

The Student Voice of Methodist College

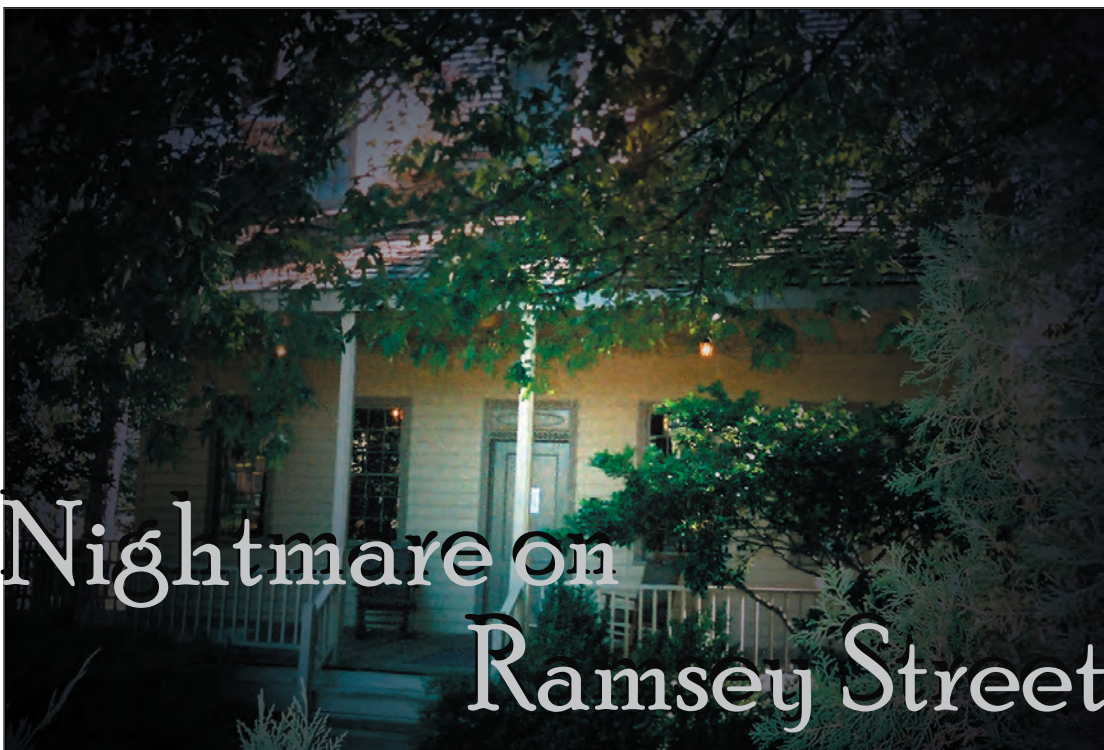
smallTALK

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Fayetteville, North Carolina

Volume 45, Issue 5



Nightmare on Ramsey Street

Photo illustration by Melanie Gibson

Amber Smith
Staff Writer

Are the rumors about Methodist College being haunted really true?

Are there ghosts and apparitions that roam the dorms at night?

No one really knows the answers, but they are a few places on campus that seem to suggest the possibility of spirits.

The Mallett-Rogers House is the oldest house in Cumberland

County. It was built in 1735, and it's on the National Historic Register. It was moved onto campus in 1986.

As for the spook in the house, does it really exist?

Cheryle Rivas doesn't seem to think so. Rivas' office resides in the house. She's never noticed anything out of the ordinary.

Once when she came to her office in the morning, her CD was playing, but she could have turned

it on herself unknowingly. As Rivas puts it, "I haven't seen anything weird."

A former graduate disagrees with Rivas. Rivas met a Methodist alumnus who feels that the house is haunted.

At the least, the house is a historic treasure. The Mallett-Rogers house is 270 years old, and we're fortunate enough to have it as a part of our campus.

But whether or not a spirit truly resides in the house is yet to be seen.

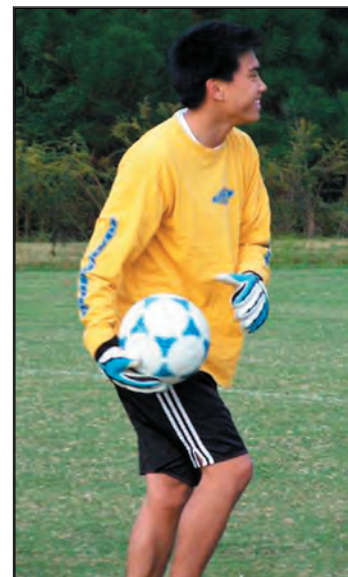
Ground is Officially Broken



The official ground breaking ceremony for the new Science building was held on Oct. 21, 2005. The shovelers pictured above are Mr. Robert N. Shuller, Mr. Richard L. Player III, Mr. Harvey T. Wright II, Mr. Richard L. Player Jr, Mr Vance B. Neal, Mr. Alfred E. Cleveland, Dr. M. Elton Hendricks, Congressman Bob Etheridge, Mr. Richard R. Allen Jr, Mr. Ramon L. Yarborough, Mr. Reid Horne, Dr. J. Wesley Jones, Mr. Ronnie B. Matthews, and Mrs. Sharon T. Matthews. Immediately following, everyone walked up a hill for the groundbreaking of the Fitness and Wellness Center. Photo by Lindsey Hanson.

Kickin' It Up a Notch

Julia Parker
Staff Writer



Goal keeper Drew Ginther rolls the ball into play. Photo by Julia Parker

This past week the international soccer team began preparing for their inaugural season.

The soccer team will play in several tournaments against other squads in the Fayetteville area. They are unsure what the competition will hold but in order to insure they are prepared for anything they are spending lots of time on the practice field.

The team is coached by Sean Houg who organizes practices several times a week. CRIMP director Coach Mike Sinkovitz helped the team get

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Monarchs Sink Captains

The Monarchs beat the Christopher Newport Captains 35 to 28 at the Homecoming game on October 22. The Homecoming game was followed by the annual Homecoming dance at the



Holiday Inn Bordeaux. At the dance, juniors Eric Staley and Shauna Bunn were crowned Homecoming King and Queen.

Photos by Melanie Gibson



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Hoopla Frenzy a Frenzy Indeed

*Julia Parker
Staff Writer*

Hoopla Frenzy honoring the late Chris Ryan on October 26. At the beginning of the event the Ryan family was honored and presented tee shirts by Coach DeeDee Jarman and Coach David Smith.

The purpose of the program was to introduce the members of the cheerleading squad, dance team, men's basketball teams and the women's basketball team.

The Student Activities Committee helped to make the event a memorable one by having hoop shooting games, throwing out lots of tee shirts, and offering water and candy to the students as they entered the gym.

SAC also handed out tickets for a chance to win \$1000. The participant had to make a lay-up, free throw, three point, and half court shot in twenty-four seconds in order to claim the prize. Regrettably the participant with the winning ticket number did not win, but he gave a valiant effort.

The cheerleaders spiced it up with cheers

getting the crowd excited and then displayed an impressive array of high flying stunts. The dance team performed several upbeat numbers and even combined with the cheerleaders for a routine.

The women's basketball team will be returning from a successful season in 2004-2005. The team finished second in the conference tournament. Coach DeeDee Jarman and her experienced coaching staff will no doubt lead the Lady Monarch's to another winning season.

The Lady Monarch's will be led by point guard Doris Richards and forward Monica Cheek.

The men's junior varsity team will be coached by first year coach Tim Ryerson from Wisconsin. The J.V. team will play



The Junior Varsity Team tips off the game. Photo by Julia Parker

several games and put in a lot of practice time in order to improve their skills for the varsity squad.

Coach David Smith and his varsity men's team are the reigning regular season USA South champions and the USA South conference Champions. In the 2004-2005 season Coach Smith's Monarchs made a trip to the NCAA Division III tournament where they advanced to the

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CRIMP Takes On the Big Apple

*Julia Parker
Staff Writer*

Fall break became an exciting fun filled experience for a handful of Methodist College students.

Coach Mike Sinkovitz took a group of 25 students to New York City for a fall break experience they will never

forget. The group stayed near Newark, New Jersey, which is located outside of New York City.

To visit the city, students had to take the train and then navigate the subway system. Sophomore Andrew Ginther commented about the New York subway system, "It was very confusing but once you got the hang of it then I can get around pretty well."

Being in a big city forced the students to sharpen their navigational skills and rely on maps and instinct to get around.



Drew Ginther, Nickey Brewer, Julia Parker, and Rodney West smile for the camera in New York City. Photo contributed by Julia Parker

In the city, students were also exposed to a diversity of cultures. Large amounts of the city's population are the descendants of immigrants from all around the world that flooded New York from 1892 to 1924.

"It was my first time going to New York and it was amazing seeing all of the cultural diversity," said Nickey Brewer.

New York's famous skyline provided many places to visit. Some of the sites that Coach Sink took the students to included Ellis Island, the Statue of Liberty on Liberty Island, the Empire State Building and even an exclusive limited Broadway performance of "Chicago."

Coach Sink provided the students with a fun and exciting alternative to just going home or hanging out on campus for fall break.

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Melanie Gibson

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Opinions Editor
Elizabeth Vargas

Sports Editors
Remille Shipman & Jameson Jones

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Amber Smith
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smallTalk is the student-run newspaper of Methodist College. It is published every other week throughout the school year. The newspaper is editorially independent of Methodist College, and any ideas and opinions expressed herein do not necessarily reflect the views and opinions of the faculty, staff and administration of Methodist College.

smallTalk welcomes Letters to the Editor. All letters should be delivered to the Student Media office on the first floor of Berns Student Center or sent via email to smalltalkstories@hotmail.com.

CORRECTION BOX:

* Dr. Paul Wilson took the Red & Blue photos in our last issue not Melanie Gibson.

WRAL Broadcasts From Chris' House



Local CBS station WRAL broadcasted live from Chris' House on Wednesday October 26. Pictured from left to right: Leesa Moore Craigie and Charlie Gaddy. Seated in the front row are Tim Holverson, Tim Hager, and Dr. Jeanette Council. In the back row is Marshall Isler, Jason Brady, Linda Lee Allan, And Dr. Larry Norris. Photo by Michelle Petty

SOCCKER cont. from page 1 started and will provide them uniforms and help schedule games.

"I am really glad that we get the support from CRIMP to start a team with internationals, that is really cool," said team Captain Kurt Kaempfe.

The team is getting in shape and working on tech-

nical skills for its first game. They are learning to work together in order to be prepared for the competition they will be facing.

"We need work and the guys have will, we just need to work," said Jorge Bravo-Carricales.

Good luck, work hard and bring Methodist back the victory!

“Kansas City, Here I Come”

Steven Magnusen
Managing Editor

From Wednesday, Oct. 26 to Saturday, Oct. 29 four Methodist College students traveled with Student Media Adviser Lindsey Hanson to Kansas City, Missouri for the 2005 National College Media Convention in order to improve the Methodist College newspaper and yearbook.

The aim of the 5-day convention was to ed-



Steven Magnusen, Remille Shipman, Will Montoya and Melanie Gibson hang out between sessions at the convention in Kansas City. Photo by Lindsey Hanson

ucate college newspaper, yearbook, radio, and broadcast staff in their various areas of expertise. Each hour of the day offered a number of sessions concerning different areas of media operations. Some such sessions included “Ethical Issues of Covering the War on Terror,”

“Editorial Writing,” and “Visual Storytelling.” These classes and discussions gave participants an opportunity to learn from experienced professionals, as well as trade ideas and discuss issues with students from other schools.

The attendees from Methodist College included smallTALK Editor-in-Chief Will Montoya, Sports Editor Remille Shipman, Managing Editor Steven Magnusen, and Carillon Editor-in-Chief and smallTALK News Editor Melanie Gibson.

Key-note speakers at the convention included Graydon Carter, an editor at “Vanity Fair,” and photographer Gary Fong, Director of Editorial Graphics Technology at the “San Francisco Chronicle.” The two speakers discussed the place of the journalist in modern media, and how recent changes in the world have affected how the media industry operates.

Library’s TMC Re-Grand Opening

Methodist College hosted a Re-Grand opening of their Teachers Material Center (TMC) on Oct. 24, 2005. The TMC has thousands of materials available for education majors at the Library. Photo by Will Montoya



HOOPLA cont. from page 2

second round. Both teams have promising freshman talent, but it’s the senior leadership that will make a difference in the success of the season.

The men’s team will be lead by senior superstars Eugene Grant and Seth Thomas. Marchise

Jones, Aaron Bahm, and Micheal McEvoy round out the group of experienced and talented seniors.

Hoopla Frenzy allowed the students to meet their 2005-2006 teams and to spread the excitement about MC athletics. Don’t forget to come out and support the teams as they play this season.

Intense Rapids Bring No Fear

Jameson Jones
Co-Sports Editor

Campus Ministries led by Rev. Benjamin Wells took eight daring souls on a whitewater rafting trip in the mountains over Fall Break.

During the weekend, the group rafted the very calm Nantahala River in the western part of North Carolina before attacking the middle part of the Ocoee River in

eastern Tennessee which has been known for Category 4 and 5 rapids.

Categories are used to classify the level of danger and intensity of the rapids



Rev. Wells shows his enthusiasm while navigating the rapids. Photo Contributed by Rev. Wells

and can vary from Category 1’s, which are very calm, to Category 6’s, which

could possibly lead to death if one is not careful when rafting on the river.

After the excitement of rafting, the group did some hiking along the famous Scaly Mountain, which is at approximately 3,800 feet. The summit leads to a great view into Georgia and South Carolina. A person can throw a stone into each state from the summit.

Even with the low turnout, Campus Ministries hopes that more will venture out for whitewater rafting in the year 2006.

Archives: Not Just Dusty Boxes

Areen Fields
Contributing Writer

When most people think of archives, they think of a room full of orderly boxes covered in a slight sheen of dust. This may indeed be an accurate picture, but archives are like the monster in the old sci-fi movie “Forbidden Planet”: the power and the energy are there – you just can’t see them.

What’s in the Methodist College archives? You’re probably not asking yourself that question at this very moment, but I’m going to answer it for you anyway. We have copies of the student handbooks, academic catalogs, student newspapers and other student publications, campus newsletters, photographs, and many other items dating back to the founding of Methodist College.

You may not think these items are relevant to you, but let me tell you about the recent experience

of an MC alumna from the 1970’s. She was applying for a job, and she needed proof that she had completed coursework in a certain subject. A course number and prefix appeared on her transcript, but her prospective employer needed a description of the course content. Where did she turn? The Methodist College archives! I was able to fax a copy of the course description from the catalog to her, and she was very happy. (I hope she got the job!)

The Methodist College archives hold not only records of the college, but in some cases records of the community as well. We have several collections of materials that would make a great research project or independent study:

Carolina College collection: Original photographs, scrapbooks, and publications survive from this college for women which operated in Maxton, North Carolina, from 1912-1926.

Huske/Gilmore collection: We have little background information about these letters and detailed receipts from a local general store dating from the mid 1800’s through the early 1900’s. Why be content with looking at entries in the book “The Value of a Dollar: 1860-1999” when you can see the actual documents?

Primary source documents allow researchers to get away from the textbook approach to history and to make independent observations. We welcome any inquiries from students or faculty who would like to use materials in our collections for a research project.

Archives constitute the institutional memory of any organization: people come and go, but well-preserved records can speak for centuries. We invite you to the library to visit our display observing the first annual North Carolina Archives Week. As Pearl Buck said, “One faces the future with one’s past.”

OPINIONS

The Students' Voice

smallTALK

Remille's Rambling: Random Thoughts

*Remille Shipman
Sports Editor*

Disclaimer: For the past 21 years, millions of thoughts, questions and ideas have been flying in and out my head...and I just wanted to get all of this off my chest. Yes, this is my opinion and mine only, not the opinion of anybody else. I'm not the type of guy offend people, and I hope I don't, but I just felt that Methodist College needed my take on virtually everything that on in this little world of ours..

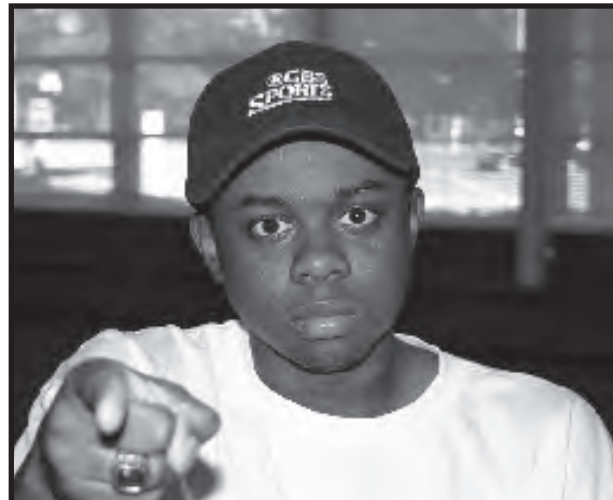
First of all, I'd like to thank everyone for voting for me in the Homecoming King competition in which I placed third. I think I got enough votes to place third because I'm the type of guy that tries to treat everybody the way I think they want to be treated, and I don't try to stereotype others. I really appreciate everyone that voted for me and when my name was announced, I felt totally content with the result, even if I didn't really win. By the way, congratulations to the football team

on making history earlier that evening with the defeat of Christopher Newport. It was a great effort.

If you didn't know already, I went to Kansas City, Missouri to attend the College Media Advisers convention for three days last week, and I had a blast. But one glimpse of the University of Connecticut's The Daily Campus gave me the desire to try out an idea that I originally wanted to do at the beginning of the semester. I wanted to ask every single question about Methodst College that I have wanted to ask during the semester. Here goes...

First of all, I'd like to ask why the cafeteria sucks every Saturday and Sunday at 5 p.m. I know that there are fewer students around to feed on those days for various reasons, but the choices and

the food quality on Saturday and Sunday night leave a lot to be desired. The roast beef that was served about a month ago looked so terrible that my suite-



mate, his friend and I decided to eat at Pierro's instead. I feel that there is no excuse for the café to suck on the weekends. We should receive high-quality service every day, no matter how many students show up to eat.

Why haven't we had any concerts at Methodist in the last year and a half that I've been here

sans the occasional orchestra performance? I feel we don't have to shell out the big bucks to bring Kanye West or the Dave Matthews Band to Methodist, but bring somebody. Who knows, they might hit it big after he, she, or they perform here.

Why do students in the Cape Fear Commons leave their doors open? My father is a security officer at Duke, and he tells me to lock my door at all times. Anything can happen when an unlocked door and a criminal get mixed together.

Despite all of the flak that Campus Security has taken, I can say one thing-I feel safe on this campus. As far as I know, no serious crimes have occurred on campus.

Why was the Pink Bunny allowed to compete in the Homecoming King competition? No offense

to SIFE, but it would be a joke to see him win the whole thing.

Am I a bad NASCAR driver or what? I tried the NASCAR simulator a few weeks ago, and I wrecked almost everything in sight. Oh well.

Maybe I am not paying good enough attention, but sometimes I have to search high and low for freshman involvement in RHA and SGA. I think the few freshmen that do come have a head start on the road to maturing into becoming these organization's future leaders if they so desire.

Why does Methodist's men's basketball team have only eight home games this season?

And finally, I would like to state that the Hitta Hoes are a better team than what they showed at the Powder Puff football game a couple of weeks back.

Well, that's all that I have. If you have any questions or if you disagree with what I just said, e-mail me at eshipman@hotmail.com.

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Dorm Room Recipes

Fast and Easy Meals

Julia Parker
Staff Writer

It's 11:00 pm, you just got finished cramming for a test, and your stomach is growling. What do you do? If you are like a majority of the students on campus you will head to the nearest fast food restaurant and scarf down a greasy meal. This serves the purpose and it will probably make your stomach quit growling, but what if you don't want to drive down Ramsey Street to find a late night morsel? Well, if you have a microwave and a few groceries you are in luck. There is a large variety of healthy and filling snacks that you can prepare via your microwave.



If you hit snooze one too many times and miss breakfast in the café, or if you just have a craving for breakfast food, there are many options that are quick and easy to prepare. You can easily microwave eggs in a sturdy plastic bowl on high heat but be sure that the eggs set and fluffy. Do not eat them if they are still runny. Aunt Jemima has also introduced breakfast croissants and Jimmy Dean sells pre-cooked frozen sausage and bacon that you just heat then eat. If you take the eggs, bacon or sausage, throw on a piece of

cheese, and put it all on a bagel, you will have a convenient on the go breakfast sandwich. If you would like a healthier alternative, Quaker has created oatmeal in a ready to go cup to which you just add hot water. It comes in many flavors, and if you want to add your own touch, you can drain a can of peaches or pears and add them to the oatmeal.

For those late night snacks there is always Ramen Noodles, but they are notoriously high in sodium. If you eat too many then it's quite possible that you might put on "the freshman 15". If you are craving something salty take a Triscuit or Wheat Thin, add a slice of your favorite cheese, and melt it on top. You can also make a tortilla chip dip with melted cheese and salsa. Kraft Easy Mac is also good because you can add things to it as well. Add tuna and you will have a cheesy tuna casserole or add salsa and cooked hamburger and you will have dish with a Mexican flair. If your sweet tooth is active smores taste great even in the microwave. Take two graham crackers, a slice of Hershey's chocolate, mini marshmallows, stack it together, and then melt it. It is a gooey treat and will, without a doubt, satisfy your need for sweets.



By standardizing a test and basing success on stored information, we eliminate many of those who have a true ability to think. Sure, those that pass may have the ability to store information like a computer, but that will seldom serve one in the real world. The measure of intelligence cannot be evaluated by any form, neither paper nor test; therefore by eliminating the chances for those who "don't test well," we eliminate some of the potentially great minds of society.

Working and living in the real world takes more than just the ability to know information, it must be applied. People need the ability to think

and evaluate, and make decisions based on each situation.

The only test that can truly measure this is life in the real world. No test or paper can tell anyone this.

Therefore standardized testing should be eliminated. Students need the opportunity to practice and excel where their talents lie, whether it be a test, a paper, or hands on evaluation, but none of these will ever fully tell us how this person will function in the real world.

We need people who can know information off the top of their heads, and we need people with a true ability to think logically and philosophize. If testing is made standard many of the second group will never be given a chance to prove themselves in a real setting because some airhead who can simply remember stored information like a computer will be the only one who measured up to a very feeble and insufficient standard. Education is about preparation for the real world, and an education based on testing will not provide this for everyone, therefore standardized testing needs to be stopped.

I am not a teacher, so one may ask then where my credentials to make such a bold statement do come from.

The answer is simple; I have been a student almost my entire life, a student who has been discouraged by a system that put so much faith in standardized testing, therefore never taking the SATs because this student was sure to fail. Fortunately, a small college in Vermont gave this student a second chance.



There are many other great microwave recipes that you can experiment with. Just remember to keep a balanced diet, drink lots of water, and exercise regularly. Adequate nutrition and eating regular meals will help you to do well in your classes and give you plenty of energy to enjoy all of the activities that Methodist College has to offer.

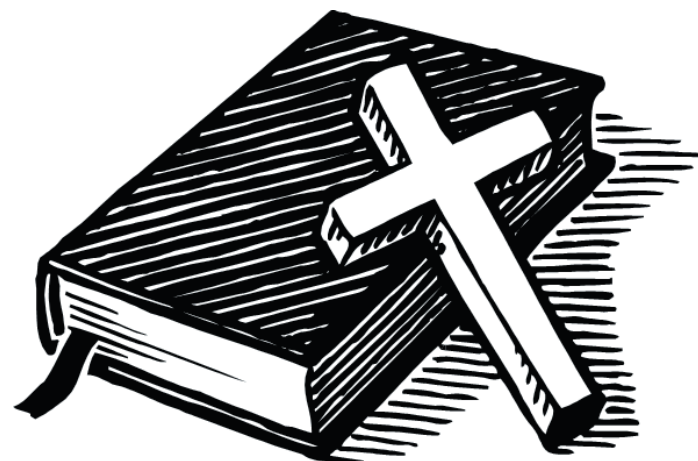
Love Doctors: Love and God

Dear Doctors:

My girlfriend says I've changed and I guess I have. I don't want to lose her, but that seems to be happening. Last summer we both had internships in different states. We 'IM'd each other all the time and had good long talks on the phone. I was sort of lonely, so far away from everyone I knew, so I got involved with a church. I realized then how important faith is to me. I have stayed involved in church activities this semester.

My girlfriend is not pleased. She says she feels left out. I invite her to come along on all my activities, but she always has an excuse not to. I just don't get it. She has supported me in all my goals and everything else. Now I want something that is good for both of us and she is upset about it all the time. I need a solution.

Forced to Choose



Dear Forced,

Faith is a wonderful thing that can fill your life with joy and it is a shame that your girlfriend cannot seem to see the happiness it has brought you.

The best thing that you can do to show her that you still want to be with her is communicate honestly with your girlfriend to discover the real reason that she does not support you.

She may not prefer the denomination that you have gone to and might feel more at ease in a church of her own choice. Just because something is right for you does not mean it is right for her. You may be spending less time with her due to your newfound faith and that could be the reason she feels left out.

Accepting a life-altering situation, such as a new religion, does not happen overnight. Your girlfriend may need time to adjust to the "new you" and your new church. If it does come down to a situation in which your girlfriend forces you to choose, remember this: romances can come and go, but God is forever faithful.

Good luck, Ashley

Dear Forced:

Change is hard for all humans. The change you went through over the summer was gradual for you. You had time to slowly think things through, make up your mind, and increase your involvement in church a little at a time. For your girlfriend it was a drastic and profound change that she had no part in making. No wonder she is upset about it. No one wants to feel replaced; especially when you feel replaced by something you can't possibly compete with like GOD!

Is there a chance you need to bring things into balance a bit? Maybe you could pick some church activities to stick with and some to let go of. Maybe you could dedicate more time to what your girlfriend enjoys. Maybe you could involve her in helping you to make those decisions. If she had some say in it maybe she would be willing to pick something 'churchy' she could do with you.

Read I Corinthians 13 and remember that love is patient and kind and does not seek its own way. Talk to your God and your minister about this problem. In the end, if your girlfriend really does force you to choose, the choice won't be all that hard to make.

Best wishes, Darlene

Get Motivated, Dont Procrastinate

Elizabeth Vargas

Opinions Editor

I entered college with the thought of a real good challenge. Being the very competitive person that I am, I planned to stay on top of things by studying hard and getting work done early CPR and Fitness, College Algebra, and IDS: these are just a couple of the classes I had to take my first year of college. After a while of taking these classes, my expectations declined. I began to slack off. Country singer Kenny Chesney used this line in one of his songs, "We went to class just to pass time." My days became full of sleep, chatting online, and going out. Studying became minute and homework was done right before class. My grades were very good; therefore, I continued to do everything but school work. It was easy to get away with putting things off until last minute; classes were a

cinch. But because of this, I lost all enthusiasm for school.

I continued this pattern throughout my sophomore year. The outcome was still the same. My grades weren't the greatest, but I was still content because I knew how much effort I put into earning them: zero. I honestly can not even tell you if I read through any of my books during this time. I am now going on my third year of college, and procrastination is still my major weakness. Although I got away with it for the first two years, I'm living in agony now. Like baseball, I've attempted to throw a change up, but it has been inefficient because classes are hitting and scoring. Classes are devastatingly harder than they ever have been, and I predict they're

only going to get worse.

It's hard to get motivated when you're studying habits have been nonexistent for half of your college life. "I'll wake up early and study before class," or, "I will start on it once the game is over." We have all heard and used these lines at one point. Are you aware of your chances of waking up from your drunken stupor at 6 a.m. to study for your 8 a.m. class? The chances are slim to none. If you do decide to wake up, do you really think that you are going to absorb three chapters of information in two hours? Not even. Still, knowing what I do, I continue to use these lines. I'm almost positive that the majority of us do the same.

All of us at Methodist College have the potential of being 'A', not as in

average but as admirable students; otherwise, we wouldn't be here. So why is it so hard for us to focus on what is really important at this stage in life? My personal life has always been more important to me than any assignment. For two years, I got caught up in relationships which only weighed my school productivity down. I lost so much time being caught up in drama when I should have been focusing on my school work. I know it's not too late to change, but just think of the time that I have wasted. Where do you see yourself in five years? We all have goals and dreams, but without a good education, they can be easily shattered. Think about it, you or your parents are spending so much money on this college. Why not make the most of it? We are in

college for one reason, and one reason only: to obtain an education which will better our lives in the future. Don't take advantage of this.

For freshmen who think they can get away without studying and doing homework last minute, you're definitely in for a treat. This is not high school. Don't think that classes are going to continue to be easy, because with an exception of the few individuals that are gifted with genius, you will struggle. Learn from my mistakes! Take advantage of the easy classes your first years of college. Instead of settling for a passing grade, go all out because there are going to be times when you're not going to be able to obtain that grade you want. Let this be your motivation to improve.

A Voice From the Wilderness

A voice cries out: "In the wilderness prepare the way of the Lord" Isa 40:3

*By: David Santiago
Staff Writer*

One burning question of truth that has plagued me and many others is the question of "who or what is God?" I don't think we will ever fully comprehend this, but thanks to Jesus, the Holy Spirit, and the Bible we can come close. I've been told many things about God over the years, some that I agree with and more that I don't. Here is a short list of those things that I am sure God is not:

God is not a Protestant, nor a Catholic.
He is not a Calvinist, nor an Arminian.
He is not a Republican, nor a Democrat.
He is not a Capitalist, nor a Communist
He is Not White, Black, Hispanic Asian or anything else (although Jesus was a Middle Eastern Jew, but that a different discussion)
He is not American, Canadian, Mexican, Chinese, Russian, African or Australian.
He is not a man or a woman (I apologize for the gender specific terminology, and yes, Jesus was a man, but again, different discussion.)

Yet, in a way, he is all of these things. Who is God; he is who he said he is when he spoke to Moses, "I AM." When he said this he was not playing games, he was expressing who he was in our feeble human language and understanding. God just IS. He is all that exist, he is all that ever was, is, and is to come. He is the love we have for one another, he is in the sweet melodies of songs lifted up to him on Sunday mornings, he is the prayers lifted up to him from every Baptist tent meeting to every catholic mass, and he is the sacraments (Holy Communion and Baptism plus others depending on your church). God said "I AM". And that is literally what he meant, God just IS. He is every emotion, every face you have ever loved, every soul you have felt compassion for, and every race. He is every nationality, every innocent child, and every frail old woman. He is God, almighty, creator of Heaven and Earth. The Hindu text, The Bhagavad-Gita, expresses the Hindu belief in Brahma in a way that I believe is just as true about God as anything on the Bible says. "Nothing is higher than I am; Arjuna, all that exists is woven on me, like a web of pearls on thread. I am the taste in water, Arjuna, the light in the moon and sun... I am the pure fragrance in earth, the brilliance in fire, the life in all living creatures, the penance in ascetics." This text that was written out side of Christianity beautifully shows a true as true of an expression of God as there ever was. God IS.

Attendance Policy

*Sarah Davenport
Staff Writer*

Going to class is not always easy, but you make every effort to make it there as much as possible.

There are some days, however, that you might be sick, might have to go to an appointment, or might just need what I like to call a "mental health" day. Everyone misses a class sometime.

There are a set number of absences that you are allowed to have for each class, much like a job that gives you sick leave and annual leave. This time allows you to be out, but not penalized.

The professor will usually discuss the policy within the first week and it is almost always on the syllabus. It is up to you, the student, to make sure that you do not miss the specified amount. Otherwise, you will be dropped.

Completely understandable.

What is not understandable, however, is changing the attendance

policy mid-semester.

A change in the attendance policy, whether the professor changed his mind, or the department decided to change theirs, can be very stressful on a student.

You might get sick or take a day off early in the semester because you believe you have five absences. That isn't that many, but it is manageable. So you miss a class.

Then one day, the professor says that it is three, not five. Now, you only have two absences left for the whole semester instead of four. That's a big difference

There is also the possibility that some students might already have maxed out the new amount. Are you going to drop them? That isn't very fair when they thought they had other absences they could use. So you give them a break.

Well, what about the other students that haven't used all of theirs? Are you

going to give them the same break? At that point, you are probably back to the original amount of absences.

But professors don't always give those students that haven't used all their absences that same break. Then they're showing favoritism.

So in all honesty, the attendance policy is fine. I think that we should have one, but that teachers should not have the discretion to change it. If they do change it, it needs to be within reason and discussed with the department chair so as to meet all regulations.

It should not, under any circumstance, be changed during the semester.

It isn't fair for the students who have missed a few and certainly not fair for those who haven't.

The attendance policy for any class needs to be stated in the syllabus and not changed.

Stop the Whining

*Steven Magnusen
Managing Editor*

I've been a student at Methodist for almost three semesters now, and I have frequently heard my classmates complaining about the school. They talk about how there isn't anything to do here, the school doesn't pay attention to student needs, the Cafe sucks, etc.

I believe that many of those who are complaining have only themselves to blame.

There is plenty to do around here if you're actually willing to try new things. There are clubs in almost every area you could want, such as the Newspaper (I apologize for the shameless plug). If there still isn't one that you enjoy, all one has to do is make the effort and they can organize one themselves.

Some claim that the school is too cheap to support new clubs, yet CRIMP has agreed to help the new International Soccer Team buy uniforms and pay for admittance into local soccer leagues. The school is more than willing

to pay for things, but students don't come to them with new ideas.

I also hear a lot of complaining about how the Cafe is terrible all the time. Yet when the Cafeteria Manager organized an opportunity for students to give their input, almost no one came to speak their mind. How can he possibly know what we want if nobody tells him?

The same goes for students complaining about how the administration doesn't care about their needs. When President Hendricks offered his ear to the students in a town hall meeting, not even 20 people came to voice their opinion. To the President, that says that we don't have any problems which would make us angry enough to take action. How is he supposed to understand how students view the school if we don't help him?

If students still have problems with the school, it's their own fault for not caring enough to take action when given the opportunity.



FROM THE DIRECTOR'S DESK

Dear Future Graduate:

AS YOU FORMALIZE YOUR CAREER PLANS, WE WOULD LIKE TO EXTEND TO YOU A SPECIAL INVITATION TO USE THE MANY SERVICES PROVIDED BY THE OFFICE OF CAREER SERVICES. THE STAFF OF THIS OFFICE IS ANXIOUS TO PROVIDE ASSISTANCE TO YOU, WHATEVER YOUR MAJOR OR CAREER INTEREST MAY BE. IT IS IMPORTANT THAT YOU REGISTER WITH THE OFFICE TO COMPLETE THE CAREER PLANNING PROCESS. WHEN SHOULD YOU REGISTER? THE CAREER PLANNING PROCESS SHOULD BEGIN IN YOUR FRESHMAN YEAR AND CONTINUE THROUGH GRADUATION.

THE STAFF WILL ENTHUSIASTICALLY ASSIST YOU IN PREPARING AND/OR REVIEWING YOUR RESUME, IN DESIGNING AND IMPLEMENTING YOUR JOB SEARCH STRATEGIES, AND IN DEVELOPING SELF ASSESSMENT. IN ADDITION TO CAREER COUNSELING, OF SPECIAL VALUE WILL BE THE WORKSHOPS, THE CAREER RESOURCE LIBRARY AND THE CAMPUS RECRUITING PROGRAM. TWO OTHER SIGNIFICANT PROGRAMS, WHICH HELP STUDENTS COMBINE ACADEMICS WITH CAREER RELATED WORK EXPERIENCE, ARE THE COOPERATIVE EDUCATION PROGRAM (COOP), AND INTERNSHIP PROGRAM.

We have developed Career Guides, Brochures and other career oriented materials to assist you in learning about and using the services of the Office of Career Services. Our extensive program of career services and highly skilled staff can help you establish career goals, locate employment possibilities and learn employment skills. Later on, as an alumna/us of Methodist College, you can also obtain services from this Office.

We challenge you to start early on your job search and use all of the resources available to you. During the school year, the Office and companies will sponsor numerous workshops and seminars specifically designed to provide you the most current information on the job market, their company, their expectations, and how you can be competitive. Please plan to take maximum advantage of these opportunities. Those Students, who make use of the Office's services, substantially enhance the possibilities of achieving their career goals. We look forward to assisting you.

Sincerely,
Garland J. Stewart
Garland J. Stewart, Director

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You can access NACElink Connect through our career service's web site at methodist.edu/careerservices, where you can:

- ◆ Search for jobs posted for Methodist College students and alumni;
- ◆ Create and save a resume and cover letter to send to employers advertising positions through this system.
- ◆ Update and tailor a resume and cover letter for specific employers.
- ◆ Create job search agents to notify you of new jobs.
- ◆ Apply for jobs through the system or off-line.

In addition, the Career Services staff is ready to assist you in all your career development and job-search needs. It's never too early to get started working toward your career goals.

Thousands of jobs available NOW!! Let us help you prepare for your future today! For more information, see methodist.edu/careerservices or call us at 910.630.7279.

PRESS RELEASE:

What does the job market hold for the Class of 2006? Find out at your Office of Career Services.

In general, the job market for the college Class of 2006 looks good.

"Employers are optimistic about their hiring plans, and they report that they're seeing more competition for the best new graduates," says Andrea Koncz, employment information manager for the National Association of Colleges and Employers, which tracks job market trends for new grads.

In spite of the positive outlook, Koncz cautions against sitting back and waiting for a job.

"The better job market doesn't mean finding a first job will be an easy ride for seniors," she says. "It's not a job seeker's market; employers still seem to have the upper hand. If you want a job at or soon after graduation, you'll need to work hard at your job search."

Little Things Can Make A Difference in a Search

By DEXTER WEBB

The good news for recent college graduates: Starting salaries are higher than they were a year ago, a new study shows.

Of 62 academic disciplines surveyed, 53 reported an increase in the salary amounts offered to new hires, according to the National Association of Col-

leges and Employers.

Among the biggest gainers were liberal arts/general studies grads. Their average offer is up 13% at \$32,457, the study found.

WHAT TO DO: While newer grads can expect to earn more money, they still have to land the job first. One of the trickier



parts of job hunting is the etiquette of contacting an interviewer following your meeting.

MAJOR SALARIES

Starting-salary offers for new graduates at the bachelor's degree level, on the highest number of offers reported.

Bachelor's Degree Salaries by Region: Business and Humanities & Social Sciences



Major	Avg. Salary Offer
Accounting	\$43,269
Economics/Finance (incl. banking)	\$42,928
Business Administration/Management	\$39,553
Mechanical Engineering	\$50,236
Marketing/Marketing Mgmt. (incl. mktg. research)	\$37,496
Civil Engineering	\$43,679
Electrical/Electronics & Communications Engineering	\$51,888
Chemical Engineering	\$53,813
Computer Science	\$50,820
Industrial/Manufacturing Engineering	\$49,567

Source: 2005 Summer Salary Survey, National Association of Colleges and Employers

Words that Score On a Resume

When you are searching for a new job, a successful resume is your first hurdle to employment. The way you present yourself and your skills via your resume can open the doors to a better variety of interviews.

No matter the industry, every employer is looking for candidates with a specific set of abilities and experiences, which are most often described in the job listing. Listings in management, for example, usually include the words "manage," "leadership," "teamwork" and "motivate." Writing or editing positions might include words such as "creativity," "accuracy" and "deadline." And anything in the technology field, such as Web or graphic design or database management, will absolutely have the specific names of software required on the job.

Your resume should include these same words, which can keep you on top of the pile of applications.

To customize your resume for a particular job, examine the job listing for key words and phrases. Then insert those words where applicable in your resume. But don't overdo it, and never pad your resume with experience you don't have.

If you're making a major career switch or lack some of the employer's preferred experience, insert a statement of your career objective at the top of your resume. This statement should be a brief description of your primary career goal. Include some key words here, and tell the employer how you want to use your experience and skills to benefit your new career path.

FRESHMAN/TRANSFER STUDENTS (Discovery & Awareness)

- Visit OCS and ask a Peer Assistant about services and resources
- Visit OCS to open a credentials file. Assess your interests, skills and values
- Find part-time job opportunities through Financial Aid
- Meet with a Career Counselor to discuss possible majors and career options that fit your interests
- Improve your writing skills (a skill that employers want most)
- Participate in a club, group or on a team; take responsibility for an activity within that organization
- Gain self-awareness by volunteering in an activity of interest
- Explore summer job opportunities to develop new skills
- Register for NACELink, OCS's web-based recruiting system
- Stop by OCS and use the Alumni Career Network to see what alumni have done with various majors
- Visit OCS's web page: www.methodist.edu/careerservices
- Plan for internships/coop programs in your academic field
- Prepare a first resume using OCS resources
- Attend OCS's Job Fairs in the fall and spring
- Take courses that reflect your interests
- Talk with upper-class students about their major



ENTERTAINMENT



Fall in Love “At First Sight”

Ashley Genova
Staff Writer

What happens after “happily ever after?”

Nicholas Sparks explored this question in his latest novel, “At First Sight”.

Unlike his previous works, “At First Sight” is a sequel to another novel by Sparks, “True Believer.” The novel told of how a New York journalist, Jeremy Marsh, fell in love with Lexie Darnell, a librarian in a small North Carolina town.

“At First Sight” begins with the couple

planning their wedding and preparing for the birth of their baby, a miracle doctors said Jeremy would never experience.

However, Jeremy fears that Lexie is hiding something from him, and he receives a strange, anonymous email that plunges him into more uncertainty about his marriage.

“At First Sight” has a new theme for Sparks, a look at the hardships newlyweds face and the fear of becoming parents. Sparks keeps up with his usual setting, a quiet North Carolina town full of beauty.

Also as usual, “At First Sight” is a tearjerker novel full of emotional drama. If you are looking for a good cry, curl up with a box of tissues and read “At First Sight.”

DVD of the Week:



“Star Wars Episode III: Revenge of the Sith”

Joe Aldridge
Entertainment Editor

The final installment of George Lucas’ masterpiece is out in stores now.

“Star Wars Episode III: Revenge of the Sith” was released on November 1.

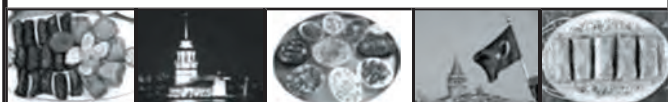
This Two-Disc DVD set is packed with special features. Including: wide-

screen aspect ratio, behind the scenes look at the making of “Revenge of the Sith,” XBOX online offers, and much more.

The “Star Wars” series has been called one of the greatest movie series of all time. And the DVD is being called a must own.

“Star Wars” fans can complete their collection at local stores everywhere.

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Residence Hall Association

Mondays 8 p.m.

Alumni Dining Room 3

Upcoming Events

King of the Hill: Bring a friend to qualify to win free food and great seats at the next home football game on November 12. Drawings are held at the meeting before the game.

Street Smarts: Are you smart enough to predict the responses of your peers? Come see the show that proves just how smart your friends really are. On November 30, join RHA for an evening of big laughs and even bigger competition!

For more information, come to a meeting!

M O V I E S

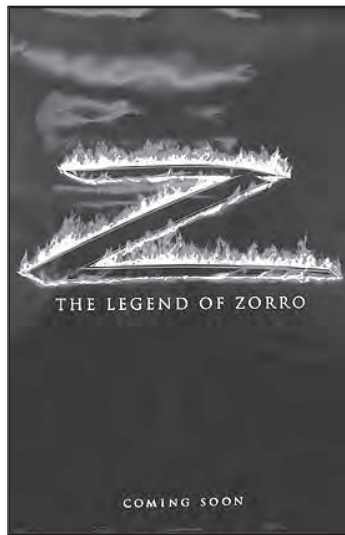
Magnusen & Aldridge



Steven Magnusen
Managing Editor

“The Legend of Zorro” is one movie that I was very skeptical about. I loved “The Mask of Zorro,” the film that brought the Mexican “Fox” back from obscurity. Yet I was afraid that the sequel would just be a poorly thrown-together attempt to make money that wouldn’t at all resemble its predecessor

I turned out to be entirely wrong. “The Legend of Zorro” is an attempt to fully explore the opportunities that the original story left behind. If you were wondering about what happened to the happy couple after the end of



“The Mask of Zorro,” this movie explains in detail.

Antonio Banderas and Catherine Zeta-Jones are the center of the film. Without a doubt, neither of the Zorro films would have been successful without them.

The plot isn’t quite as good as in the first, but it’s still entertaining. Good writing and even better acting cover up the weak spots. Stunts add to the action, and as always, the swordplay is incredibly complex.

If you enjoyed “The Mask of Zorro” at all, “The Legend of Zorro” is one you’ll want to see.



Joe Aldridge
Entertainment Editor

The Rock leads the way in “Doom”.

To those who have played this action packed game, the movie will seem to fall a little short.

The story had to draw in audiences not familiar with the PC game which caused the action to seem less in tense.

The movie just didn’t have nearly as many monsters as the game.

The director did all that he could to re-create the game, he even tried to capture the first person shooter aspect the video game had.

This got some what distracting from the action which was being presented

on screen. Thankfully he didn’t continue this first person view for very long.

The movie was semi-entertaining and had a few laughs, but overall the complexity of the game wasn’t carried on to the big screen as well as some would have liked.

In the realm of games to movies this was better than some, namely “House of the Dead.”

If you are expecting an all out action movie, this might not be the movie for you.

This movie is one you should go into with little expectations, then the film will be a little more enjoyable.

Weekend Box Office Stats:

Rank:	Title:	Weekend:	Total:
1.	The Fog	\$11.8M	\$11.8M
2.	The Curse of the Were-Rabbit	\$11.5M	\$33.1M
3.	Elizabethtown	\$10.6M	\$10.6
4.	Flightplan	\$6.49M	\$70.8M
5.	In Her Shoes	\$6.11M	\$20.1M
6.	Two for the Money	\$4.69M	\$16.6M
7.	Domino	\$4.67M	\$4.67M
8.	A History of Violence	\$3.6M	\$22.4M
9.	Corpse Bride	\$3.58M	\$47.8M
10.	The Gospel	\$3.12M	\$12.1M

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All Home Games will be played at 7:35 pm, except Sundays, which will be played at 4:00 pm.

All Home Games will be played at the Crown Coliseum in Fayetteville, N.C.

FireAntz

Remaining Home Schedule

Friday Nov. 4 Jacksonville v. FireAntz

Saturday Nov. 5 Knoxville v. FireAntz

Thursday Nov. 24 Pee-Dee v. FireAntz

Friday Nov. 25 Jacksonville v. FireAntz

Saturday Dec. 3 Knoxville v. FireAntz

Friday Dec. 9 Huntsville v. FireAntz

Friday Dec. 16 Jacksonville v. FireAntz

Saturday Dec. 17 Pee-Dee V. FireAntz

Friday Dec. 23 Florida v. FireAntz

Sunday Dec.25 Knoxville v. FireAntz

Sunday Jan. 8 Columbus v. FireAntz

Tuesday Jan. 10 Huntsville v. FireAntz

Thursday Jan. 19 Knoxville v. FireAntz

Friday Jan. 20 Columbus v. FireAntz

Thursday Jan. 26 Florida v. FireAntz

Friday Jan. 27 Pee-Dee v. FireAntz

Thursday Feb. 2 Florida v. FireAntz

Friday Feb. 3 Florida v.FireAntz

Saturday Feb. 4 Jacksonville v. FireAntz

Friday Feb. 10 Columbus v. FireAntz

Sunday Feb. 12 Huntsville v. FireAntz

Friday Feb. 24 Florida v. FireAntz

Saturday Mar. 4 Pee-Dee v. FireAntz

Friday Mar. 10 Knoxville v. FireAntz

Thursday Mar. 16 Columbus v. FireAntz



R & B



this album still holds its unplugged charm. "Into Alicia's Prayer" is sung in acappella to start the album off. "Karma" is great with the added improvising from Keys. The highlights on the album are "If I Ain't Got You" and "How

Jimmie Bratcher Heats Up Halloween

Will Montoya
Editor in Chief

Jimmy Bratcher heated up Halloween when he and his band played live at the Cliffdale Christian Center's annual Halleluiah Night.

"I started playing when I was a kid, my dad traded his car, a 1958 De Soto, to buy me my first guitar," Bratcher said. "I just liked doing it, I like music and everything that surrounds it," Bratcher added.

Jimmie Bratcher plays the blues, but not your typical blues jams; instead Bratcher plays the blues with a Christian twist. His latest al-

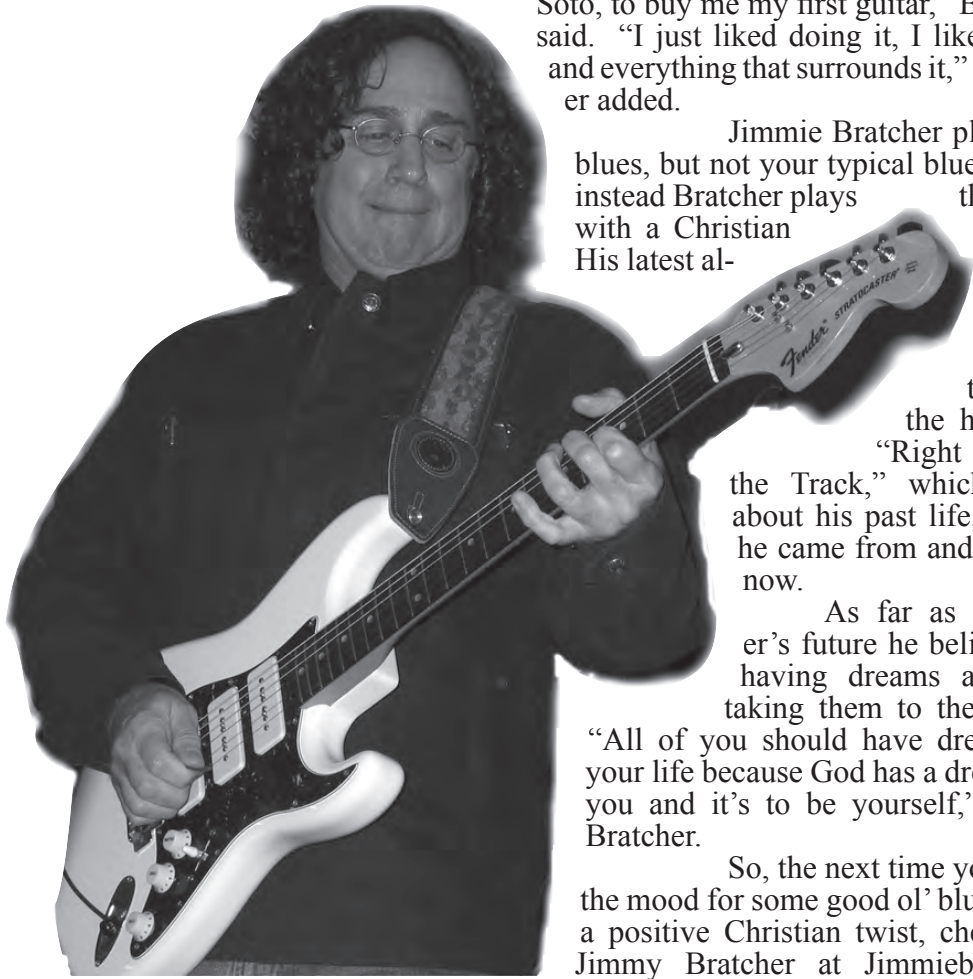


Photo by Will Montoya

bum "red" features the hit song "Right Side of the Track," which talks about his past life, where he came from and who is now.

As far as Bratcher's future he believes in having dreams and not taking them to the grave. "All of you should have dreams in your life because God has a dream for you and it's to be yourself," stated Bratcher.

So, the next time you're in the mood for some good ol' blues with a positive Christian twist, check out Jimmy Bratcher at jimmiebratcher.com.

Demairo Campbell
Staff Writer

Alicia Keys' latest album *Unplugged* should give MTV a reason to continue their music series.

In recent months, it has been speculated that MTV was going to get rid of the show because of recent low success rates with various artists. However, that has not been the case with Grammy winner Alicia Keys.

In this great work of art, Keys outstanding musical talents are put on display. In comparison with other albums, this album is not the usual unplugged type. There is a lot more done musically, however,

Come You Don't Call Me," which are both songs from her previous albums.

Several other artists are featured on this album add to the successful consistency on this album. Alicia Keys is outstanding on the piano and makes you think of past women performers on the piano like Roberta Flack and Aretha Franklin. She seems to know what to do and when to do it professionally in music, which is always a plus. With the success of this album, Alicia Key's has seemingly revived the MTV Unplugged series and has made it once again one of the shows to watch.

Relient K Concert

Frankie Nobile
Contributing Writer

For those of you who are into the punk rock scene or just seen the flyers around campus, I'm sure you were aware of the Relient K concert held at Campbell University on Sunday, October 23. The concert was border-line dull.

Now don't get me wrong, Relient K was awesome and MXPX "the veterans," were just simply amazing. However, student life was the downer; they just weren't into it.

The concert was free of charge to Campbell students so some of the people may have been just looking to kill time. Whatever the case, it made for an emotionless mood.

The Venue itself was not bad, the Melvin Intramural Complex at Campbell University was a fitting place to hold the crowd of about 1,200 people.



Jameson Jones
Co-Sports Editor

Trapt has released their new album entitled "Someone In Control" which has the likings of their debut album but with more feeling in the songs. The album includes the first single of the album "Stand Up" along with great songs in "Disconnected" and "Lost Realist."

Trapt recently kicked off their fall tour on Halloween night at the House of Blues in Myrtle Beach, S.C. with Blindside and Aphasia and will make stops all over the country before ending the tour on Dec. 13 in Anaheim, Ca.

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sports



Athlete Feature p.14

Cross Country p. 17

Football p.15

The Lightning Flash Speed of Husein Nasiro-Sigo

Remille Shipman
Co-Sports Editor

I know of Husein Nasiro-Sigo's speed through a personal experience in a game of "Capture The Flag" like hall program in Cumberland Hall as I tried to protect my team's base by chasing Nasiro-Sigo, he escaped from my clutches in a flash.

Nasiro-Sigo, who hails from Koffela, Ethiopia, has left many individuals in the dust in his two years as a record-setting runner for Methodist's men's cross-country team.

The USA South has recognized Nasiro-Sigo for his efforts with first-team All USA-South selections in both 2004 and 2005 and rewarded him with this

year's Male Runner of the Year award for the 2005 season.

The honor was well deserved as he won four races in 2005 including the USA South individual conference championship. Nasiro-Sigo's victory made him the first-ever Methodist runner to win two consecutive USA South conference championships. "I'm just happy that I won," he said about the victory. "It definitely increased my confidence."

Even though Nasiro-Sigo was pleased with his victory, he is not content with just a USA South conference title.

He intends to improve on his 15th place finish in the NCAA Division III South Regionals, and

his desired place for the meet this season is clear. "I want to win it (the regionals)," he stated.

Nasiro-Sigo's ultimate aim is to go even farther and qualify for the NCAA Nationals at Ohio Wesleyan University.

Husein Nasiro-Sigo accepting the plaque for winning the USA South Conference Championship in men's cross country last weekend in Greensboro, N.C. Photo courtesy of Monarchs Online.



Volleyball Report

Jameson Jones
Co-Sports Editor

The Lady Monarchs' volleyball team finished the regular season with the brooms out as they swept two out of their three opponents and finished the regular season 16-12 overall and 6-8 in the USA South Conference.

The week started out with Senior Night on Oct. 27 as it was the final regular season home games for seniors Shannon Burgoyne, Danielle Dorman, Jennifer Ellis, Megan Friend and manager Nikki Ireland as they defeated the Meredith

College Angels 3-0.

Ellis led the way with 23 kills, nine digs and five service aces for the Monarchs with Megan Friend having 32 assists and nine digs.

The season finished up with a USA South Playday at Shenandoah on Oct. 29 as they would defeat the Hornets 3-1 and the Ferrum Panthers 3-0.

In the two matches, Ellis combined for 46 kills and 31 digs along with five service aces. Friend was a big helper as she combined for 92 assists and 26 digs to help the Lady Monarchs for the first winning season since 1992.

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Football Relies on Air for Win

Remille Shipman
Co-Sports Editor

After recording arguably their greatest victory in the history of Methodist football, the Monarchs were almost brought down to earth last Saturday.

Methodist returned to the gridiron on October 29 looking to gain momentum from their emotional 35-28 victory over Christopher Newport University against USA South newcomer Maryville College.

However, the Monarchs found themselves in a struggle against a Maryville team that entered last Saturday's contest with a 1-6 record.

Methodist found itself trailing 17-7 going into the fourth quarter before senior quarterback Chris Roncketti spearheaded his second consecutive record effort through the air.

Roncketti completed 23-of-37 passes for 386

yards and two touchdowns as he broke his own record for passing yardage in a single game.

He brought Methodist back from a 24-14 deficit in the fourth quarter when he hit sophomore receiver Patrick Doleman with a seven-yard touchdown pass with 3:07 remaining and converted the two-point conversion immediately afterwards to cut the lead to 24-22.

After the Monarch defense stopped Maryville on downs, Methodist took the lead for good when Roncketti hit Doleman with a 67-yard scoring pass with 54 seconds remaining to give Methodist the lead for good.

Doleman finished with five receptions for 131 yards and two touchdown catches through the air while sophomore Mike Hill added to his single-season school rushing record with 56 yards on 19 carries.

The Monarchs now

face two crucial games against USA South bottom feeders.

Methodist travels to Greensboro College to face a 1-7 Pride team on November 5 but returns home to face a struggling Shenandoah program (1-7 overall, 0-5 USA South) on November 12.

The Monarchs will need victories in both games and will also need a Ferrum loss in the last two weeks of the regular season in order to have a shot at winning their first-ever USA South conference championship and clinching their first-ever NCAA Tournament berth.

Ferrum goes on the road to take on North Carolina Wesleyan on November 5th and finishes up the regular season at home on November 12 against a very strong Christopher Newport who is currently tied with Methodist for second in the USA South Conference.

Soccer Season Review

Shantell Dustin
Staff Writer

The Lady Monarchs soccer team finished their soccer season up strong with five of their seven wins at the end of the season.

They started the season off with a record of 3-9 but are now at an overall record of 7-10-1 and a USA South Conference record of 3-2-1.

The Lady Monarchs ended the regular season on October 29 at home with Senior Day by defeating Ferrum 1-0 with a second half goal by Brenda Chambers assisted by Ashley Sloan. Goalkeeper Amanda Evans also recorded her third straight shutout.

With the season coming to an end, the Lady Monarchs soccer team and coaches would like to wish good luck to graduating seniors Jessica Ballard, Stacey Noonan, and Sarah Christie.

Methodist's men's soccer team finished with an overall record of 6-11-1 and a USA South Athletic Conference record of 3-3.

The team didn't have as good of a season as they hoped but they sent their five seniors out with a victory by beating Ferrum 3-0.

The team said goodbye to seniors Adam Sippy, Andrew Neff, Kevin Gray, Marlon Pinnock, and Gregg Cohen before scoring three second half goals against Ferrum goalkeeper Ryan Schilling.

Sippy scored two goals with assists from freshmen Andy White and Sean Gregory.

Freshman Evan Monteiro added the third goal with an assist from Gregory.

The Monarchs were unable to carry on the momentum gained against Ferrum the next day when they suffered a 2-0 defeat at the hands of rival Christopher Newport with two second half goals.

Bring a Friend - Thanksgiving in our Community

Campus Dining Services is planning an afternoon of great food and fun!

Methodist College Dining Services is planning to treat students, faculty and staff AND A GUEST to a great and rewarding time. Everyone will be given a great opportunity to make a difference in our community by volunteering time and hospitality, while extending an invitation to individuals in the senior community to join us for a meal in the Green and Gold Dining Hall.

Anyone interested in participating should obtain an invitation for his or her Senior Friend to **dine for free**, from the dining services. We have a delicious menu and great entertainment planned, and truly hope that it will be one of the most memorable times this year.

Campus Dining Services and Fred Gilbert are inviting you to be at Monarch Dining Hall on the week of November 14-18 at lunch (10:45 a.m. to 1:15 p.m.). Our staff is planning on showing you one terrific dining event.



For more information on *Bring a Friend - Thanksgiving in our Community*, contact Fred Gilbert at Campus Dining Services at 910.488.2104.

Cross Country Review

Shantell Dustin
Staff Writer

There have been many accomplishments this year for cross country. Husein Nasiro-Sigo, a sophomore was selected as the USA South Male Runner of the Year.

This is the first time that anybody from Methodist College has received this honor in the conference.

Husein was also first team All-USA South for the second straight season.

Ryan Taylor was se-

lected to be on the second All-USA South men's team.

For women's cross country, Krystal Patton was selected to be on the second All-USA South team for the second straight season.

As the season comes to an end, Coach Tudy Blake has announced that she is resigning as the head cross country coach.

The men's and women's cross country team will miss her and wish her the best of luck in her endeavors.

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