at [djackson@methodist.edu](mailto:djackson@methodist.edu). The Student Activities Committee meets every Tuesday at 9 p.m. at Chris' House.



### Greeks, Student Government, SAC present Bell Tower Live

Greek Life, SGA, and SAC are working together to entertain students through a new program, Bell Tower Live. The first Friday of every month will bring a new live band to the campus. Students can enjoy music and free food at the bell tower quad.

**Bell Tower Live kicks off Aug. 15 from 4:30-8:30 with the Inner City All-Stars.**



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# Sports

## Monarch teams really know how to score

The 2007-08 season took five teams to NCAA postseason play with three other sports represented by individuals. Four teams won USA South Championships while women's soccer and women's tennis took the sweep with regular season and tournament titles. The Monarchs received 10 All-American honors during the year.

Husein Nasiro-Sigo kicked off the success for the Monarchs during the fall when he qualified for the NCAA National Championship Cross Country race. Nasiro-Sigo completed his career running the 8K in 27:05 in Northfield, Minn.



Sophomore Ashley Kolano kicks the ball with support from teammate Erika Nath.

The Methodist women's soccer team picked up where they left off in 2006 with another undefeated run through the USA South. After winning the regular season title, the Monarchs shut out the competition in the conference tournament to win the first Tournament Championship in program history. With the win, Methodist received an automatic bid to the NCAA Tournament and traveled to Roanoke, Va., for the first round. Senior Chrystal Bradley was named the USA South Tournament's Most Valuable Player and finished her career at the top of the record books for career goals with 82.

During the winter, the men's basketball team finished the year



Senior Travis Winstead prepares to shoot a basket.

with a share of the USA South Conference Championship. The team went 16-10 overall and 8-4 in the conference including a 7-2 record during the final month of the regular season. The Monarchs came up short in overtime of the USA South Tournament semifinal missing out on a chance to return to the NCAA Tournament.

The Monarchs' spring sports continued to triumph in 2008, highlighted by the women's golf team. Head coach Vici Pate led Methodist to its sixth straight National Championship in May. Pate tied the record for the most championships in women's golf history across all divisions and took sole control of the record for consecutive titles. The women opened up with a two stroke lead through the first day of competition and went on to win the championship by 37 strokes.



Sophomore Susan Martin putting at a tournament.

Sophomore Susan Martin came from behind to win the individual championship, three strokes ahead of senior Katie Dick, who tied for second. Freshmen Paige Caldwell tied for 21st and freshman Gretchen McLean placed 26th while junior Sara Dickson tied for 67th. Martin and Dick were also awarded All-American honors.



Junior Matt Bova impressed fans this season.

The men's golf team, also in search of a National Championship, concluded their season with a fourth place finish. After day one the Monarchs were tied for ninth, but the team jumped five spots to earn fourth place honors. Senior Nick Bova and sophomore Josh Schrader were both named First Team All-Americans. Juniors Matt Bova and Tom Cooper were Second Team All-America selections while all four players were named to the South Region Team. Additionally, Methodist head coach Steve Conley was named the South Region's Coach of the Year. Nick Bova represented the United States in the 2008 Fuji Xerox USA vs. Japan Collegiate Golf Championship held July 16-18 at Tokyo Golf Club.

The Methodist women's tennis team received its second consecutive bid to the NCAA Tournament after claiming the USA South Tournament Championship. The Monarchs opened up with a 5-1 victory over Elizabethtown



Freshman Kaitlin Flaherty prepares to serve the ball.

to win their 15<sup>th</sup> straight match. Methodist took on 6<sup>th</sup> ranked Mary Washington in the second round of the NCAA Tournament. Seniors Tiffany Tucker and Jenny Smith won the number one doubles match but the Monarchs lost 5-1. The team finished the season 21-4 overall, with the most wins in Methodist women's tennis history.

Methodist senior Chris Fletcher received a bid to compete in the NCAA Men's Tennis Singles National Championship based on a 21-3 record during the 2008 season. Fletcher entered the tournament ranked eighth in the region and opened with an upset of the No. 5 seed in the Round of 32 and won his second match in the Round of 16 to advance to the Quarterfinals. One of the top eight



Sophomore Dylan Knox waits for the volley.

singles players in the country, Fletcher received All-American honors before falling to the eventual champion, Michael Greenberg of Kenyon College.

The Methodist track and field program enjoyed a great deal of success this year. After junior Tazz Petty took All-American honors at the NCAA Indoor Championships meet for the 55-meter dash, three other teammates were able to join him at the NCAA Outdoor Championships. Petty placed fifth in the 100-meter dash and earned All-American honors once again. The 4x100-meter relay team made up of Petty, Mike Hill, Brandon Kidd and Greg Bailey placed ninth in 44.66 seconds after an injury slowed the team's finish. Bailey also qualified in the 100 and 200-meters, while Hill qualified in the 100-meter dash.



Freshman Tabitha Stephenson hits a home run.

The Methodist softball team put together a successful season ranked as high as eighth in the country during a 21-game winning streak midway through the season. The Monarchs fell just short of their goal to win a USA South Championship, but received their third consecutive bid to the NCAA Tournament. Hosting the tournament for the second straight season, Methodist welcomed six other teams to the Monarch field. Methodist won the first game 2-1 over Ursinus before falling to Neumann and Ursinus to finish their season at 35-12. Senior Rebekah Kelly went on to earn Second Team All-American honors.

# Outdoor intramurals get their own field

It's just two acres of dirt right now, but Mike Sinkovitz sees two acres of intramural competition and student recreation. Sinkovitz, MU's director of Campus Recreation and Intramural Program (CRIMP), has wanted to build an intramural field on campus for several years.

"It's going to expand our intramural programs," Sinkovitz said. "We'll have more teams and new teams, like handball. We plan to be playing on it by the end of October."

Intramural sports are open to all students, faculty and staff and include all sorts of recreational activities, from less physical games like spades or pool to more vigorous athletics, like basketball or softball. Sinkovitz estimates that about 85 percent of the student body par-

ticipates in some form of intramural sports.

"We have 35 basketball teams, and they'll play about 300 games," he said. "That's just basketball."

With the new field, recreational athletes will have their own playing area to use whenever they want. The field is big enough that two flag football games can be held there at once.

"We'll be able to add more outdoor sports," Sinkovitz said. "Before, we had to hold our stuff after varsity teams practiced. We don't have to share athletic fields any more."

Assistant CRIMP Director Kenny Tien said students can use the field for whatever they want.

"If they just want to be running around, that's fine, too," Tien said.

Sinkovitz said that the field



The new field will be the place to play sports like flag football and ultimate Frisbee.

finally became reality after a "generous" donation from President Elton Hendrick's budget.

"It's a joint venture between CRIMP and the president," he said. "It's an \$80,000 project because

we're doing the majority of the work ourselves."

For the past several weeks, if anyone needed Sinkovitz, Tien, or many of their staff, they could only be found at the intramural field, clearing trees, leveling dirt, install-

ing irrigation lines, or doing whatever was needed to build the field.

"It's about time we got it," Sinkovitz said. "It will give an added dimension to our program and be used year-round."

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## Catch the season's first home games

**Football**  
Sept. 6 vs. Campbell, 1 p.m.

**Cross Country**  
Aug. 23, Hot Summer Day 5K, 8 a.m.

**Men's Soccer**  
Sept. 10 vs. Mt. Olive, 4 p.m.

**Women's Soccer**  
Sept. 13 vs. Birmingham-Southern., 2 p.m.

**Volleyball**  
Aug. 29-30 Monarchs Labor Day  
Invitational  
Aug. 29, vs. Columbia, 7 p.m.  
Aug. 30, vs. Messiah, 11 a.m.  
Aug. 30, vs. Columbia, 3 p.m.

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